

100m (M) A	No	Name	Club	Perf
1	1	Mathew Cottam	Bingley H	11.0
2	2	Jerome Duxbury	Blackburn H	11.5
3	3	Simon Wells	Blackpool Wyre & Fylde AC	11.7
4	5	Junior George	Holmfirth H	11.9
5	4	Martin Wall	Burnley/Pendle	12.5

100m (M) B	No	Name	Club	Perf
1	11	Harrison Foster	Bingley H	11.5
2	22	Claude Peter Thomas	Blackburn H	11.6
3	33	Dominic Arnold	Blackpool Wyre & Fylde AC	11.9
4	55	Josh Hargreaves	Holmfirth H	12.3
5	44	Leroy Golding	Burnley/Pendle	13.2

200m (M) A	No	Name	Club	Perf
1	1	Harrison Foster	Bingley H	23.5
2	3	Simon Wells	Blackpool Wyre & Fylde AC	23.8
3	2	Ben Fox	Blackburn H	25.0
4	5	Josh Hargreaves	Holmfirth H	25.2
5	4	John Linaker	Burnley/Pendle	25.7

200m (M) B	No	Name	Club	Perf
1	22	Paul Whittle	Blackburn H	23.7
2	11	James Cain	Bingley H	24.2
3	33	Dominic Arnold	Blackpool Wyre & Fylde AC	24.6
4	44	Martin Wall	Burnley/Pendle	25.6
5	55	Russell Balmford	Holmfirth H	28.6

400m (M) A	No	Name	Club	Perf
1	3	Ted Romney	Blackpool Wyre & Fylde AC	50.5
2	2	Matt Wood	Blackburn H	52.7
3	6	David Rigby	Preston H	53.3
4	1	Chris Cox	Bingley H	54.2
5	4	John Linaker	Burnley/Pendle	56.7
6	5	James Dewhurst	Holmfirth H	59.1

400m (M) B	No	Name	Club	Perf
1	33	Chris Beggan	Blackpool Wyre & Fylde AC	52.5
2	66	Dominic Baxter	Preston H	54.5
3	22	Etienne Sharrocks	Blackburn H	55.1
4	55	Richard Smith	Holmfirth H	65.0

800m (M) A	No	Name	Club	Perf
1	2	Matt Wood	Blackburn H	1.56.6
2	6	Peter Street	Preston H	1.58.8
3	3	John McIlwham	Blackpool Wyre & Fylde AC	2.01.8
4	5	Mathew Pierson	Holmfirth H	2.02.9
5	1	Alistair Young	Bingley H	2.10.9

800m (M) B	No	Name	Club	Perf
1	66	Dominic Baxter	Preston H	2.00.3

2	22	Anthony Gotts	Blackburn H	2.02.7
3	33	Adam Hulme	Blackpool Wyre & Fylde AC	2.03.5
4	55	Mathew Joanson	Holmfirth H	2.09.7

1500m (M) A	No	Name	Club	Perf
	1	2 David Thornton	Blackburn H	4.01.2
	2	6 Nathan Bibby	Preston H	4.02.4
	3	5 David Watson	Holmfirth H	4.03.4
	4	3 Jono Prowse	Blackpool Wyre & Fylde AC	4.06.7
	5	1 Tim Midgley	Bingley H	4.28.2

1500m (M) B	No	Name	Club	Perf
	1	22 Peter Matthews	Blackburn H	4.04.7
	2	66 Stephen Bennett	Preston H	4.12.8
	3	33 Luke Minns	Blackpool Wyre & Fylde AC	4.13.8
	4	55 Mathew Joanson	Holmfirth H	4.33.4
	5	11 Alistair Young	Bingley H	4.42.3

3000mSC (M) A	No	Name	Club	Perf
	1	2 Tom Cornthwaite	Blackburn H	10.00.1
	2	6 Marc Hartley	Preston H	10.07.1
	3	5 Mark Dewhurst	Holmfirth H	10.12.4

3000mSC (M) B	No	Name	Club	Perf
	1	22 Phil Hall	Blackburn H	10.27.7
	2	55 Richard Smith	Holmfirth H	10.55.8
	3	66 Gary Wilson	Preston H	11.23.6

5000m (M) A	No	Name	Club	Perf
	1	5 Nicky Goodliffe	Holmfirth H	14.27.6
	2	2 Ben Fish	Blackburn H	14.37.7
	3	6 Steve Hallas	Preston H	15.58.3
	4	1 Stewart McDonald	Bingley H	16.06.1
	5	3 Stuart Robinson	Blackpool Wyre & Fylde AC	16.16.6

5000m (M) B	No	Name	Club	Perf
	1	22 Tom Cornthwaite	Blackburn H	15.19.7
	2	55 Mathew Pierson	Holmfirth H	15.22.8
	3	66 Jason Parker	Preston H	16.20.7
	4	11 Tim Midgley	Bingley H	17.02.1
	5	33 Nick Hume	Blackpool Wyre & Fylde AC	19.52.2

400mH (M) A	No	Name	Club	Perf
	1	2 Anthony Gotts	Blackburn H	59.5
	2	5 Mark Dewhurst	Holmfirth H	72.4

400mH (M) B	No	Name	Club	Perf
	1	22 Etienne Sharrocks	Blackburn H	60.7
	2	55 James Kendrick	Holmfirth H	78.8

110mH (M) A	No	Name	Club	Perf
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1	2	Paul Whittle	Blackburn H	16.2
2	4	Martin Wall	Burnley/Pendle	21.2
3	6	Marc Hartley	Preston H	24.6

110mH (M) B	No	Name	Club	Perf
1	22	Claude Peter Thomas	Blackburn H	17.0

HT (M) A	No	Name	Club	Perf
1	6	Brian Campbell	Preston H	37.99
2	4	John Edwards	Burnley/Pendle	34.56
3	3	Shane Ellershaw	Blackpool Wyre & Fylde AC	33.47
4	2	Mark Birchall	Blackburn H	24.26
5	1	Matthew Savage	Bingley H	23.91
6	5	Andrew Storr	Holmfirth H	21.37

HT (M) B	No	Name	Club	Perf
1	66	Stewart Maxwell	Preston H	35.22
2	33	Bob Wyper	Blackpool Wyre & Fylde AC	25.16
3	44	Mark Walker	Burnley/Pendle	24.97
4	22	John Crahan	Blackburn H	22.72
5	55	John McFarlean	Holmfirth H	20.15

DT (M) A	No	Name	Club	Perf
1	3	Grant Myerscough	Blackpool Wyre & Fylde AC	38.15
2	2	Mark Birchall	Blackburn H	30.66
3	66	Stewart Maxwell	Preston H	29.17
4	44	Leroy Golding	Burnley/Pendle	29.02
5	1	Jason Scott	Bingley H	28.43
6	5	Tom Jennings	Holmfirth H	25.34

DT (M) B	No	Name	Club	Perf
1	33	Bob Wyper	Blackpool Wyre & Fylde AC	29.63
2	11	Ben Ambler	Bingley H	28.07
3	6	Brian Campbell	Preston H	25.17
4	22	John Crahan	Blackburn H	22.05
5	4	Mark Walker	Burnley/Pendle	21.67
6	55	Andrew Storr	Holmfirth H	20.76

JT (M) A	No	Name	Club	Perf
1	1	Ben Ambler	Bingley H	57.73
2	6	Stephen Porter	Preston H	57.21
3	2	Mark Birchall	Blackburn H	47.73
4	4	Martin Wall	Burnley/Pendle	41.29
5	5	Tom Jennings	Holmfirth H	34.39
6	33	Bob Wyper	Blackpool Wyre & Fylde AC	29.27

JT (M) B	No	Name	Club	Perf
1	66	Stewart Maxwell	Preston H	44.96
2	22	Claude Peter Thomas	Blackburn H	42.70
3	11	Matthew Savage	Bingley H	39.81
4	44	Daniel Linaker	Burnley/Pendle	33.76

5	55	David Watson	Holmfirth H	30.97
6	3	Gareth Jones	Blackpool Wyre & Fylde AC	24.05

SP (M) A	No	Name	Club	Perf
1	33	Grant Myerscough	Blackpool Wyre & Fylde AC	12.56
2	2	Mark Birchall	Blackburn H	11.53
3	6	Brian Campbell	Preston H	10.71
4	5	Andrew Jennings	Holmfirth H	10.22
5	1	Keith Daniel	Bingley H	9.55
6	4	Mark Walker	Burnley/Pendle	8.29

SP (M) B	No	Name	Club	Perf
1	22	Jerome Duxbury	Blackburn H	10.70
2	66	Stewart Maxwell	Preston H	10.59
3	3	Dave Myerscough	Blackpool Wyre & Fylde AC	10.38
4	55	Andrew Storr	Holmfirth H	9.57
5	11	Matthew Savage	Bingley H	8.61
6	44	John Edwards	Burnley/Pendle	7.49

LJ (M) A	No	Name	Club	Perf
1	22	Claude Peter Thomas	Blackburn H	6.32
2	6	Andrew Leak	Preston H	6.13
3	33	Jon Rutter	Blackpool Wyre & Fylde AC	5.67
4	11	Chris Cox	Bingley H	5.35
5	5	Tom Jennings	Holmfirth H	4.55
6	4	Leroy Golding	Burnley/Pendle	4.54

LJ (M) B	No	Name	Club	Perf
1	2	Jerome Duxbury	Blackburn H	6.31
2	66	Adam Roberts	Preston H	5.52
3	3	Damian Clayson	Blackpool Wyre & Fylde AC	5.46
4	1	Jason Scott	Bingley H	5.10
5	44	John Linaker	Burnley/Pendle	4.49
6	55	James Kendrick	Holmfirth H	4.13

TJ (M) A	No	Name	Club	Perf
1	2	Claude Peter Thomas	Blackburn H	13.43
2	6	Andrew Leak	Preston H	13.18
3	5	Junior George	Holmfirth H	12.86
4	33	Jon Rutter	Blackpool Wyre & Fylde AC	11.95
5	4	Leroy Golding	Burnley/Pendle	10.39
6	1	Matthew Savage	Bingley H	10.35

TJ (M) B	No	Name	Club	Perf
1	66	Adam Roberts	Preston H	11.97
2	3	Damian Clayson	Blackpool Wyre & Fylde AC	11.87
3	22	Etienne Sharrocks	Blackburn H	10.35
4	55	Mark Dewhurst	Holmfirth H	10.24

HJ (M) A	No	Name	Club	Perf
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1	33	Daniel Etrick	Blackpool Wyre & Fylde AC	1.82
2	55	Junior George	Holmfirth H	1.79
3	6	Andrew Leak	Preston H	1.73
4	2	Etienne Sharrocks	Blackburn H	1.70
5	4	Daniel Linaker	Burnley/Pendle	1.70

HJ (M) B	No	Name	Club	Perf
1	3	Damian Clayson	Blackpool Wyre & Fylde AC	1.70
2	66	Adam Roberts	Preston H	1.65
3	22	Terence Duxbury	Blackburn H	1.55
4	5	Tom Jennings	Holmfirth H	1.50

PV (M) A	No	Name	Club	Perf
1	3	Laurie Needham	Blackpool Wyre & Fylde AC	4.40
2	1	Nicholas Robinson	Bingley H	3.00
3	2	Claude Peter Thomas	Blackburn H	2.70
4	5	Andrew Storr	Holmfirth H	2.10

PV (M) B	No	Name	Club	Perf
1	33	Matthew Wright	Blackpool Wyre & Fylde AC	3.90

4*100m (M) A	No	Club	Perf
1	3	Blackburn H	45.2
2	2	Blackpool Wyre & Fylde AC	45.9
3	6	Bingley H	47.4
4	5	Preston H	48.0
5	1	Burnley/Pendle	50.4
6		Holmfirth H	51.4

4*400m (M) A	No	Club	Perf
1	3	Blackpool Wyre & Fylde AC	3.31.2
2	2	Blackburn H	3.32.8
3	6	Preston H	3.37.9
4	5	Holmfirth H	3.55.8
5	1	Bingley H	3.58.9

100m (W) A	No	Name	Club	Perf
1	3	Laura Davies	Blackpool Wyre & Fylde AC	12.7
2	5	Lauren Storr	Holmfirth H	13.4
3	2	Sarah Haworth	Blackburn H	13.5
4	6	Sarah Hancock	Preston H	13.6
5	1	Sarirah Francis	Bingley H	13.7
6	4	Liz Clarke	Burnley/Pendle	14.5

100m (W) B	No	Name	Club	Perf
1	55	Sara Simmons	Holmfirth H	13.5
2	33	Dawn Gasgarth	Blackpool Wyre & Fylde AC	13.9
3	66	Emma James	Preston H	14.2
4	11	Chloe Highley	Bingley H	15.0
5	22	Rachel Wood	Blackburn H	15.6

200m (W) A	No	Name	Club	Perf
1	4	Eleanor Markendale	Burnley/Pendle	25.4
2	3	Laura Davies	Blackpool Wyre & Fylde AC	25.9
3	6	Stephanie Roe	Preston H	27.4
4	5	Sara Simmons	Holmfirth H	27.9
5	2	Christina Carr	Blackburn H	28.2
6	1	Chloe Highley	Bingley H	31.5

200m (W) B	No	Name	Club	Perf
1	44	Sophie Hitchen	Burnley/Pendle	26.6
2	66	Jackie Noblett	Preston H	28.8
3	11	Abigail Greetham	Bingley H	29.2
4	22	Abby Edmundson	Blackburn H	29.2
5	33	Natasha Spencer	Blackpool Wyre & Fylde AC	29.5
6	55	Jessica Sunderland	Holmfirth H	33.5

400m (W) A	No	Name	Club	Perf
1	5	Sara Simmons	Holmfirth H	59.1
2	6	Danielle McCann	Preston H	62.4
3	2	Christina Carr	Blackburn H	63.5
4	1	Abigail Greetham	Bingley H	65.1
5	3	Laura Deegan	Blackpool Wyre & Fylde AC	65.8
6	4	Faye Holden	Burnley/Pendle	77.3

400m (W) B	No	Name	Club	Perf
1	66	Stephanie Roe	Preston H	66.6
2	33	Stasia Bligh	Blackpool Wyre & Fylde AC	67.3
3	22	Linda Clarkson	Blackburn H	74.7
4	55	Jessica Sunderland	Holmfirth H	75.6

800m (W) A	No	Name	Club	Perf
1	2	Alison Leonard	Blackburn H	2.09.0
2	6	Stephanie Roe	Preston H	2.16.1
3	1	Alice Fulton	Bingley H	2.25.7
4	3	Laura Deegan	Blackpool Wyre & Fylde AC	2.26.8

800m (W) B	No	Name	Club	Perf
	1	22 Rachel Wood	Blackburn H	2.26.1
	2	66 Sarah Allen	Preston H	2.26.3
	3	33 Stasia Bligh	Blackpool Wyre & Fylde AC	2.27.5
	4	11 Andrea Dennison	Bingley H	2.44.6

1500m (W) A	No	Name	Club	Perf
	1	Katherine Maunder	Blackpool Wyre & Fylde AC	4.53.0
	2	Susan Omerod	Preston H	5.00.6
	3	Holly Robinson	Blackburn H	5.03.2
	4	Alice Fulton	Bingley H	5.16.5
	5	Sian Stead	Holmfirth H	5.21.2

1500m (W) B	No	Name	Club	Perf
	1	Rachel Wood	Blackburn H	5.06.2
	2	Andrea Dennison	Bingley H	5.29.7
	3	Hannah Watson	Preston H	5.30.2

3000m (W) A	No	Name	Club	Perf
	1	Caroline Betmead	Blackpool Wyre & Fylde AC	10.33.0
	2	Linda Clarkson	Blackburn H	10.48.5
	3	Anna Anderson	Burnley/Pendle	10.56.5
	4	Philippa Walsh	Preston H	10.57.6
	5	Julia Joanson	Holmfirth H	11.02.2
	6	Andrea Dennison	Bingley H	11.11.3

3000m (W) B	No	Name	Club	Perf
	1	Gail Ellershaw	Blackpool Wyre & Fylde AC	10.58.9
	2	Melanie Taylor	Blackburn H	11.33.8
	3	Katie Walshaw	Holmfirth H	11.37.7
	4	Alison Armour	Preston H	12.48.9

400mH (W) A	No	Name	Club	Perf
	1	6 Jackie Noblett	Preston H	66.3
	2	2 Christina Carr	Blackburn H	66.8
	3	1 Laura Pitts	Bingley H	68.3
	4	3 Katy Holder	Blackpool Wyre & Fylde AC	72.3
	5	4 Faye Holden	Burnley/Pendle	84.6

400mH (W) B	No	Name	Club	Perf
	1	22 Abby Edmundson	Blackburn H	73.9

100mH (W) A	No	Name	Club	Perf
	1	6 Jackie Noblett	Preston H	15.4
	2	2 Sarah Haworth	Blackburn H	15.6
	3	5 Lauren Storr	Holmfirth H	15.7
	4	1 Laura Pitts	Bingley H	19.2
	5	4 Faye Holden	Burnley/Pendle	22.3

100mH (W) B	No	Name	Club	Perf
	1	22 Holly Bleasdale	Blackburn H	16.0

2	66	Emma James	Preston H	16.2
3	11	Emma Ogden	Bingley H	22.5

HT (W) A	No	Name	Club	Perf
1	4	Sophie Hitchen	Burnley/Pendle	49.49
2	3	Aimee Hearsum	Blackpool Wyre & Fylde AC	33.85
3	6	Jane Pepa	Preston H	33.50
4	2	Sarah Henton	Blackburn H	29.64
5	1	Adanna Okeahialam	Bingley H	18.07
6	5	Katie Zientek	Holmfirth H	16.41

HT (W) B	No	Name	Club	Perf
1	44	Karen Wood	Burnley/Pendle	31.84
2	66	Rebecca Wiseman	Preston H	27.19
3	22	Emma Mceachnie	Blackburn H	23.71
4	33	Julia Clayton	Blackpool Wyre & Fylde AC	23.62
5	55	Jessica Sunderland	Holmfirth H	6.27

DT (W) A	No	Name	Club	Perf
1	3	Kara Nwidobie-Sharpe	Blackpool Wyre & Fylde AC	52.48
2	2	Sarah Henton	Blackburn H	45.44
3	44	Stacey Cook	Burnley/Pendle	27.55
4	5	Katie Zientek	Holmfirth H	24.15
5	11	Lorraine Brow	Bingley H	23.33
6	6	Rebecca Wiseman	Preston H	21.22

DT (W) B	No	Name	Club	Perf
1	33	Julia Clayton	Blackpool Wyre & Fylde AC	27.70
2	4	Karen Wood	Burnley/Pendle	26.06
3	1	Adanna Okeahialam	Bingley H	23.31
4	22	Sarah Robinson	Blackburn H	21.72
5	55	Charlotte Dillingham	Holmfirth H	14.22
6	66	Beth Goodwin	Preston H	14.21

JT (W) A	No	Name	Club	Perf
1	2	Sarah Robinson	Blackburn H	33.01
2	5	Katie Zientek	Holmfirth H	28.66
3	6	Rebecca Wiseman	Preston H	27.13
4	4	Stacey Cook	Burnley/Pendle	26.07
5	3	Julia Clayton	Blackpool Wyre & Fylde AC	21.82
6	1	Lorraine Brow	Bingley H	20.93

JT (W) B	No	Name	Club	Perf
1	66	Jackie Noblett	Preston H	26.71
2	22	Sarah Henton	Blackburn H	25.59
3	44	Karen Vaughan	Burnley/Pendle	17.57
4	55	Charlotte Dillingham	Holmfirth H	15.25
5	11	Abbie Greetham	Bingley H	11.11
6	33	Stasia Bligh	Blackpool Wyre & Fylde AC	9.80

SP (W) A	No	Name	Club	Perf
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1	2	Sarah Henton	Blackburn H	10.79
2	4	Sophie Hitchen	Burnley/Pendle	10.30
3	3	Julia Clayton	Blackpool Wyre & Fylde AC	9.77
4	66	Jane Pepa	Preston H	8.83
5	1	Adanna Okeahialam	Bingley H	7.62
6	5	Katie Zientek	Holmfirth H	7.25

SP (W) B	No	Name	Club	Perf
1	44	Stacey Cook	Burnley/Pendle	9.36
2	22	Sarah Robinson	Blackburn H	8.78
3	6	Rebecca Wiseman	Preston H	8.70
4	33	Aimee Hearsun	Blackpool Wyre & Fylde AC	7.39
5	55	Charlotte Dillingham	Holmfirth H	7.06

LJ (W) A	No	Name	Club	Perf
1	4	Eleanor Markendale	Burnley/Pendle	5.39
2	2	Sarah Haworth	Blackburn H	5.04
3	66	Jackie Noblett	Preston H	5.01
4	5	Lauren Storr	Holmfirth H	4.76
5	1	Emma Ogden	Bingley H	4.37
6	3	Katy Holder	Blackpool Wyre & Fylde AC	4.10

LJ (W) B	No	Name	Club	Perf
1	44	Liz Clarke	Burnley/Pendle	4.63
2	6	Emma James	Preston H	4.35
3	22	Christina Carr	Blackburn H	4.32
4	11	Laura Pitts	Bingley H	3.77
5	55	Emma Szostal	Holmfirth H	3.76

TJ (W) A	No	Name	Club	Perf
1	22	Abby Edmundson	Blackburn H	9.90
2	4	Liz Clarke	Burnley/Pendle	9.39
3	3	Dawn Gasgarth	Blackpool Wyre & Fylde AC	9.39
4	5	Jessica Sunderland	Holmfirth H	9.01
5	6	Hannah Watson	Preston H	8.61

TJ (W) B	No	Name	Club	Perf
1	55	Emma Szostal	Holmfirth H	7.95
2	44	Faye Holden	Burnley/Pendle	7.82
3	66	Hayley Billington	Preston H	7.07

HJ (W) A	No	Name	Club	Perf
1	6	Emma James	Preston H	1.50
2	2	Holly Bleasdale	Blackburn H	1.43
3	33	Laura Deegan	Blackpool Wyre & Fylde AC	1.43
4	5	Lauren Storr	Holmfirth H	1.35
5	4	Faye Holden	Burnley/Pendle	1.15

HJ (W) B	No	Name	Club	Perf
1	3	Katy Holder	Blackpool, Wyre & Fylde AC	1.35.
2	22	Holly Robinson	Blackburn H	1.35

NoE Women

Stanley Park Blackpool

05/05/07

3	66	Hannah Watson	Preston H	1.30
4	55	Emma Szostal	Holmfirth H	1.10

PV (W) A	No	Name	Club	Perf
1	33	Dawn Gasgarth	Blackpool Wyre & Fylde AC	2.20
2	2	Holly Bleasdale	Blackburn H	2.00

4*100m (W) A	No	Club	Perf
1	3	Blackpool Wyre & Fylde AC	DSQ
2	4	Burnley/Pendle	54.9
3	1	Bingley H	56.4
4	5	Holmfirth H	56.6
5	2	Blackburn H	56.8
6	6	Preston H	57.2

4*400m (W) A	No	Club	Perf
1	3	Blackpool Wyre & Fylde AC	4.22.5
2	2	Blackburn H	4.29.4
3	6	Preston H	4.33.3
4	1	Bingley H	4.48.4