

Northern Athletics League Div 2 Promotion
Princess Mary Cleckheaton, Sun 16 August 2009

M 100m A

1 Ben Stephenson	U17 MID	11.1
2 Ben Shields	U17 RTM	11.4
3 Bruce Pilkington	U20 BUH	11.4
4 Luke Edwards	SHF	11.4
5 Richardo Francis	WKF	11.5
6 Alex Bale	BWF	11.6
7 Robbie Dagnall	U17 WCH	11.8
8 Harry Ainsworth	U17 HFH	12.1

M 100m B

1 Harry Harris	U20 MID	11.3
2 James Mitchell	U20 WKF	11.4
3 David Scholey	RTM	11.6
4 Nick Costello	U20 BWF	11.6
5 Tom Walley	WCH	11.7
6 Andy Grech	U20 BUH	11.9
7 Jerome McIntosh	SHF	11.9
8 Matthew Pierson	HFH	14.2

M 200m A

1 Ben Stephenson	U17 MID	22.5
2 Junior George	U20 HFH	22.9
3 James Mitchell	U20 WKF	23.1
4 Rhian Hastey	RTM	23.2
5 Bruce Pilkington	U20 BUH	23.3
6 Alex Bale	BWF	23.4
7 Robbie Dagnall	U17 WCH	23.9
8 Luke Edwards	SHF	DISQ

M 200m B

1 Luke South	SHF	22.5
2 Christian Carrson	U20 MID	22.6
3 Richardo Francis	WKF	22.9
4 Nick Costello	U20 BWF	23.4
5 Gareth Moreton	U20 RTM	23.6
6 Andrew Whitton	WCH	23.7
7 Stephen Hemmingway	BUH	24.1
8 Harry Ainsworth	U17 HFH	24.7

M 400m A

1 Junior George	U20 HFH	49.3
2 Sean Bandley	SHF	49.8
3 Brent Starkie	BWF	50.5
4 Richard Smith	MID	50.5
5 Sam Thorpe	U20 RTM	51.0
6 Alistair Robinson	WKF	51.7
7 Bruce Pilkington	U20 BUH	52.8
8 Tom Walley	WCH	53.4

M 400m B

1 David Scholey	RTM	49.7
2 Ted Romney	BWF	50.6
3 Jake Harman	HFH	51.5
4 Thomas Atkinson	U20 WKF	51.9
5 Ryan Crawley	SHF	52.7
6 Christian Eckersley	BUH	54.7
7 David Donkin	U17 WCH	56.6
8 Phil Hay	MID	60.0

M 800m A

1 Rhian Hastey	RTM	1.55.2
2 Thomas Atkinson	U20 WKF	1.55.8
3 Martin Reid	SHF	1.56.3
4 Luke Minns	BWF	1.56.8
5 Jake Harman	HFH	2.00.1
6 Frazer Jardine	U20 BUH	2.00.8
7 Joe Cox	U20 MID	2.14.5
8 Louis Humphreys	U20 WCH	2.24.4

M 800m B

1 Mark Ward	RTM	2.02.8
2 Sam Gough	U20 BUH	2.03.5
3 Andy Evans	SHF	2.03.8
4 Matthew Pierson	HFH	2.04.4
5 Gareth Hepworth	WKF	2.04.7
6 Marcus Quarmby	U17 BWF	2.06.4
7 Elliot Hills	U20 MID	2.42.6

M 1500m A

1 Jack Hallas	U20 WKF	4.00.2
2 Antony Ford	BWF	4.01.4
3 Matthew Pierson	HFH	4.07.1
4 Mukthan Mohamed	SHF	4.09.4
5 Frazer Jardine	U20 BUH	4.11.7
6 Phillip Hoole	RTM	4.12.8
7 Joe Cox	U20 MID	4.58.7
8 Andrew Clague	WCH	4.59.3

M 1500m B

1 Luke Minns	BWF	4.06.8
2 Sam Bucknall	U20 WKF	4.09.0
3 Max Kaye	U20 HFH	4.16.6
4 Kyle Craib	U20 RTM	4.18.0
5 Sam Gough	U20 BUH	4.53.5
6 Paul Kitson	U20 MID	5.06.9
7 Louis Humphreys	U20 WCH	5.10.6

M 5000m A

1 Antony Ford	BWF	14.41.3
2 Matthew Pierson	HFH	14.54.2
3 Tony Valentine	BUH	15.19.0
4 Steve Crowe	WCH	15.48.8
5 Adam Mitchell	MID	16.05.3
6 Jonathan Maxfield	RTM	16.22.0
7 Gareth Hepworth	WKF	17.57.6

M 5000m B

1 Stuart Robinson	BWF	15.22.2
2 Andy Parker	BUH	16.18.8
3 Richard Smith	HFH	16.23.0
4 David Smith	U20 RTM	17.35.9
5 Chris Ward	WKF	18.02.4
6 Paul Kitson	U20 MID	18.09.1

M 110mH A

1 Steve Garrett	SHF	15.9
2 Graham Bickerdyke	HFH	16.3
3 Tom Hope	BUH	17.0
4 Dave McKay	WCH	17.6
5 Glen Blenkinsop	MID	19.5
6 Alistair Robinson	WKF	20.3

M 110mH B

1 Ali Magdi	U17 HFH	17.3
2 Scott Whittle	BUH	17.7
3 Tom Grantham	SHF	18.8
4 Tom Booth	U17 WCH	18.9
5 Liam Thompson	U20 RTM	21.3
6 Darren Thomas	WKF	21.5

7 David Coupe	U20 RTM 21.7	7 Elliot Hills	U20 MID 22.8
8 Dominic Garrett	U20 BWF 22.5		
<i>M 400mH A</i>		<i>M 400mH B</i>	
1 Richard Smith	MID 54.7	1 Steve Garrett	SHF 55.8
2 Tom Grantham	SHF 55.6	2 Nick Phelps	U20 MID 56.6
3 Ali Magdi	U20 HFH 58.9	3 Scott Whittle	BUH 60.1
4 Tom Booth	U17 WCH 59.4	4 Mike Lyness	U20 WCH 63.1
5 Tom Hope	BUH 59.4	5 Liam Thompson	U20 RTM 64.3
6 Alistair Robinson	WKF 59.4	6 Matthew Crawshaw	U17 WKF 64.9
7 Sam Howis	U17 RTM 71.1	7 James Dewhurst	U20 HFH 67.6
8 Chris Lloyd	BWF 75.0	8 Declan O'Hara	U20 BWF 71.4
<i>M 3000m SC A</i>		<i>M 3000m SC B</i>	
1 Tony Valentine	BUH 9.42.1	1 Alistair Langron	HFH 10.45.7
2 Richard Smith	HFH 10.17.4	2 Chris Lloyd	BWF 11.30.2
3 Luke Berry	U20 BWF 10.51.2	3 Liam Thompson	U20 RTM 12.22.8
4 David Smith	U20 RTM 10.54.1	4 Tim Brown	BUH 12.59.2
5 Andrew Clague	WCH 10.54.7	5 Callum Whitham	U20 WKF DNF
6 Steve Faulkner	WKF 11.25.0		
7 Richard Smith	MID 12.30.5		
<i>M Discus Throw A</i>		<i>M Discus Throw B</i>	
1 Jamie Williamson	SHF 43.52	1 James Taylor	SHF 42.88
2 Grant Myerscough	BWF 39.39	2 Richard Stoker	WCH 35.16
3 Cheidu Ofodama	WKF 38.64	3 Darren Thomas	WKF 30.70
4 Kane Humphreys	U20 RTM 37.81	4 Richard Harris	BUH 30.37
5 Graham Bickerdyke	HFH 36.98	5 Dave Myerscough	BWF 28.99
6 Carl Van Schie	WCH 35.17	6 Owen Thomas	RTM 23.06
7 John Nicholson	BUH 34.06	7 Glen Blenkinsop	MID 18.18
8 Ben Daley	U17 MID 30.45	8 Alistair Langron	HFH 16.97
<i>M Hammer Throw A</i>		<i>M Hammer Throw B</i>	
1 Matt Lambley	SHF 67.31	1 Richard Gayle	WKF 42.53
2 Anthony Swain	WKF 51.42	2 James Taylor	SHF 34.41
3 Dave McKay	WCH 49.41	3 Richard Stoker	WCH 28.63
4 Owen Thomas	RTM 41.07	4 Ian Cooley	RTM 28.18
5 Ben Daley	U17 MID 40.08	5 Elliot Hills	U20 MID 25.77
6 Bob Wyper	BWF 28.92	6 John Nicholson	BUH 22.25
7 Graham Bickerdyke	HFH 26.01	7 Omar Frederick	U17 BWF 21.05
8 Richard Harris	BUH 25.81	8 John McFadzean	HFH 17.56
<i>M High Jump A</i>		<i>M High Jump B</i>	
1 Brian Hall	BUH 2.08	1 William Mulroy	WKF 1.85
2 Mike Lyness	U20 WCH 1.85	2 Ade Babatunde	MID 1.80
3 Thomas Leyshone	U17 WKF 1.85	3 Colin Bailey	BUH 1.75
4 Ben Daley	U17 MID 1.80	4 Omar Frederick	U17 BWF 1.65
5 Liam Holdsworth	U17 HFH 1.75	5 Liam O'Malley	U20 RTM 1.65
6 Adam Snape	U17 BWF 1.75	6 Alan Littler	U20 WCH 1.60
7 Gareth Moreton	U20 RTM 1.70	7 Steve Garrett	SHF 1.60
8 Tom Grantham	SHF 1.65	8 Graham Bickerdyke	HFH 1.40
<i>M Javelin Throw A</i>		<i>M Javelin Throw B</i>	
1 Dave McKay	WCH 60.93	1 Louis Humphreys	U20 WCH 38.23
2 Graham Bickerdyke	HFH 54.68	2 Darren Thomas	WKF 37.85
3 Gregg Markham	U20 RTM 48.93	3 Kane Humphreys	U20 RTM 35.41
4 Mark Lindsay	U17 WKF 48.23	4 Liam Holdsworth	U17 HFH 35.11
5 Colin Bailey	BUH 42.13	5 Richard Harris	BUH 34.28
6 Glen Blenkinsop	MID 36.68	6 James Taylor	SHF 31.91
7 Charlie Garrett	U20 BWF 34.33	7 Joe Cox	U20 MID 30.37
8 Jamie Williamson	SHF 33.54	8 Dominic Garrett	BWF 15.60
<i>M Long Jump A</i>		<i>M Long Jump B</i>	
1 Andy Grech	U20 BUH 6.76	1 Charlie Dryden	MID 6.38
2 Ade Babatunde	MID 6.59	2 Chris Sinclair	BUH 6.22
3 Andrew Whitton	U20 WCH 6.53	3 John Manning	WCH 5.76
4 Liam O'Malley	U20 RTM 6.30	4 Matt Wright	U20 BWF 5.65
5 Declan O'Hara	U20 BWF 5.76	5 Alistair Robinson	WKF 5.27
6 Steve Garrett	SHF 5.75	6 Chris Price	SHF 5.09

7	Andrei Pobischen	WKF	5.64	7	David Coupe	U20	RTM	4.96	
8	Harry Ainsworth	U17	HFH	4.86	8	Max Kaye	U17	HFH	4.49

M Pole Vault A

1=	Darren Thomas	WKF	0.00
1=	Laurie Needham	BWF	0.00
1=	Paul Hallworth	SHF	0.00
1=	Graham Bickerdyke	HFH	0.00
1=	Glen Blenkinsop	MID	0.00
1=	Andy Jones	BUH	0.00
1=	Andy Gore	WCH	0.00

M Pole Vault B

1=	Matthew Crawshaw	U17	WKF	0.00
1=	Declan O'Hara	U20	BWF	0.00
1=	Chris Price		SHF	0.00
1=	Liam Holdsworth	U17	HFH	0.00
1=	Joe Cox	U20	MID	0.00
1=	Colin Bailey		BUH	0.00
1=	John Manning		WCH	0.00

M Shot Putt A

1	Jamie Williamson	SHF	16.04	
2	Grant Myerscough	BWF	13.03	
3	Dave McKay	WCH	12.50	
4	Graham Bickerdyke	HFH	12.49	
5	Cheidu Ofodama	WKF	11.24	
6	Gregg Markham	U20	RTM	11.00
7	John Nicholson	BUH	10.86	
8	Glen Blenkinsop	U20	MID	8.24

M Shot Putt B

1	James Taylor	SHF	13.12	
2	Carl Van Schie	WCH	11.00	
3	Darren Thomas	WKF	10.35	
4	Richard Harris	BUH	10.05	
5	Nathan Buckingham	U20	RTM	8.73
6	Dave Myerscough	BWF	8.55	
7	Charlie Dryden	U20	MID	7.92
8	Max Kaye	U20	HFH	5.91

M Triple Jump A

1	Ade Babatunde	MID	14.42	
2	Brian Hall	BUH	13.46	
3	Tom Grantham	SHF	12.79	
4	Liam O'Malley	U20	RTM	12.38
5	Andrei Pobischen	WKF	12.02	
6	Adam Snape	U17	BWF	11.96
7	Mike Lyness	U20	WCH	11.83
8	James Dewhurst	HFH	10.31	

M Triple Jump B

1	Charlie Dryden	MID	13.17	
2	Chris Sinclair	BUH	13.02	
3	Steve Garrett	SHF	11.28	
4	William Mulroy	U17	WKF	11.21
5=	Declan O'Hara	U20	BWF	11.20
5=	Robbie Dagnall	U17	WCH	11.20
7	David Coupe	U20	RTM	10.02
8	Thomas Travis Pollard	U17	HFH	8.61

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W 100m A

1	Laura Davies	U20	BWF	12.3
2	Sian Kelamn	U20	WCH	12.8
3	Faye Winspear	MID	12.9	
4	Reagan Wright	WKF	12.9	
5	Rebecca O'Keefe	BUH	12.9	
6	Sophie Brown	SHF	13.2	
7	Lauren Storr	HFH	13.6	
8	Charlotte Vaughan	U20	RTM	13.9

W 100m B

1	Ashleigh Wood	U20	MID	12.8
2	Bryony Potter	U20	WCH	12.8
3	Alicia Johnston	U17	BWF	12.8
4	Katie Eckersley	BUH	13.2	
5	Lois Brown	U17	WKF	13.4
6	Katie Sockett	SHF	13.5	
7	Emma Szostak	U20	HFH	13.6
8	Jenny Cuthbertson		RTM	15.1

W 200m A

1	Laura Davies	U20	BWF	25.8
2	Faye Winspear	MID	26.3	
3	Sian Kelamn	U20	WCH	26.4
4	Rebecca O'Keefe	BUH	26.9	
5	Faye Mitchell	U20	WKF	27.1
6	Charlotte Vaughan	U20	RTM	28.7
7	Lauren Storr	HFH	28.8	
8	Jess Witton	SHF	29.0	

W 200m B

1	Bryony Potter	U20	WCH	26.1
2	Katie Eckersley	BUH	26.5	
3	Katy Wyper	U17	BWF	26.7
4	Ashleigh Wood	U20	MID	26.9
5	Reagan Wright	WKF	27.0	
6	Helen White		RTM	29.0
7	Anna Whitham	U17	HFH	31.4

W 400m A

1	Katie Eckersley	BUH	58.7	
2	Leah Ferrie	U17	WCH	61.8
3	Reagan Wright	WKF	62.8	
4	Natasha Hatswell	U17	RTM	63.3
5	Sophie Maxwell	SHF	64.5	
6	Samantha Smith	U17	BWF	67.3
7	Catherine Meynell	U17	MID	68.6
8	Cara Penfold	HFH	70.6	

W 400m B

1	Alicia Johnston	U17	BWF	63.8
2	Jess Fawcett		RTM	64.6
3	Rachel Pounds	BUH	64.7	
4	Jess Witton	SHF	66.4	
5	Lauren Storr	HFH	68.1	
6	Becky Lancaster	U17	WKF	70.6
7	Niamh Reilly		WCH	73.8

W 800m A

1	Helen Singleton	WKF	2.14.6	
2	Bianca Pedersen	U17	BWF	2.20.2
3	Natasha Hatswell	U17	RTM	2.23.6
4	Claire Leaver	HFH	2.28.8	

W 800m B

1	Jess Fawcett		RTM	2.21.7
2	Laura Deegan		BWF	2.26.8
3	Shirley Griffiths	WKF	2.33.2	
4	Cara Penfold	HFH	2.41.2	

5	Katie Smith	BUH	2.34.9	5	Rachel Pounds	BUH	2.50.9
6	Niamh Reilly	WCH	2.56.1	6	Emily Fisher	U20 WCH	3.27.2
<i>W 1500m A</i>				<i>W 1500m B</i>			
1	Helen Singleton	WKF	4.49.2	1	Gemma Unsworth	BWF	5.06.8
2	Stephanie Burns	U17 RTM	4.55.3	2	Jackie France	HFH	5.22.1
3	Claire Leaver	HFH	4.58.1	3	Shirley Griffiths	WKF	5.23.6
4	Bianca Pedersen	U17 BWF	4.59.3	4	Katie Smith	BUH	6.12.2
5	Lindsay Jones	BUH	5.40.3	5	Jenny Cuthbertson	RTM	7.18.5
6	Catherine Meynell	U17 MID	6.14.2				
<i>W 3000m A</i>				<i>W 3000m B</i>			
1	Natalie Grant	U20 RTM	10.05.2	1	Robyn Lanceley	U20 RTM	10.52.3
2	Gemma Unsworth	BWF	10.28.3	2	Carolyn Robbins	BWF	11.05.7
3	Katie Walshaw	HFH	10.30.4	3	Jackie France	HFH	11.49.4
4	Katie Smith	BUH	12.07.3	4	Lindsay Jones	BUH	12.36.9
5	Alex Potter	WKF	12.16.4	5	Emily Dent	U20 WKF	15.05.6
<i>W 100mH A</i>				<i>W 100mH B</i>			
1	Ashleigh Wood	U20 MID	14.7	1	Rachel Fairless	MID	18.6
2	Lauren Storr	HFH	16.3	2	Emma Szostak	U20 HFH	18.8
3	Katie Sockett	SHF	17.1	3	Lexi Cochrane	U17 BUH	19.5
4	Gemma Hale	U17 WCH	17.5	4	Ruth Pritchard	U20 WCH	19.7
5	Olivia McGreavy	U20 BUH	18.0				
6	Sarah Goff	BWF	19.9				
<i>W 400mH A</i>				<i>W 400mH B</i>			
1	Katie Sockett	SHF	65.2	1	Ruth Laybourn	WKF	68.0
2	Samantha Brook	U17 WKF	65.3	2	Lauren Storr	HFH	72.0
3	Olivia McGreavy	U20 BUH	67.6	3	Megan French	BUH	72.7
4	Emma Szostak	U20 HFH	72.3	4	Ruth Pritchard	U20 WCH	76.3
5	Gemma Hale	U17 WCH	75.1	5	Katie Holder	U20 BWF	82.5
6	Carolyn Robbins	BWF	83.0				
<i>W 1500m SC A</i>				<i>W 1500m SC B</i>			
No competitors				No competitors			
<i>W Discus Throw A</i>				<i>W Discus Throw B</i>			
1	Lizzie Maher	RTM	36.39	1	Amy Claxton	WKF	26.84
2	Nicola Gore	WCH	34.00	2	Caroline Gore	WCH	19.34
3	Jenny Ibbitson	HFH	31.96	3	Olivia McGreavy	U20 BUH	18.60
4	Fiona Thomas	WKF	26.86	4	Isobel Cairns	U20 BWF	16.93
5	Sarah Parsons	U17 MID	25.67	5	Heather Johnson	U17 MID	11.43
6	Katie Wood	U17 BWF	25.13	6	Cara Penfold	HFH	10.19
7	Becky Makin	U20 BUH	18.60				
<i>W Hammer Throw A</i>				<i>W Hammer Throw B</i>			
1	Helen White	RTM	42.52	1	Heather Johnson	U17 MID	33.90
2	Sarah Drake	WKF	39.63	2	Michelle Longsdale	WKF	29.47
3	Jenny Ibbitson	HFH	37.68	3	Lizzie Maher	RTM	21.65
4	Catherine Meynell	U17 MID	34.56	4	Caroline Gore	WCH	17.70
5	Becky Makin	U20 BUH	32.59	5	Katie Wood	U17 BWF	17.59
6	Nicola Gore	WCH	26.00	6	Cara Penfold	HFH	4.49
7	Isobel Cairns	U20 BWF	22.98				
8	Jess Witton	SHF	13.25				
<i>W High Jump A</i>				<i>W High Jump B</i>			
1	Hannah Dixon	U20 BWF	1.65	1	Natasha Butler	U17 BWF	1.55
2	Victoria Anderson	U17 WCH	1.60	2	Ruth Pritchard	U20 WCH	1.40
3	Lauren Tyrell	U20 HFH	1.60	3	Megan French	BUH	1.35
4	Leah Kennedy	U17 MID	1.50	4	Rachel Fairless	MID	1.30
5	Samantha Brook	U17 WKF	1.45	5	Jenny Ibbitson	HFH	1.25
6	Sian Pledger	U20 BUH	1.40	6	Lynsie Whyke	WKF	1.25
7	Kim Bateman	RTM	1.30	7	Lizzie Maher	RTM	1.15
<i>W Javelin Throw A</i>				<i>W Javelin Throw B</i>			
1	Niamh Reilly	WCH	39.18	1	Emily Fisher	U20 WCH	30.32
2	Michelle Longsdale	WKF	34.89	2	Samantha Brook	U17 WKF	25.89
3	Carrie MacRae	BWF	34.76	3	Jo Deacon	RTM	20.07

4	Becky Makin	U20	BUH	27.08	4	Iise Hemming	BUH	19.38
5	Jenny Ibbitson		HFH	25.22	5	Nia Rutter	BWF	18.89
6	Sarah Wilding	U17	RTM	25.14	6	Sarah Parsons	U17	MID 15.60
7	Rachel Fairless		MID	20.25				

W Long Jump A

1	Alessandra Price	U20	BUH	5.61
2	Sian Kelamn		WCH	5.60
3	Ashleigh Wood	U20	MID	5.36
4	Nia Rutter		BWF	5.28
5	Sophie Brown		SHF	5.02
6	Kirby Akindeinde	U20	WKF	4.96
7	Charlotte Vaughan	U20	RTM	4.36
8	Emma Szostak	U20	HFH	4.30

W Long Jump B

1	Emily Clarke	U17	WCH	5.21
2	Katy Wyper	U17	BWF	4.91
3	Chloe Gill	U20	MID	4.72
4	Faye Mitchell	U20	WKF	4.57
5	Hannah Scholes	U20	BUH	4.39
6	Anna Whitham	U17	HFH	4.02
7	Kim Bateman		RTM	3.79

W Pole Vault A

1	Rachel Fairless		MID	3.00
2	Jenny Cuthbertson		RTM	2.80
3	Jenny Ibbitson		HFH	2.80
4	Vikki Mills		WKF	2.40
5	Tanya Wright	U17	BWF	2.20

W Pole Vault B

1	Heather Johnson	U17	MID	2.00
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W Shot Putt A

1	Fiona Thomas		WKF	10.27
2	Nicola Gore		WCH	9.87
3	Sarah Wilding	U17	RTM	9.84
4	Isobel Cairns	U20	BWF	8.94
5	Jenny Ibbitson		HFH	8.54
6	Leah Kennedy		MID	7.91
7	Becky Makin	U20	BUH	7.48
8	Jess Witton		SHF	6.66

W Shot Putt B

1	Amy Claxton		WKF	9.92
2	Lizzie Maher		RTM	9.74
3	Caroline Gore		WCH	8.03
4	Sarah Parsons	U17	MID	7.89
5	Katie Holder	U20	BWF	7.56
6	Iise Hemming		BUH	6.88
7	Sophie Maxwell		SHF	6.44
8	Cara Penfold		HFH	4.04

W Triple Jump A

1	Nia Rutter		BWF	11.87
2	Sophie Brown		SHF	11.62
3	Alessandra Price	U20	BUH	10.56
4	Lynsie Whyke		WKF	10.49
5	Emily Clarke	U17	WCH	10.38
6	Rachel Fairless		MID	10.15
7	Emma Szostak	U20	HFH	9.32
8	Charlotte Vaughan	U20	RTM	9.14

W Triple Jump B

1	Chloe Gill	U20	MID	10.10
2	Kirby Akindeinde	U20	WKF	10.08
3	Victoria Anderson	U17	WCH	9.91
4	Hannah Scholes	U20	BUH	9.76
5	Rachel Kellett	U17	BWF	9.11
6	Kim Bateman		RTM	8.88
7	Anna Whitham	U17	HFH	8.82

W 4x100m Relay

1	WCH 51.6	1	Sian Kelamn	U20	2	Bryony Potter	U20
		3	Leah Ferrie	U17	4	Emily Done	U20
2	BUH 51.7	1	Sian Pledger	U20	2	Rebecca O'Keefe	
		3	Hannah Scholes	U20	4	Katie Eckersley	
3	WKF 52.3	1	Lois Brown	U17	2	Faye Mitchell	U20
		3	Dionne Jones		4	Reagan Wright	
4	MID 53.1	1	Ashleigh Wood	U20	2	Rachel Fairless	
		3	Leah Kennedy		4	Faye Winspear	
5	BWF 53.6	1	Rachel Kellett	U17	2	Katy Wyper	U17
		3	Bianca Pedersen	U17	4	Nia Rutter	
6	RTM 55.4	1	Helen White		2	Sarah Wilding	U17
		3	Jenny Cuthbertson		4	Charlotte Vaughan	U20
7	HFH 60.8	1	Lauren Storr		2	Anna Whitham	U17
		3	Lauren Tyrell	U20	4	Katie Walshaw	

W 4x400m Relay

1	WKF 4.10.7	1	Lois Brown	U17	2	Faye Mitchell	U20
		3	Kelly Johnson		4	Reagan Wright	
2	WCH 4.13.3	1	Emily Done	U20	2	Leah Ferrie	U17
		3	Bryony Potter	U20	4	Ruth Pritchard	U20
3	BUH 4.13.4	1	Rachel Pounds		2	Olivia McGreavy	U20
		3	Michelle Derung	U20	4	Katie Eckersley	
4	BWF 4.15.7	1	Laura Deegan		2	Gemma Unsworth	
		3	Samantha Smith	U17	4	Alicia Johnston	U17
5	RTM 4.19.7	1	Jess Fawcett		2	Robyn Lanceley	U20
		3	Natasha Hatswell	U17	4	Stephanie Burns	U17

6	HFH	4.36.7	1	Lauren Storr		2	Lauren Tyrell	U20
			3	Claire Leaver		4	Cara Penfold	
7	MID	4.45.1	1	Heather Johnson	U17	2	Faye Winspear	
			3	Catherine Meynell	U17	4	Sarah Parsons	U17

M 4x100m Relay

1	RTM	44.1	1	Ben Shields	U17	2	Gregg Markham	U20
			3			4		
2	WKF	44.2	1	James Mitchell	U20	2	Callum Whitham	U20
			3	Andrei Pobischen		4	Richardo Francis	
3	MID	44.3	1	Phil Hay		2	Ben Stephenson	U17
			3	Christian Carrson	U20	4	Harry Harris	U17
4	SHF	44.4	1	Luke Edwards		2	Luke South	
			3	Sean Brindley		4	Jerome McIntosh	
5	BUH	44.7	1	Stephen Hemming		2	Bruce Pilkington	U20
			3	Andy Grech	U20	4	Chris Sinclair	
6	WCH	46.9	1	Tom Booth	U17	2	Tom Walley	
			3	Andrew Whitton	U20	4	John Manning	
7	BWF	48.7	1	Matt Wright	U20	2	Declan O'Hara	U20
			3	John Rutter		4	Omar Frederick	U17
8	HFH	52.7	1	Junior George	U20	2	Ali Magdi	U20
			3	Harry Ainsworth	U17	4	Liam Holdsworth	U17

M 4x400m Relay

1	SHF	3.20.4	1	Luke Edwards		2	Luke South	
			3	Sean Bandle		4	Mukthan Mohamed	
2	RTM	3.20.6	1	Gregg Markham	U20	2		
			3			4		
3	WKF	3.25.2	1	Sam Bucknall	U20	2	Alistair Robinson	
			3	Jack Hallas	U20	4	Thomas Atkinson	U20
4	BWF	3.25.6	1			2		
			3			4		
5	HFH	3.27.8	1	Junior George	U20	2	Ali Magdi	U20
			3	Jake Rowlands		4	Jake Harman	
6	BUH	3.37.0	1	Bruce Pilkington	U20	2	Sam Gough	U20
			3	Christian Eckersley		4	Frazer Jardine	U20
7	WCH	3.42.4	1	Tom Walley		2	Tom Booth	U17
			3	Robbie Dagnall	U17	4	David Donkin	U17
8	MID	3.48.1	1	Joe Cox	U20	2	Harry Harris	U17
			3	Ben Daley	U17	4	Richard Smith	

Points

1	Wakefield D. H. & AC	471.29
2	Blackpool Wyre & Fylde AC	443.79
3	Bolton United Harriers	436.29
4	West Cheshire AC	412.79
5	Middlesboro (Mandale)	404.29
6	Rotherham H. & AC	399
7	Holmfirth Harriers AC	383.29
8	City of Sheffield AC	292.29

General Comment: Mens PV Cancelled after Women's match
No competitors W 1500m SC A&B,

Note(s)

BWF Includes + 30pts,
BUH Includes + 30pts,
SHF Includes + 20pts,
HFH Includes + 30pts,
RTM Includes + 30pts,
WKF Includes + 30pts,
WCH Includes + 30pts,
MID Includes + 30pts,