

# BRITISH ATHLETICS LEAGUE

## 10 in 100 semi finals

Held at Blackpool, Stanley Park Arena

Date: 21st July 2007

### MEN'S COMPETITION

Position	Competitor	Club	Performance	Match points
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#### 100m (WIND $\pm$ \*\*\*)

1	Matthew Cottam	Bingley	11.0	10
2	Darren Scott	Trafford	11.4	8
3	Will Green	Bolton	11.5	6
4	Guy Mayer	Cannock	11.6	5
5	Simon Wells	Blackpool Wyre & Fylde	12.0	4
6	Peter Glass	North Down	12.1	3

#### 200m (WIND $\pm$ \*\*\*\*)

1	Darren Scott	Trafford	22.00	10
2	James Fahey	Blackpool Wyre & Fylde	22.80	8
3	Will Green	Bolton	22.90	6
4	Josh Allen	Bingley	23.80	5
5	James Niblock	North Down	23.80	4
6	James Graham	Cannock	31.40	3

#### 400m

1	Chris Harvey	Cannock	49.80	10
2	Ted Romney	Blackpool Wyre & Fylde	50.70	8
3	John Saulters	North Down	50/70	6
4	Bernard Ward	Trafford	51.70	5
5	Bruce Pilkington	Bolton	51.90	4
6	Chris Cox	Bingley	53.70	3

#### 800m

1	Sam Evans	Cannock	1.55.90	10
2	Paul Rockliffe	Trafford	1.56.70	8
3	Ian Bowles	Bolton	1.57.50	6
4	John Carlisle	North Down	1.59.20	5
5	Tom Crowley	Bingley	1.59.70	4
6	Luke Minns	Blackpool Wyre & Fylde	2.00.50	3

#### 3000m

1	Carl Hardman	Bolton	8.27.1	10
2	Matthew Watson	Bingley	8.28.1	8
3	Jono Prowse	Blackpool Wyre & Fylde	8.34.8	6
4	Adrian Holiday	Trafford	8.42.1	5
5	Ian McCann	Cannock	9.15.9	4
6	Robin Brown	North Down	9.41.3	3

#### 400mH

1	Brendan McConville	North Down	56.40	10
2	Paul Crossley	Trafford	58.60	8
3	Scott Whittle	Bolton	59.20	6
4	Chris Beggan	Blackpool Wyre & Fylde	62.70	5
5	Shaun Ainge	Cannock	67.70	4
6	Danny Crosby	Bingley	70.40	3

### Pole Vault

1	Brendan McConville	North Down	4.40	10
2	Matt Wright	Blackpool Wyre & Fylde	4.00	8
3=	Shaun O'Donnell	Bolton	2.00	5.5
3=	Chris Morrison	Trafford	2.00	5.5

### Triple Jump

1	Femi Akinsanya	Trafford	14.53	10
2	Brian Hall	Bolton	12.66	8
3	Neil McArdle	North Down	12.40	6
4	Jon Rutter	Blackpool Wyre & Fylde	11.70	5
5	Phil Jones	Bingley	10.48	4
6	Shaun Ainge	Cannock	9.45	3

### Shot Putt

1	Les Richards	Trafford	16.42	10
2	Jeremy Harper	North Down	13.64	8
3	Simon Bissell	Bolton	11.95	6
4	David Myerscough	Blackpool Wyre & Fylde	10.75	5
5	Josh Allen	Bingley	8.57	4
6	John Atherton	Cannock	5.57	3

### Discus

1	Les Richards	Trafford	53.34	10
2	Jeremy Harper	North Down	46.66	8
3	Simon Bissell	Bolton	39.91	6
4	Bob Wyper	Blackpool Wyre & Fylde	27.47	5
5	Gary Denning	Cannock	25.81	4
6	Phil Jones	Bingley	22.16	3

### Medley Relay

1		North Down	2.29.7	10
2		Bolton	2.30.7	8
3		Cannock	2.31.2	6
4		Trafford	2.31.4	5
5		Bingley	2.36.1	4
6		Blackpool Wyre & Fylde	2.51.2	3

### Match Result

Position	Club	Total points
1	Trafford	84.5
2	North Down	73
3	Bolton	71.5
4	Blackpool Wyre & Fylde	60
5	Cannock	52
6	Bingley	48