



**Mid Lancs Track and Field League**  
Litherland Sports Park, Litherland, 8th August 2009

<b>Senior Men Javelin Throw</b>					<b>Under 17 Men Discus Throw</b>						
1	Lee. Worton	Barrow & Furness AC	1387	30.01	7	1	Sam. Johnson	Preston Harriers	857	35.07	7
2	Russell. Race	Hyndburn AC	495	30.01	7	2	Darren. Evans	Preston Harriers	838	34.77	5
3	Trevor. Williams	Horwich RMI H & AC	1225	28.25	5	3	Joshua. Blysniuk	Hyndburn AC	473	20.17	4
4	Ian. Saunders	Horwich RMI H & AC	430	22.95	4	<b>Under 17 Men Javelin Throw</b>					
5	John. Pearce	Barrow & Furness AC	1386	21.66	3	1	Mathew. Harper	Preston Harriers	849	39.58	7
6	Mike. Grime	Hyndburn AC	482	19.27	5	2	Adam. Bell	Preston Harriers	825	35.14	5
<b>Senior Men Hammer Throw</b>					<b>Under 17 Men Hammer Throw</b>						
1	Alan. Plumb	Burnley AC	349	31.06	7	1	Darren. Evans	Preston Harriers	838	43.04	7
2	Wayne. Edmondson	Hyndburn AC	480	19.77	7	2	Sam. Johnson	Preston Harriers	857	32.04	5
3	Mike. Grime	Hyndburn AC	482	19.61	5	3	Joshua. Blysniuk	Hyndburn AC	473	20.74	4
4	Rob. Morley	Preston Harriers	871	13.52	4	<b>Under 17 Men 100m</b>					
<b>Under 17 Men 100m</b>					<b>Under 15 Boys 100m Heat 1</b>						
1	Tom. Bradbury	Preston Harriers	831	11.6	7	1	Samuel. Pugh	Blackburn H & AC	1350	12	7
2	Dan. Harrop	Kendal AC	545	11.7	5	2	Alex. Kiziltas	Blackpool Wyre Fylde AC	1334	12.5	4
3	Callum. Blaikie	Kendal AC	535	12.3	4	3	Jonathon. Kirkaldy	Burnley AC	344	12.8	7
4	Chris. Snaith	Barrow & Furness AC	19	13.2	7	4	Alex. Todd	Horwich RMI H & AC	1235	12.9	5
<b>Under 17 Men 200m</b>					<b>Under 15 Boys 100m Heat 2</b>						
1	Callum. Blaikie	Kendal AC	535	27.5	7	1	Sam. Lamb	Blackpool Wyre Fylde AC	1327	12.3	5
2	Chris. Snaith	Barrow & Furness AC	19	27.6	7	2	Aldon. Mottershead	Blackburn H & AC	87	13.1	3
3	Dan. Harrop	Kendal AC	545	28.7	5	3	Jack. Shaw	Horwich RMI H & AC	464	13.1	4
<b>Under 17 Men 400m</b>					<b>Under 15 Boys 200m Heat 1</b>						
1	Marcus. Quarumby	Blackpool Wyre Fylde AC	208	55.1	7	1	James. Whitfield	Bolton Utd Harriers	287	24.7	7
2	Max. Obale	Kendal AC	559	56.8	5	2	Alex. Kiziltas	Blackpool Wyre Fylde AC	1334	24.9	5
3	Patrick. Vicary	Kendal AC	577	57.1	4	3	Jonathon. Kirkaldy	Burnley AC	344	25.9	7
<b>Under 17 Men 800m</b>					<b>Under 15 Boys 200m Heat 2</b>						
1	Patrick. Vicary	Kendal AC	577	02:03.9	7	1	Samuel. Pugh	Blackburn H & AC	1350	25.6	4
<b>Under 17 Men 1500m</b>					<b>Under 15 Boys 400m Heat 1</b>						
1	Patrick. Vicary	Kendal AC	577	04:30.6	7	1	James. Whitfield	Bolton Utd Harriers	287	55.5	7
2	Zac. Howe	Horwich RMI H & AC	423	04:37.6	7	2	Oliver. Hopkins	Blackpool Wyre Fylde AC	1219	56.1	5
3	Adam. Weightman	Blackpool Wyre Fylde AC	234	04:44.4	5	3	Jake. Hogg	Southport Waterloo AC	1055	58.2	7
4	Richard. Morrell	Preston Harriers	872	04:52.4	4	4	Robbie. Ingham	Kendal AC	550	58.5	4
<b>Under 17 Men 4x100m Relay</b>					<b>Under 15 Boys 400m Heat 2</b>						
1	.	Kendal AC	545	48.2	7	1	Alex. Bentley	Southport Waterloo AC	1043	59.1	5
<b>Under 17 Men Long Jump</b>					<b>Under 15 Boys Shot Put</b>						
1	Adam. Bell	Preston Harriers	825	5.47	7	1	Aldon. Mottershead	Blackburn H & AC	87	61.4	3
2	Mathew. Harper	Preston Harriers	849	5.29	5	2	Tom. Hartley	Kendal AC	543	64.1	2
3	Chris. Snaith	Barrow & Furness AC	19	5.07	7	3	Daniel. Quarumby	Blackpool Wyre Fylde AC	1335	65	1
<b>Under 17 Men Triple Jump</b>					<b>Under 15 Boys Discus Throw</b>						
1	Mathew. Harper	Preston Harriers	849	11.5	7	1	Sam. Johnson	Preston Harriers	857	35.07	7
2	Adam. Bell	Preston Harriers	825	11.13	5	2	Darren. Evans	Preston Harriers	838	34.77	5
3	Max. Obale	Kendal AC	559	9.74	4	3	Joshua. Blysniuk	Hyndburn AC	473	20.17	4
<b>Under 17 Men Shot Put</b>					<b>Under 15 Boys Javelin Throw</b>						
1	Graham. Parsons	Kendal AC	565	7.69	7	1	Mathew. Harper	Preston Harriers	849	39.58	7

**Mid Lancs Track and Field League**  
Litherland Sports Park, Litherland, 8th August 2009

Under 15 Boys 800m

1	Jordan. Gander	Kendal AC	578	02:19.0	7
2	Kingsley. Judd	Preston Harriers	890	02:20.8	5
3	David. Reece	Guest	1563	02:26.8	
4	Ryan. Bradshaw	Burnley AC	341	02:29.4	7
5	Jake. Carradus	Kendal AC	539	02:48.9	4
6	George. Ingram	Southport Waterloo AC	1057	02:49.8	5

Under 13 Boys 100m Heat 1

1	Luke. Farnworth	Preston Harriers	902	13.5	7
2	Charlie. McClaine	Blackpool Wyre Fylde AC	1216	13.6	5
3	Aaron. Stannard	Bolton Utd Harriers	282	13.8	4
4	James. Blow	Blackburn H & AC	61	14	3
5	Noah. Saunders	Horwich RMI H & AC	431	14.3	7
6	Matthew. Dutton	Pendle AC	788	15.7	2
7	Kieron. Andrew	Southport Waterloo AC	1099	17.7	1

Under 15 Boys 1500m

1	Ryan. Sciacca	Chorley AC	386	04:35.9	7
2	Sam. Storey	Barrow & Furness AC	34	04:36.6	5
3	Joe. O'Donnell	Preston Harriers	900	04:42.2	7
4	Theo. Messenger-Jo	Barrow & Furness AC	12	04:47.5	4
5	Robbie. Ingham	Kendal AC	550	04:48.6	5
6	Alan. Nolan	Guest	1551	04:59.4	
7	Adam. Sciacca	Chorley AC	398	05:00.3	3
8	William. Grimshaw	Bolton Utd Harriers	248	05:11.4	4
9	Jonathan. Foster	Southport Waterloo AC	1042	05:16.1	2

Under 13 Boys 100m Heat 2

1	Tom. Booth	Preston Harriers	829	14	3
2	James. Curtis	Barrow & Furness AC	38	14.6	5
3	Kirk. Trusch	Preston Harriers	931	14.6	1
4	Issac. Medhurst	Kendal AC	541	14.7	
5	Connor. Richardson	Rossendale Harriers	1029	14.7	4
6	Dominic. Lavelle	Blackpool Wyre Fylde AC	182	14.8	
7	Izaak. Dickenson	Horwich RMI H & AC	458	15.2	3

Under 15 Boys 4x100m Relay

1	.	Blackpool Wyre Fylde AC	1334	54	7
2	.	Kendal AC	539	58.9	5

Under 13 Boys 200m Heat 1

1	Dougie. Ashcroft	Preston Harriers	943	29.4	nc
2	Noah. Saunders	Horwich RMI H & AC	431	29.9	7
3	James. Blow	Blackburn H & AC	61	30.4	2
4	Dominic. Lavelle	Blackpool Wyre Fylde AC	182	32	1
5	Chris. Fallon	Southport Waterloo AC	1098	32.5	4

Under 15 Boys Long Jump

1	Sam. Lamb	Blackpool Wyre Fylde AC	1327	5.11	7
2	Luis. Blyth	Blackpool Wyre Fylde AC	130	5.09	5
3	Oliver. Hopkins	Blackpool Wyre Fylde AC	1219	5.08	nc
4	Robert. Sidlow	Bolton Utd Harriers	279	4.51	4
5	Ryan. Bradshaw	Burnley AC	341	3.71	7
6	George. Ingram	Southport Waterloo AC	1057	3.65	5
7	William. Grimshaw	Bolton Utd Harriers	248	3.54	3
8	Jake. Carradus	Kendal AC	539	3.01	2

Under 13 Boys 200m Heat 2

1	Luke. Farnworth	Preston Harriers	902	29	4
2	Ollie. Gardner	Kendal AC	586	30.3	3
3	Kirk. Trusch	Preston Harriers	931	31.5	nc
4	Matthew. Oldcorn	Burnley AC	348	33.1	3

Under 15 Boys High Jump

1	Harry. Coppell	Wigan H & AC	1133	1.6	7
2	Robbie. Ingham	Kendal AC	550	1.45	7

Under 13 Boys 200m Heat 3

1	Luke. Penswick	Preston Harriers	892	28.5	7
2	Aaron. Stannard	Bolton Utd Harriers	282	28.9	5
3	Matthew. Doey	Kendal AC	548	32.1	
4	Izaak. Dickenson	Horwich RMI H & AC	458	32.4	5
5	Kieron. Andrew	Southport Waterloo AC	1099	37.3	2

Under 15 Boys Shot Putt

1	Nathan. Holmes	Kendal AC	579	10.64	7
2	Jordan. Gander	Kendal AC	578	7.78	5
3	Kingsley. Judd	Preston Harriers	890	6.22	4

Under 13 Boys 800m

1	Sam. Nicholson	Barrow & Furness AC	14	02:13.5	7
2	Luke. Penswick	Preston Harriers	892	02:20.9	7
3	Dougie. Ashcroft	Preston Harriers	943	02:25.2	5
4	Luke. Tyson	Southport Waterloo AC	1081	02:27.9	5
5	Tom. Taylor	Kendal AC	585	02:31.9	4
6	Ollie. Gardner	Kendal AC	586	02:32.3	3
7	Zac. Hogg	Southport Waterloo AC	1109	02:32.7	4
8	Nathan. Townsend	Horwich RMI H & AC	465	02:35.4	3
9	William. Moynihan	Hyndburn AC	520	02:42.2	2
10	Chris. Fallon	Southport Waterloo AC	1098	02:46.6	nc
11	Connor. Richardson	Rossendale Harriers	1029	02:49.1	2
12	Matthew. Oldcorn	Burnley AC	348	02:49.8	1
13	Jack. Hindle	Blackburn H & AC	76	02:52.6	1

Under 15 Boys Discus Throw

1	James. Whitfield	Bolton Utd Harriers	287	30.3	7
2	Nathan. Holmes	Kendal AC	579	29.93	5
3	Jordan. Gander	Kendal AC	578	18.86	4
4	Kingsley. Judd	Preston Harriers	890	17.26	3

Under 15 Boys Javelin Throw

1	Nathan. Holmes	Kendal AC	579	19.41	7
2	Jack. Shaw	Horwich RMI H & AC	464	16.16	7

**Mid Lancs Track and Field League**  
Litherland Sports Park, Litherland, 8th August 2009

Under 13 Boys 1500m

1	Fergus. Tallon	Chorley AC	393	04:57.1	7
2	Patrick. Dever	Preston Harriers	896	04:57.9	7
3	Matthew. Doey	Kendal AC	548	05:14.0	5
4	Matthew. Dutton	Pendle AC	788	05:14.9	5
5	Alex. Cross	Blackpool Wyre Fylde AC	139	05:19.8	4
6	Joseph. Howe	Horwich RMI H & AC	422	05:24.7	4
7	Rory. Judd	Preston Harriers	888	05:31.3	3
8	Robert. Bryning	Preston Harriers	897	05:33.2	nc
9	Jonathan. Powis	Horwich RMI H & AC	420	05:49.9	3

Senior Women 100m

1	Kelly. Hilton	Chorley AC	377	12.7	7
2	Abby. Edmundson	Blackburn H & AC	70	13	5
3	Katie. Emmett	Hyndburn AC	512	13.3	7
4	Helena. Lawton	Horwich RMI H & AC	1230	14.2	4
5	Katie. Holder	Blackpool Wyre Fylde AC	1213	14.6	5

Senior Women 200m Heat 1

1	Katie. Emmett	Hyndburn AC	512	28.1	7
2	Lorna. Graham	Southport Waterloo AC	1044	29	7
3	Wendy. Laing	Lancaster Morecambe AC	633	30.1	5
4	Helena. Lawton	Horwich RMI H & AC	1230	31.6	3

Senior Women 200m Heat 2

1	Leanne. Scott	Burnley AC	352	30.5	4
2	Kathy. Winrow	Lancaster Morecambe AC	641	33.2	2
3	Zoe. Dixon	Blackpool Wyre Fylde AC	1212	34.5	5

Senior Women 400m Heat 1

1	Sarah. Yeomans	Rossendale Harriers	1023	62.6	7
2	Abby. Edmundson	Blackburn H & AC	70	65.9	5
3	Catherine. Gallaghe	Rossendale Harriers	1018	67.3	4
4	Leanne. Scott	Burnley AC	352	67.9	3

Senior Women 400m Heat 2

1	Melanie. Taylor	Blackburn H & AC	107	71.2	2
2	Kathy. Winrow	Lancaster Morecambe AC	641	72.8	1
3	Melanie. Koth	Lytham St.Annes RR	732	75.8	

Senior Women 800m

1	Joanna. Goorney	Wesham Road Runners	1112	02:34.8	7
2	Melanie. Taylor	Blackburn H & AC	107	02:36.1	5
3	Kathy. Winrow	Lancaster Morecambe AC	641	02:42.7	4
4	Melanie. Koth	Lytham St.Annes RR	732	02:52.2	3

Senior Women 1500m

1	Joanna. Goorney	Wesham Road Runners	1112	05:33.6	7
2	Faye. Holden	Pendle AC	770	06:22.6	5

Senior Women 3000m

1	Bianca. Pederson	Blackpool Wyre Fylde AC	204	10:50.2	
2	Rebecca. Donohue	Guest	1552	11:28.6	
3	Rebecca. Atkinson	Horwich RMI H & AC	1234	11:35.1	

Senior Women Long Jump

1	Caroline. Smithson	Hyndburn AC	499	4.52	7
2	Wendy. Laing	Lancaster Morecambe AC	633	4.43	7
3	Joanna. Goorney	Wesham Road Runners	1112	3.99	5
4	Alison. Storey	Horwich RMI H & AC	1224	2.87	4

Senior Women Triple Jump

1	Kelly. Hilton	Chorley AC	377	12.26	7
2	Nia. Rutter	Blackpool Wyre Fylde AC	215	11.92	7
3	Abby. Edmundson	Blackburn H & AC	70	10.54	5

Senior Women Shot Putt

1	Wendy. Laing	Lancaster Morecambe AC	633	9.77	7
2	Lynne. Walker	Barrow & Furness AC	25	8.18	7
3	Katie. Holder	Blackpool Wyre Fylde AC	1213	7.97	5
4	Melanie. Koth	Lytham St.Annes RR	732	5.94	5
5	Alison. Storey	Horwich RMI H & AC	1224	5.92	4

Under 13 Boys 4x100m Relay

1	.	Preston Harriers	931	56	7
2	.	Kendal AC	541	60.9	5
3	.	Horwich RMI H & AC	458	61.9	7

Under 13 Boys Long Jump

1	Luke. Farnworth	Preston Harriers	902	4.25	7
2	Charlie. McLaine	Blackpool Wyre Fylde AC	1216	4.23	5
3	Kirk. Trusch	Preston Harriers	931	4.18	4
4	Dominic. Lavelle	Blackpool Wyre Fylde AC	182	4.12	3
5	Tom. Booth	Preston Harriers	829	4.01	nc
6	James. Curtis	Barrow & Furness AC	38	3.8	7
7	Dougie. Ashcroft	Preston Harriers	943	3.69	nc
8	Luke. Tyson	Southport Waterloo AC	1081	3.67	5
9	William. Moynihan	Hyndburn AC	520	3.49	2
10	Rory. Judd	Preston Harriers	888	3.49	nc
11	Issac. Medhurst	Kendal AC	541	3.46	1
12	Nathan. Townsend	Horwich RMI H & AC	465	3.43	4
13	Izaak. Dickenson	Horwich RMI H & AC	458	3.33	3
14	George. Sutton	Southport Waterloo AC	1103	3.28	2
15	Matthew. Dutton	Pendle AC	788	3.18	1
16	Chris. Fallon	Southport Waterloo AC	1098	3.02	nc
17	Matthew. Oldcorn	Burnley AC	348	2.51	

Under 13 Boys High Jump

1	Tom. Booth	Preston Harriers	829	1.42	7
2	Tom. Taylor	Kendal AC	585	1.42	5
3	Issac. Medhurst	Kendal AC	541	1.25	4
4	Rory. Judd	Preston Harriers	888	1.25	3
5=	George. Sutton	Southport Waterloo AC	1103	1.2	7
5=	Charlie. McLaine	Blackpool Wyre Fylde AC	1216	1.2	2
7	Aaron. Stannard	Bolton Utd Harriers	282	1.15	1
8	William. Moynihan	Hyndburn AC	520	1.1	

Under 13 Boys Shot Putt

1	Liam. Harrison	Southport Waterloo AC	1110	10.05	7
2	Jonny. Murphy	Preston Harriers	935	8.1	7
3	Nathan. Billington	Blackburn H & AC	58	5.9	5
4	James. Curtis	Barrow & Furness AC	38	5.36	5
5	Matthew. Doey	Kendal AC	548	5.1	4

Under 13 Boys Discus Throw

1	Liam. Harrison	Southport Waterloo AC	1110	19.75	7
2	Jonny. Murphy	Preston Harriers	935	17.91	7
3	Nathan. Billington	Blackburn H & AC	58	12.64	5

Under 13 Boys Javelin Throw

1	George. Sutton	Southport Waterloo AC	1103	17.65	7
2	Nathan. Billington	Blackburn H & AC	58	11.72	7
3	Jack. Hindle	Blackburn H & AC	76	11.24	5
4	Noah. Saunders	Horwich RMI H & AC	431	6.79	5

**Mid Lancs Track and Field League**  
Litherland Sports Park, Litherland, 8th August 2009

Senior Women Discus Throw

1 Lynne. Walker	Barrow & Furness AC	25	22.81	7
2 Vikki. Grime	Hyndburn AC	484	20.55	5
3 Alison. Storey	Horwich RMI H & AC	1224	15.62	7
4 Karen. Vaughan	Burnley AC	351	15.04	5
5 Caroline. Smithson	Hyndburn AC	499	10.7	4

Under 17 Women Hammer Throw

1 Ruth. Doran	Southport Waterloo AC	1051	30.07	7
2 Rebeka. Edmondson	Hyndburn AC	510	14.77	7

Senior Women Javelin Throw

1 Caroline. Smithson	Hyndburn AC	499	18.84	7
2 Karen. Vaughan	Burnley AC	351	17.32	7
3 Vikki. Grime	Hyndburn AC	484	17.12	5
4 Helena. Lawton	Horwich RMI H & AC	1230	7.72	5

Under 15 Girls 100m Heat 1

1 Sophie. Riley	Blackpool Wyre Fylde AC	210	12.5	7
2 Abbie. Unsworth	Preston Harriers	947	13.1	5
3 Hannah. Storey	Horwich RMI H & AC	435	13.3	7
4 Rachel. Williamson	Wigan H & AC	1371	13.5	4
5 Brittany. Shaw	Blackpool Wyre Fylde AC	219	13.5	3
6 Nicola. Shirtcliffe	Burnley AC	362	13.7	5
7 Melissa. Curtis	Barrow & Furness AC	37	14.6	
8 Tara. Procter	Hyndburn AC	1249	14.9	

Senior Women Hammer Throw

1 Vikki. Grime	Hyndburn AC	484	27.27	7
2 Lynne. Walker	Barrow & Furness AC	25	24.23	5
3 Karen. Vaughan	Burnley AC	351	16.92	7

Under 15 Girls 100m Heat 2

1 Claudia. Fidler	Blackpool Wyre Fylde AC	155	13.7	nc
2 Lorna. Miller	Bolton Utd Harriers	264	13.8	2
3 Kirsty. Fraser	Lytham St.Annes RR	731	14	4
4 Rebecca. Todd	Blackpool Wyre Fylde AC	228	14.1	nc
5 Carys. Barton	Barrow & Furness AC	41	14.5	1
6 Maddy. Brownswor	Blackpool Wyre Fylde AC	119	14.8	nc
7 Allysia. Hine	Kendal AC	534	15.5	

Under 17 Women 100m

1 Beth. Mcbride	Southport Waterloo AC	1068	12.6	7
-----------------	-----------------------	------	------	---

Under 17 Women 200m

1 Beth. Mcbride	Southport Waterloo AC	1068	26.9	7
-----------------	-----------------------	------	------	---

Under 17 Women 300m

1 Zoe. Woodward	Guest	1558	45.3	
2 Rachel. Leech	Blackburn H & AC	77	47.3	7
3 Charlotte. Atkinson	Blackburn H & AC	55	48.5	5

Under 15 Girls 200m Heat 1

1 Sophie. Riley	Blackpool Wyre Fylde AC	210	26.6	7
2 Abbie. Unsworth	Preston Harriers	947	28.1	5
3 Katie. Farrimond	Wigan H & AC	1560	29.2	3
4 Nicola. Shirtcliffe	Burnley AC	362	29.9	7
5 Melissa. Curtis	Barrow & Furness AC	37	31.2	1

Under 17 Women 800m

1 Bianca. Pederson	Blackpool Wyre Fylde AC	204	02:19.8	7
2 Charlotte. Atkinson	Blackburn H & AC	55	02:27.1	7
3 Jessica. Flower	Barrow & Furness AC	49	02:28.4	5
4 Rebecca. Taylor	Blackburn H & AC	108	02:34.1	5
5 Rachel. Leech	Blackburn H & AC	77	02:35.2	nc
6 Alice. Barnes	Barrow & Furness AC	1385	03:12.1	4

Under 15 Girls 200m Heat 2

1 Emma. Wiggans	Bolton Utd Harriers	288	29	4
2 Emma. Scott	Burnley AC	350	30.5	5
3 Eilidh. Sproull	Kendal AC	572	30.9	2
4 Tiffany. Charnley	Barrow & Furness AC	3	34.8	

Under 17 Women 1500m

1 Rebecca. Taylor	Blackburn H & AC	108	05:22.4	7
2 Catherine. Hulme	Southport Waterloo AC	1056	05:35.4	5

Under 15 Girls 300m

1 Emma. Wiggans	Bolton Utd Harriers	288	45.5	7
2 Erin. Stewart	Guest	1559	45.5	
3 Eilidh. Sproull	Kendal AC	572	49	5
4 Kirsty. Fraser	Lytham St.Annes RR	731	51.7	7

Under 17 Women Long Jump

1 Alice. Barnes	Barrow & Furness AC	1385	2.75	7
-----------------	---------------------	------	------	---

Under 15 Girls 800m

1 Lauren. Burrell	Blackpool Wyre Fylde AC	131	02:25.7	7
2 Olivia. Miller	Barrow & Furness AC	35	02:26.4	5
3 Erin. Stewart	Guest	1559	02:26.9	
4 Eilon. Hart	Southport Waterloo AC	1054	02:28.2	7
5 Leah. Williamson	Rosendale Harriers	1390	02:36.0	5
6 Emma. Scott	Burnley AC	350	02:48.8	4
7 Alex. Hastie	Blackpool Wyre Fylde AC	1209	03:02.4	4

Under 17 Women Triple Jump

1 Zoe. Woodward	Guest	1558	8.29	
-----------------	-------	------	------	--

Under 17 Women Shot Putt

1 Ruth. Doran	Southport Waterloo AC	1051	8.58	7
2 Rebeka. Edmondson	Hyndburn AC	510	5.83	7

Under 15 Girls 1500m

1 Olivia. Perez	Guest	1565	05:09.6	
2 Megan. Davies	Rosendale Harriers	1025	05:17.7	7
3 Natalie. Thompson	Wigan H & AC	1157	05:29.8	7
4 Patricia. Irizar	Southport Waterloo AC	1059	05:32.2	5
5 Lucy. Minns	Blackpool Wyre Fylde AC	191	05:36.6	5
6 Carys. Barton	Barrow & Furness AC	41	05:45.4	4
7 Hannah. Stanway	Barrow & Furness AC	31	06:11.4	3

Under 17 Women Discus Throw

1 Zoe. Woodward	Guest	1558	23.67	
2 Rebeka. Edmondson	Hyndburn AC	510	13.75	7

Under 17 Women Javelin Throw

1 Laura. Tunstall	Horwich RMI H & AC	438	19.09	7
2 Alice. Barnes	Barrow & Furness AC	1385	9.11	7

**Mid Lancs Track and Field League**  
Litherland Sports Park, Litherland, 8th August 2009

Under 15 Girls 4x100m Relay

1 .	Blackpool Wyre Fylde AC	210	54.3	7
2 .	Barrow & Furness AC	37	63.4	5

Under 15 Girls Long Jump

1 Rachel. Williamson	Wigan H & AC	1371	5.07	7
2 Katy. Alderson	Preston Harriers	821	4.68	5
3 Cassidy. Knight	Blackpool Wyre Fylde AC	181	4.58	4
4 Sophie. Riley	Blackpool Wyre Fylde AC	210	4.56	3
5 Brittany. Shaw	Blackpool Wyre Fylde AC	219	4.4	nc
6 Katie. Farrimond	Wigan H & AC	1560	4.28	2
7 Claudia. Fidler	Blackpool Wyre Fylde AC	155	4.27	nc
8 Rebecca. Todd	Blackpool Wyre Fylde AC	228	4.18	nc
9 Carys. Barton	Barrow & Furness AC	41	4.15	1
10 Joelle. Campbell	Kendal AC	538	3.96	
11 Natalie. Thompson	Wigan H & AC	1157	3.75	nc
12 Olivia. Perez	Guest	1565	3.68	
13 Alicia. Roylance	Blackpool Wyre Fylde AC	213	3.61	nc
14 Eilidh. Sproull	Kendal AC	572	3.46	
15 Tiffany. Charnley	Barrow & Furness AC	3	3.43	
16 Melissa. Curtis	Barrow & Furness AC	37	3.37	nc
17 Hannah. Stanway	Barrow & Furness AC	31	2.9	nc

Under 15 Girls High Jump

1 Katie. Farrimond	Wigan H & AC	1560	1.46	7
2 Abbie. Unsworth	Preston Harriers	947	1.43	5
3 Alex. Hastie	Blackpool Wyre Fylde AC	1209	1.4	4
4 Maddy. Brownsword	Blackpool Wyre Fylde AC	119	1.3	3
5 Abigail. Bleasdale	Blackburn H & AC	59	1.2	7

Under 15 Girls Shot Putt

1 Ebony. Wilkinson	Preston Harriers	925	8.19	7
2 Eve. Parkinson	Hyndburn AC	1250	7.29	5
3 Tara. Procter	Hyndburn AC	1249	7	4
4 Lorna. Miller	Bolton Utd Harriers	264	6.84	3
5 Allysia. Hine	Kendal AC	534	6.04	2
6 Hannah. Stanway	Barrow & Furness AC	31	4.1	1

Under 15 Girls Discus Throw

1 Allysia. Hine	Kendal AC	534	18.55	7
2 Joelle. Campbell	Kendal AC	538	16.98	5
3 Abigail. Bleasdale	Blackburn H & AC	59	16.94	7
4 Lorna. Miller	Bolton Utd Harriers	264	16.75	4
5 Rebecca. Donohue	Guest	1552	16.09	
6 Rebecca. Todd	Blackpool Wyre Fylde AC	228	15.19	3
7 Tiffany. Charnley	Barrow & Furness AC	3	14.83	2
8 Eve. Parkinson	Hyndburn AC	1250	14.27	1

Under 15 Girls Javelin Throw

1 Ebony. Wilkinson	Preston Harriers	925	21.44	7
2 Abigail. Bleasdale	Blackburn H & AC	59	17.36	7
3 Eve. Parkinson	Hyndburn AC	1250	17.35	5
4 Tara. Procter	Hyndburn AC	1249	14.09	4

Under 13 Girls 100m Heat 1

1 Tash. Gardner	Blackpool Wyre Fylde AC	156	13.2	7
2 Demi-Lee. Scott	Bolton Utd Harriers	277	13.3	5
3 Lydia. Williams	Preston Harriers	950	14	4
4 Mia. Arguello	Preston Harriers	822	14.6	2
5 Sophie. Reaper	Bolton Utd Harriers	275	14.7	nc
6 Jess. O'Neil	Blackpool Wyre Fylde AC	199	14.9	1
7 Sophie. Williams	Horwich RMI H & AC	467	15	7
8 Kate. Bridge	Horwich RMI H & AC	439	15.7	5

Under 13 Girls 100m Heat 2

1 Lizzie. Oliver	Bolton Utd Harriers	309	14.5	3
2 Jordan. Dixon	Blackpool Wyre Fylde AC	145	15	nc
3 Chloe. Unsworth	Preston Harriers	923	15.1	nc
4 Sinead. Bent	Bolton Utd Harriers	320	15.2	nc
5 Eden. Ashton	Preston Harriers	940	15.2	nc
6 Lucy. Keating	Horwich RMI H & AC	419	15.7	nc
7 Megan. Gray	Blackpool Wyre Fylde AC	1215	15.7	nc
8 Alexandra. Quarmby	Blackpool Wyre Fylde AC	206	16.3	nc

Under 13 Girls 200m Heat 1

1 Demi-Lee. Scott	Bolton Utd Harriers	277	28.6	7
2 Kate. Lawler	Blackpool Wyre Fylde AC	183	28.9	5
3 Emily. Laing	Guest	1555	29.9	
4 Jess. O'Neil	Blackpool Wyre Fylde AC	199	31.5	nc
5 Kate. Bridge	Horwich RMI H & AC	439	34.1	nc
6 Niakatta. Taylor	Kendal AC	582	36.3	2

Under 13 Girls 200m Heat 2

1 Jordan. Dixon	Blackpool Wyre Fylde AC	145	30.9	4
2 Sharice. Blaikie	Kendal AC	536	31	3
3 Katrina. Kelly	Blackpool Wyre Fylde AC	179	31.2	nc
4 Lucy. Keating	Horwich RMI H & AC	419	32.6	7
5 Phoebe. Howe	Horwich RMI H & AC	469	32.7	5
6 Megan. Gray	Blackpool Wyre Fylde AC	1215	32.9	nc

Under 13 Girls 800m

1 Sinead. Bent	Bolton Utd Harriers	320	02:34.1	7
2 Kate. Lawler	Blackpool Wyre Fylde AC	183	02:36.6	5
3 Isabel. Perez	Guest	1564	02:40.7	
4 Hannah. Delaney	Guest	1561	02:41.2	
5 Megan. Solomon	Rossendale Harriers	1303	02:41.6	7
6 Isabella. Lewis	Rossendale Harriers	1030	02:47.0	5
7 Hannah. Williams	Hyndburn AC	1244	02:47.3	4
8 Bethany. Blackwell	Preston Harriers	915	02:49.5	3
9 Chloe. Law	Rossendale Harriers	1024	03:02.2	nc
10 ?. ?	Rossendale Harriers	1036	03:10.7	nc
11 Lucy. Hunter	Southport Waterloo AC	1094	03:21.9	4

Under 13 Girls 1500m

1 Sophia. Brennan	Guest	1554	05:26.0	
2 Sinead. Bent	Bolton Utd Harriers	320	05:33.0	7
3 Rebecca. Flanagan	Rossendale Harriers	1034	05:34.5	7
4 Danielle. Thompson	Wigan H & AC	1156	05:38.5	5
5 Phoebe. Howe	Horwich RMI H & AC	469	05:39.1	5

Under 13 Girls 4x100m Relay

1 .	Bolton Utd Harriers	320	57.5	7
2 .	Preston Harriers	923	58.5	5
3 .	Blackpool Wyre Fylde AC	1215	59.5	4
4 .	Horwich RMI H & AC	419	63	7

**Mid Lancs Track and Field League**  
Litherland Sports Park, Litherland, 8th August 2009

Under 13 Girls Long Jump

1	Sophie. Reaper	Bolton Utd Harriers	275	4.21	7
2	Danielle. Thompson	Wigan H & AC	1156	3.97	5
3	Tash. Gardner	Blackpool Wyre Fylde AC	156	3.94	4
4	Chloe. Unsworth	Preston Harriers	923	3.86	3
5	Mia. Arguello	Preston Harriers	822	3.86	2
6	Marnie. Shirtcliffe	Hyndburn AC	498	3.85	1
7	Katrina. Kelly	Blackpool Wyre Fylde AC	179	3.81	
8	Sophie. Williams	Horwich RMI H & AC	467	3.77	7
9	Isabel. Perez	Guest	1564	3.71	
10	Hannah. Young	Wigan H & AC	1324	3.55	
11	Eden. Ashton	Preston Harriers	940	3.44	nc
12	Megan. Gray	Blackpool Wyre Fylde AC	1215	3.36	nc
13	Lydia. Williams	Preston Harriers	950	3.28	nc
14	Lucy. Keating	Horwich RMI H & AC	419	3.26	5
15	Chloe. Law	Rossendale Harriers	1024	2.8	4

Under 13 Girls High Jump

1	Kate. Lawler	Blackpool Wyre Fylde AC	183	1.33	7
2	Sophie. Reaper	Bolton Utd Harriers	275	1.3	5
3	Marnie. Shirtcliffe	Hyndburn AC	498	1.2	4
4	Eden. Ashton	Preston Harriers	940	1	3

Under 13 Girls Shot Putt

1	Emily. Laing	Guest	1555	9.07	
2	Mia. Arguello	Preston Harriers	822	8.08	7
3	Demi-Lee. Scott	Bolton Utd Harriers	277	7.24	5
4	Natassia. Dacre	Horwich RMI H & AC	416	6.4	7
5	Lizzie. Oliver	Bolton Utd Harriers	309	6.35	4
6	Hannah. Williams	Hyndburn AC	1244	6.14	3
7	Niakatta. Taylor	Kendal AC	582	5.72	2
8	Chloe. Unsworth	Preston Harriers	923	5.63	1
9	Kate. Bridge	Horwich RMI H & AC	439	5.38	5
10	Sharice. Blaikie	Kendal AC	536	4.87	
11	Lucy. Hunter	Southport Waterloo AC	1094	3.73	4

Under 13 Girls Discus Throw

1	Natassia. Dacre	Horwich RMI H & AC	416	15.03	7
2	Katrina. Kelly	Blackpool Wyre Fylde AC	179	12.72	7

Under 13 Girls Javelin Throw

1	Marnie. Shirtcliffe	Hyndburn AC	498	23.72	7
2	Hannah. Williams	Hyndburn AC	1244	21.13	5
3	Natassia. Dacre	Horwich RMI H & AC	416	18.82	7
4	Jordan. Dixon	Blackpool Wyre Fylde AC	145	16.69	4
5	Sophie. Williams	Horwich RMI H & AC	467	16.63	5
6	Chloe. Law	Rossendale Harriers	1024	12.55	4