

POSITION	NAME	CLUB	TIME	VET ETC
1st	Mark Addison	Helme Hill	36.16	
1st	Mike Whyatt	Bowland	37.05	v40
3rd	Mark Chippendale	Bowland	38.36	v40
4th	Mike Egner	Dark Peak	40.19	v50
5th	Jos Addison	Helme Hill	40.41	
6th	Jack Modley	Lonsdale	41.34	
7th	John Bagge	Helme Hill	42.16	v40
8th	Mike Walsh	Kendal	42.23	v60
9th	Shaun Addison	Helme Hill	42.35	v40
10th	David Wilson	Bowland	42.55	v40
11th	Gary Johnstone	Blackpool W & P	43.06	v50
12th	Graeme Atkinson	Kendal	43.11	
13th	Mike McKenna	Dallam	43.16	v50
14th	Jules Coleman	Lonsdale	43.43	v40
15th	Stuart Williams	Blackpool W & P	43.58	v40
16th	Andrew Crowther	Lonsdale	44.14	
17th	Rosie Stuart	Keswick	45.2	First Lady
18th	Michael Kay	Horwich	45.22	
19th	Gary Bateson	Lonsdale	45.39	v40
20th	Brian Kennedy	Settle	45.46	v40
21st	Rob Holden	Team Ironmate	46.15	
22nd	Stuart Hurst	Dallam	46.16	v40
23rd	Peter Hall	Barrow	46.26	v60
24th	Mark Walker	Kendal	46.28	v40
25th	Helen Heap	Dallam	46.47	2nd Lady V40
26th	Andrew Smillie	Lonsdale	46.59	v40
27th	Lee Mather		47.06	
28th	Chris Norris	Settle	47.09	v50
29th	John Matthews	Ambleside	47.17	v40
30th	Dawn Atkins	Chorley	47.47	Lady
31st	Andrew Howarth	Clayton le Woods	48.1	v50
32nd	Michael Percy	Dallam	48.22	v40
33rd	Simon Wilson	Lonsdale	48.25	v50
34th	Gary Wilson	Settle Harriers	48.32	
35th	Ben Merckel	Lonsdale	48.36	
36th	Dave Thomas	BCR	48.43	v40
37th	Jeffrey Wright	Blackpool W & P	48.44	v50
38th	Tim Jackson	Settle Harriers	48.57	
39th	Ian Mitchell	Helme Hill	49.02	v40
40th	Graham Schofield	Chorley	49.29	v50
41st	John Rudd	Wesham	49.42	v40
42nd	David Whibley		49.44	v50
43rd	Neil Taylor	Skem Harriers	50.05	v40
44th	Wendy Dodds	Clayton	50.17	Lady V50
45th	Paul Sewell	Dallam	50.18	v60
46th	Sharon MacDonald	Lonsdale	51.47	Lady v40
47th	David Dyson	Blackpool W & P	52.1	v50
48th	Stuart Allan	Dallam	52.52	v40
49th	John Sharples	Wesham	52.59	v50
50th	Dianne Priestley	Kendal	53.08	Lady v50
51st	Trevor Dibben	Horwich	53.3	v50
52nd	Tracy Benson	Lonsdale	53.5	Lady
53rd	Martin Gardiner	Dallam	53.54	
54th	Louise Goddard	L & M	54.38	Lady v40

55th	Adrian Leigh	Settle	54.39	v50
56th	Robert Massey	Blackpool W & P	54.42	v60
57th	David Bulman	Lineout	55.08	v40
58th	Julie Pearcy	Dallam	55.29	Lady v40
59th	Sam Barron	Lonsdale	55.57	
60th	Mike Woodbridge	Dallam	55.59	v40
61st	Ian Conway	Helme Hill	56.25	v50
62nd	Ruth Maxwell	Settle	56.43	Lady v40
63rd	Peter Costello	Clayton	57.03	v50
64th	Penny Attwood	Dallam	57.19	Lady v40
65th	Tim Smith	Dallam	57.23	v50
66th	Helen Wilson	Garstang	58.08	Lady v40
67th	Bernadette Richardson	W K Runners	58.08	Lady v40
68th	Janet O'Doherty	Blackpool W & P	58.48	Lady v50
69th	Linda O'Neil	Perth	59.07	Lady v40
70th	Denis Wood	Borrowdale	59.53	v60
71st	Steve Aynsley	Lineout	60.54	
72nd	Julie Cruse	Wesham	60.59	Lady v40
73rd	Sandra Mather		62.23	Lady v40
74th	George Arnold	Preston	63.27	v70
75th	Ben Higginson	Preston	64.47	v50
76th	Maria Ellse Watson	Dallam	65.08	Lady v40
77th				