

M 100m A

1	Josh Cayenne	SPN	11.2
2	Jordon Toth U17	HFH	11.4
3	Matthew Stone	SHS	11.5
4	Walter Lombe	WGN	11.5
5	Simon Wells	BWF	11.8
6	Jake Littlehales U17	ECH	12.2

M 100m B

1	Andrew Hartshorne 20	ECH	12.0
2	Ryan Fahey U17	SHS	12.3
3	Dominic Arnold	BWF	12.5
4	Geoff Douglass	WGN	12.5
5	Russell Balmforth	HFH	13.4
6	Jack Bellwood U17	SPN	13.4

M 200m A

1	Tom O'Brien	WGN	22.6
2	Steve Moran	SHS	23.2
3	Craig Yates	SPN	23.6
4	Simon Wells	BWF	23.9
5	Jordon Toth U17	HFH	23.9
6	Jake Littlehales U17	ECH	24.9

M 200m B

1	Junior George U20	HFH	23.5
2	Ben Dawber-Axon U20	WGN	23.7
3	Andrew Hartshorne 20	ECH	24.2
4	Dominic Arnold	BWF	25.0
5	Ryan Fahey U17	SHS	28.9
6	Jake Rowlands	SPN	34.8

M 400m A

1	Josh Cayenne	SPN	49.1
2	Dave Forrester U20	SHS	50.4
3	Junior George U20	HFH	50.6
4	Danny Kevan	WGN	51.2
5	Ted Romney U20	BWF	51.7
6	David Barratt U20	ECH	59.6

M 400m B

1	Tom Knox	WGN	51.9
2	Matthew Stone	SHS	52.2
3	Alex Bale	BWF	52.4
4	Jake Rowlands	SPN	54.1
5	Tom Petit U20	HFH	57.2
6	Anthony Connally	ECH	58.1

M 800m A

1	Tom Cunningham	BWF	1.58.7
2	Danny Griffiths U20	SHS	2.00.1
3	Dave Watson	HFH	2.04.9
4	David Barratt U20	ECH	2.08.5
5	John Gallagher	SPN	2.26.2

M 800m B

1	Tom Petit U20	HFH	2.04.6
2	Brent Starkie	BWF	2.04.9
3	Ian Costello	SHS	2.10.1
4	Keith McGhie	SPN	2.14.7
5	Gary Mathews	ECH	2.31.0

M 1500m A

1	Jono Prowse	BWF	3.58.8
2	Dave Watson	HFH	4.12.2
3	Jake Healy U17	SHS	4.28.1
4	Gavin Browne	ECH	4.29.8
5	Mick Dransfield	SPN	4.36.8

M 1500m B

1	Ian Costello	SHS	4.34.1
2	Richard Smith U20	HFH	4.36.4
3	Keith McGhie	SPN	4.47.5
4	Gary Mathews	ECH	4.48.5
5	Luke Wood U20	BWF	5.00.8

M 5000m A

1	Mathew Pierson	HFH	15.13.9
2	James Shaw	ECH	16.09.0
3	Malcolm Eadie	BWF	16.10.8
4	B Graney	SHS	17.27.9
5	Kevin Ogden	SPN	18.22.9

M 5000m B

1	Dave Turnbull	HFH	15.32.1
2	Luke Minns	BWF	16.31.3
3	Paul Blackhouse	ECH	16.45.2
4	Ray Vose	SHS	19.30.9
5	Mick Dransfield	SPN	20.24.5

M 110mH A

1	Phil Robinson	SHS	20.9
2	Jon Rutter	BWF	21.2
3	James Dewhirst U20	HFH	23.0

M 110mH B

1	Ray Vose	SHS	23.2
2	Tom Jennings	HFH	25.0

M 400mH A

1 Tom O'Brien	WGN	54.8
2 Steve Clague U20	SHS	65.4
3 James Dewhirst U20	HFH	65.5
4 Anthony Connally	ECH	66.0
5 Keith McGhie	SPN	69.7

M 400mH B

1 John Gallagher	SPN	69.6
2 Gavin Browne	ECH	73.0
3 Ray Vose	SHS	76.8
4 Richard Smith U20	HFH	85.6

M 3000m SC A

1 Phil West	WGN	10.13.1
2 Richard Smith U20	HFH	10.34.5
3 Steve Clague U20	SHS	11.30.6
4 Stuart Heaton	ECH	11.46.4
5 Luke Wood U20	BWF	12.04.1

M 3000m SC B

1 Alistair Langron	HFH	10.41.9
2 Ian Hayburn	SHS	11.49.1
3 Edwin Shaw	ECH	15.36.6

M Discus Throw A

1 Carl Fletcher	WGN	46.35
2 Dave Myerscough	BWF	29.33
3 Jason Hill	ECH	28.74
4 Richard Martin	SPN	28.30
5 Phil Robinson	SHS	28.09
6 Andrew Storr	HFH	21.18

M Discus Throw B

1 Tom Smith U20	WGN	38.94
2 Bob Wyper	BWF	26.72
3 Michael Donald	ECH	25.19
4 Tom Jennings	HFH	20.82
5 John Gallagher	SPN	20.61
6 Michael Hughes	SHS	19.71

M Hammer Throw A

1 Richard Martin	SPN	41.66
2 Laurence Harwood	BWF	41.53
3 Tom Smith U20	WGN	37.14
4 Phil Robinson	SHS	30.42
5 Andrew Storr	HFH	26.98
6 Jason Hill	ECH	24.04

M Hammer Throw B

1 Steve Killen	WGN	34.01
2 Bob Wyper	BWF	29.69
3 Michael Hughes	SHS	26.91
4 Roy Bain	SPN	23.84
5 John McFadzean	HFH	22.33
6 Michael Donald	ECH	21.43

M High Jump A

1 Tom O'Brien	WGN	1.70
2 Tom Jennings	HFH	1.65
3 John Gallagher	SPN	1.60
4 Phil Robinson	SHS	1.60
5 Jon Rutter	BWF	1.55
6 Anthony Connally	ECH	1.55

M High Jump B

1 Richard Martin	SPN	1.55
2 Jason Hill	ECH	1.55
3 Laurence Harwood	BWF	1.50
4 Steve Moran	SHS	1.45

M Javelin Throw A

1 Adrian Cawley	WGN	44.97
2 Jack Bellwood U17	SPN	42.17
3 Andrew Hartshorne 20	ECH	38.19
4 Phil Robinson	SHS	35.56
5 Dave Watson	HFH	34.95
6 Bob Wyper	BWF	28.78

M Javelin Throw B

1 Steve Killen	WGN	37.45
2 Tom Jennings	HFH	33.00
3 Richard Martin	SPN	31.65
4 Ray Vose	SHS	25.96
5 Andrew Owen	ECH	25.60
6 Laurence Harwood	BWF	19.63

M Long Jump A

1 Geoff Douglass	WGN	5.73
2 Jon Rutter	BWF	5.60
3 Anthony Connally	ECH	5.22
4 Steve Moran	SHS	4.81
5 Tom Jennings	HFH	4.56
6 Jake Rowlands	SPN	4.33

M Long Jump B

1 Oliver Stringer U17	WGN	5.49
2 Jason Hill	ECH	4.94
3 Laurence Harwood	BWF	4.79
4 Ryan Fahey U17	SHS	4.65
5 Keith McGhie	SPN	3.94
6 Russell Balmforth	HFH	3.56

M Pole Vault A
No competitors

M Pole Vault B
No competitors

M Shot Putt A

1	Carl Fletcher	WGN	15.47
2	Tom Jennings	HFH	11.28
3	Michael Donald	ECH	10.82
4	Dave Myerscough	BWF	10.14
5	Phil Robinson	SHS	10.00
6	John Gallagher	SPN	8.83

M Shot Putt B

1	Tom Smith U20	WGN	13.33
2	Andrew Storr	HFH	9.94
3	Bob Wyper	BWF	9.68
4	Jason Hill	ECH	8.83
5	Richard Martin	SPN	8.58
6	Michael Hughes	SHS	6.85

M Triple Jump A

1	Jon Rutter	BWF	12.20
2	Phil Robinson	SHS	11.93
3	John Gallagher	SPN	11.16
4	Oliver Stringer U17	WGN	11.16
5	Anthony Connally	ECH	10.62
6	James Dewhirst U20	HFH	10.29

M Triple Jump B

1	Alex Bale	BWF	10.64
2	Ben Dawber-Axon U20	WGN	9.42
3	Tom Jennings	HFH	9.38
4	Jason Hill	ECH	9.05
5	Jake Rowlands	SPN	9.00
6	Ian Hayburn	SHS	8.71

W 100m A

1	Laura Davies U20	BWF	12.3
2	Melissa Forrest U20	WGN	12.9
3	Beth Hurst U17	ECH	13.1
4	Lauren Storr U20	HFH	13.5
5	Natasha Ashong U17	SPN	13.6
6	Sue Lowrie	SHS	14.4

W 100m B

1	Katy Wyper U17	BWF	12.8
2	Wendy Andrews	ECH	13.8
3	Emma Szostak U20	HFH	14.2
4	L Bradshaw U17	SHS	14.4
5	Charlotte Byrne	SPN	16.5

W 200m A

1	Lucy Mansfield U17	BWF	25.3
2	Melissa Forrest U20	WGN	25.9
3	Sally Teague U20	ECH	26.2
4	Natasha Ashong U17	SPN	27.6
5	Sarah Simmons U20	HFH	28.4
6	Sue Lowrie	SHS	29.2

W 200m B

1	Robyn Starkey U17	BWF	28.2
2	Jemma Shaw U17	SHS	28.3
3	Zoe Storr	HFH	28.4
4	Emma Rawnsley U20	SPN	28.5
5	Beth Hurst U17	ECH	29.7

W 400m A

1	Sally Teague U20	ECH	58.4
2	Sarah Simmons U20	HFH	61.3
3	Amy Sharrad	SPN	62.6
4	Elizabeth Hodgson 17	BWF	64.1
5	Chris Dempsey	SHS	79.9

W 400m B

1	Leah Owen U17	ECH	62.4
2	Emma Rawnsley U20	SPN	63.1
3	Lauren Tyroll U20	HFH	63.7
4	Katie Holder U17	BWF	64.8
5	Lauren Bradshaw U17	SHS	67.0

W 800m A

1	Sarah Simmons U20	HFH	2.17.4
2	Kristie Leybourne U17	BWF	2.18.0
3	Sarah Hudak U20	ECH	2.21.3
4	Amy Sharrad	SPN	2.24.0
5	Gemma Connolly	SHS	2.29.8

W 800m B

1	Jemma Shaw U17	SHS	2.19.4
2	Laura Deegan	BWF	2.24.7
3	Claire Leaver	HFH	2.32.3
4	Becky Rowlands U20	SPN	2.34.5
5	Pam Read	ECH	2.43.4

W 1500m A

1	Gemma Unsworth	BWF	4.55.7
2	Holly Teague	ECH	5.01.2
3	Gemma Connolly	SHS	5.02.2
4	Claire Leaver	HFH	5.04.0
5	Jenny Walsh U17	SPN	5.18.4

W 1500m B

1	Beth Petit	HFH	5.12.9
2	Amy Sharrad	SPN	5.23.5
3	Stasia Bligh	BWF	5.27.8
4	Pam Read	ECH	5.50.3
5	Chris Dempsey	SHS	6.32.7

W 3000m A

1	Gemma Unsworth	BWF	10.27.8
2	Gemma Connolly	SHS	10.45.8
3	Kath Farquhar	HFH	10.50.1
4	Stella Boam	ECH	11.10.8
5	Sarah Peacock U17	SPN	12.12.2

W 3000m B

1	Carolyn Robbins	BWF	11.05.0
2	Katie Walshaw	HFH	11.07.6
3	Jackie Carter	SPN	12.43.5
4	Pam Appleton	SHS	13.41.8

W 100mH A

1	Lauren Storr U20	HFH	16.0
2	Nia Rutter	BWF	17.6
3	Danni Carroll	ECH	22.6

W 100mH B

1	Emma Szostak U20	HFH	19.4
2	Emma Fagan	ECH	21.2

W 400mH A

1	Zoe Storr	HFH	72.3
2	Nia Rutter	BWF	72.3
3	Danni Carroll	ECH	82.8
4	Charlotte Byrne	SPN	1.41.4

W 400mH B

1	Emma Szostak U20	HFH	75.7
2	Emma Fagan	ECH	80.5
3	Sarah Goff	BWF	85.3

W Discus Throw A

1	Jennifer Ibbitson	SPN	29.50
2	Vicky Dyer	WGN	27.21
3	Katie Zientek U20	HFH	25.04
4	Lucy Croft U17	SHS	24.30
5	Collette Donald	ECH	17.15
6	Laura Deegan	BWF	14.85

W Discus Throw B

1	Carly Beanland	SPN	23.90
2	Charlotte Dillingham	HFH	16.41
3	Laura Davies U20	BWF	14.65
4	Pam Read	ECH	13.59
5	Sue Clague	SHS	12.05

W Hammer Throw A

1	Bethan Lishman	WGN	41.83
2	Jennifer Ibbitson	SPN	38.20
3	Lucy Croft U17	SHS	27.37
4	Katie Zientek U20	HFH	20.70
5	Katie Holder U17	BWF	15.92
6	Pam Read	ECH	12.43

W Hammer Throw B

1	Natalie Walsh	WGN	33.89
2	Sheila Bolland	SPN	21.86
3	Charlotte Dillingham	HFH	16.21
4	Robyn Starkey U17	BWF	14.22
5	Chris Dempsey	SHS	8.41
6	Collette Donald	ECH	5.55

W High Jump A

1	Natasha Butler U17	BWF	1.55
2	Lauren Tyroll U20	HFH	1.55
3	Holly Teague	ECH	1.45
4	Dijan Matheson U20	SPN	1.35
5	Sharon Walls	WGN	1.25
6	Sue Lowrie	SHS	1.15

W High Jump B

1	Laura Deegan	BWF	1.50
2	Athena Mellor	HFH	1.25
3	Sally Teague U20	ECH	1.25
4	Jennifer Ibbitson	SPN	1.15

W Javelin Throw A

1 Colette Doran	WGN	35.28
2 Katie Zientek U20	HFH	29.40
3 Jennifer Ibbitson	SPN	25.76
4 Leah Owen U17	ECH	25.50
5 Katie Holder U17	BWF	21.96
6 Lucy Croft U17	SHS	15.57

W Javelin Throw B

1 Collette Donald	ECH	22.63
2 Harley Greene U17	BWF	21.45
3 Bethan Lishman	WGN	20.66
4 Charlotte Dillingham	HFH	17.94
5 Sheila Bolland	SPN	11.18
6 Sue Clague	SHS	10.39

W Long Jump A

1 Katy Wyper U17	BWF	5.26
2 Beth Hurst U17	ECH	5.12
3 Lauren Storr U20	HFH	4.72
4 Sharon Walls	WGN	4.43
5 Natasha Ashong U17	SPN	4.32
6 Sue Lowrie	SHS	3.96

W Long Jump B

1 Holly Teague	ECH	4.89
2 Athena Mellor	HFH	4.71
3 Nia Rutter	BWF	4.59
4 Jemma Shaw U17	SHS	3.89
5 Becky Rowlands U20	SPN	3.80

W Pole Vault A

No competitors

W Pole Vault B

No competitors

W Shot Putt A

1 Natalie Walsh	WGN	9.44
2 Jennifer Ibbitson	SPN	9.00
3 Nia Rutter	BWF	8.83
4 Katie Zientek U20	HFH	8.38
5 Collette Donald	ECH	5.94
6 Sue Lowrie	SHS	5.43

W Shot Putt B

1 Carly Beanland	SPN	8.83
2 Vicky Dyer	WGN	7.83
3 Natasha Butler U17	BWF	5.85
4 Wendy Andrews	ECH	5.52
5 Charlotte Dillingham	HFH	5.45
6 Sue Clague	SHS	4.49

W Triple Jump A

1 Dijan Matheson U20	SPN	11.09
2 Nia Rutter	BWF	11.05
3 Holly Teague	ECH	9.91
4 Sharon Walls	WGN	9.14
5 Athena Mellor	HFH	8.49
6 Sue Lowrie	SHS	8.06

W Triple Jump B

1 Katy Wyper U17	BWF	9.00
2 Danni Carroll	ECH	8.65
3 Zoe Storr	HFH	7.61
4 Jennifer Ibbitson	SPN	7.24

W 4x100m Relay

1 BWF 49.7	1 Katy Wyper U17	2 Leigh Newton
	3 Lucy Mansfield U17	4 Laura Davies U20
2 HFH 53.7	1 Sarah Simmons U20	2 Lauren Tyroll U20
	3 Emma Szostak U20	4 Lauren Storr U20
3 ECH 55.0	1 Wendy Andrews	2 Danni Carroll
	3 Beth Hurst U17	4 Sally Teague U20
4 SPN 57.2	1 Becky Rowlands U20	2 Emma Rawnsley U20
	3 Dijan Matheson U20	4 Amy Sharrad
5 SHS 60.0	1 Sue Lowrie	2 A Pilkinton U20
	3 Gemma Connolly	4 Lauren Bradshaw U17

W 4x400m Relay

1 ECH 4.06.3	1 Leah Owen U17	2 Sarah Hudak U20
	3 Holly Teague	4 Sally Teague U20
2 BWF 4.12.0	1 Kristie Leybourne	2 Elizabeth Hodgson 17
	3 Leigh Newton	4 Laura Deegan
3 SPN 4.18.9	1 Natasha Ashong U17	2 Becky Rowlands U20
	3 Emma Rawnsley U20	4 Amy Sharrad
4 HFH 4.27.4	1 Sarah Simmons U20	2 Zoe Storr
	3 Beth Petit	4 Lauren Tyroll U20
5 SHS 4.42.6	1 Gemma Connolly	2 Jemma Shaw U17
	3 Chris Dempsey	4 Sue Clague

M 4x100m Relay

1 BWF 46.5	1 Dominic Arnold	2 Ted Romney U20
	3 Jon Rutter	4 Simon Wells
2 WGN 46.5	1 Tom Knox	2 Walter Lombe
	3 Ben Dawber-Axon U20	4 Geoff Douglass
3 HFH 48.2	1 Jordon Toth U17	2 Russell Balmforth
	3 Junior George U20	4 Tom Petit U20
4 SHS 48.2	1 Ryan Fahey U17	2 Steve Moran
	3 Matthew Stone	4 Steve Clague U20
5 SPN 52.1	1 Craig Yates	2 Richard Martin
	3 John Gallagher	4 Josh Cayenne
6 ECH 55.5	1 Andrew Hartshorne 20	2 Edwin Shaw
	3 Jake Littlehales U17	4 Gavin Browne

M 4x400m Relay

1 WGN 3.31.6	1 Tom Knox	2 Ben Dawber-Axon U20
	3 Danny Kevan	4 Tom O'Brien
2 BWF 3.38.1	1 Tom Cunningham	2 Alex Bale
	3 Brent Starkie	4 Ted Romney U20
3 SHS 3.43.5	1 Dave Forrester U20	2 Danny Griffiths U20
	3 Jake Healy U17	4 Matthew Stone
4 ECH 3.45.2	1 James Shaw	2 Anthony Connally
	3 David Barratt U20	4 Gavin Browne
5 HFH 3.51.3	1 Junior George U20	2 Tom Petit U20
	3 James Dewhirst U20	4 Mathew Pierson

PRIOR STANDINGS		MATCH RESULT		LEAGUE STANDINGS	
Event	Lge	Event	Lge	Event	Lge
1 BWF 379	6	1 BWF 380	6	1 B'pool Wyre & Fylde AC	759 12
2 ECH 342	5	2 HFH 371	5	2 Holmfirth Harriers AC	708.5 9
3 HFH 337.5	4	3 ECH 321	4	3 East Cheshire Harriers	663 9
4 SHS 337	3	4 SPN 298	3	4 St. Helens Sutton AC	623 5
5 SPN 308.5	2	5 SHS 286	2	5 Spenborough & District AC	606.5 5
6 WGN 226	1	6 WGN 272	1	6 Wigan/Horwich	498 2

General Comment

No competitors M Pole Vault A&B, No competitors W Pole Vault A&B,
 Note(s)

BWF Includes + 30pts,
 ECH Includes + 30pts,
 HFH Includes + 30pts,
 SPN Includes + 30pts,
 SHS Includes + 30pts,
 WGN Includes + 30pts,