



MID LANCASHIRE CROSS-COUNTRY LEAGUE

**INDIVIDUAL WINNERS
2009 - 2010**

U13G

GOLD	Molly Betmead	BWF AC	8
SILVER	Sally Searson	Blackburn H	16
BRONZE	Phoebe Howe	Horwich RMI	19

U15G

GOLD	Florie McLeish	Preston H	6
SILVER	Lauren Gowland	BWF AC	11
BRONZE	Megan Davies	Rossendale H	11

U17W

GOLD	Laura Riches	Leigh H	6
SILVER	Bianca Pedersen	BWF AC	7
BRONZE	Beckie Taylor	Blackburn H	10

JW (U20)

GOLD	Annika Jarman	Lancaster AC	6
SILVER	Emma Flanagan	Rossendale H	10
BRONZE			

SW

GOLD	Sarah Ridehalgh	Accrington R	8
SILVER	Annika Jarman	Lancaster AC	11
BRONZE	Kirsty Longley	Liverpool PS	16

WV35

GOLD	Karen Bridge	Eden R	5
SILVER	Tracey Dutton	Wigan P	6
BRONZE	Lynne Clough	Chorley H	9

WV45

GOLD	Sue Sharp	Barrow & F S	15
SILVER	Lou Lyness	Barrow & F S	18
BRONZE	Dianne Priestley	Kendal AC	25

WV55

GOLD	Lou Lyness	Barrow & F S	4
SILVER	Dianne Priestley	Kendal AC	8
BRONZE	Joan Gouldthorpe	Red Rose R	17

U13B

GOLD	Matthew Dutton	Pendle AC	9
SILVER	Andrew Kershaw	Southport AC	13
BRONZE	Patrick Dever	Preston H	19

U15B

GOLD	James Knox	Helm Hill H	10
SILVER	James Grundy	Liverpool PS	22
BRONZE	Adam Howarth	Leigh H	24

U17M

GOLD	Patrick Vicary	Kendal AC	13
SILVER	Luke Ingham	Kendal AC	16
BRONZE	Adam Bateson	Lancaster AC	24

JM (U20)

GOLD	Peter Huck	Barrow & F S	4
SILVER	Joe Vis	Southport AC	10
BRONZE	Patrick Vis	Southport AC	11

SM

GOLD	Gary Priestley	Horwich	8
SILVER	Peter Huck	Barrow & F S	9
BRONZE	James Douglas	Border	12

MV40

GOLD	Bob Atkinson	Barrow & F S	7
SILVER	Matthew Nuttall	Blackburn H	9
BRONZE	Malcolm Eadie	BWF AC	10

MV50

GOLD	Bob Atkinson	Barrow & F S	4
SILVER	Alex Rowe	Wesham R	9
BRONZE	Raymond Lees	Clayton H	11

MV60

GOLD	Peter Hall	Barrow & F S	4
SILVER	Alan Appleby	Preston H	8
BRONZE	Barry Mitchell	Clayton H	14

If you have won an award try to attend the Presentation at:

**Bamber Bridge CCMC, Aspden Road,
Bamber Bridge, PR5 6TA**
(GRID REF: 563 265 - CLOSE TO M6, M61 & M65)
8:00pm on Friday 26th March 2010

Tickets: Adults £4 Juniors (to U20) £3

You can order tickets by post or buy them on the door. Ask your team manager for a ticket order form or a leaflet with the directions for getting there