

Guide to Track & Field Fixtures 2009

www.bwfac.co.uk

This is a guide to Parents/Guardians of athletes new to athletics this year and for those athletes who are considering entering major championships.

The Mid Lancs (MLL) meetings are free to enter for U13 up to seniors as long as you have paid your membership and wear a club vest. There are no selection criteria but we are limited to how many athletes per age group and gender. We can enter up to 8 athletes per track event, 3 per high jump, and 5 per long jump and all other field events. When there are more athletes than places preference will be shown to athletes who are current members and have produced their membership card when collecting their vest numbers – see [Membership](#). In all events the best two performances are recognised to score points for their club. Points are allocated 7-5-4-3-2-1. Athletes can enter up to 3 events plus a relay. You will be allocated a personal vest number on your first attendance which you must look after and use for the rest of the season in this league. Please refer to www.midlancs.org.uk for complete set of rules, order of events and results.

The Young Athletes League (YAL), for U13/U15/U17, is also free of charge (as long as Membership Fees are up-to-date - [Membership](#)) but we can only select two athletes per event, even though an athlete may still be chosen to compete in 3 events plus a relay. Our club is in the North of England Premier league which is a very high standard and reflects on the quality of athletes within the club. You will be notified of selection by an Age Group Manager whose name is on our club website - <http://www.bwfac.co.uk/committee.html>. Please refer to www.natyal.co.uk for further information, timetable and results.

The club will endeavour to arrange coach hire for some of the above fixtures at a cost which will be around £6 per athlete. Please take note of a new notice board which will appear between the sports centre reception and indoor track for departure times and other information through out the season.

The selection criteria for the YAL and MLL are also on our website - [Selection Guidelines](#).

The Multi Events competition in late April is for athletes of mixed ability. 3 events per U13, 5 events per U15 and 7 events per U17. They start off at County level then progress to N.W. Regional and eventually lead to a National Competition. Please refer to entry form details. Both the club and schools entry form should be entered at U15 & U17 level.

[County](#)

[Schools](#)

[Miniathlon](#)

Lancashire Club Champs in May for all athletes U13 up to seniors. Entry form required by 19th April. **No late entries will be accepted.** [Entry form](#)

Lancashire School Champs for athletes year 8 and above selected by their borough i.e. Wyre, Blackpool North or South etc.but have to be nominated by their coach/teachers. Usually 1st & 2nd placed athletes progress to the English School Championships if they achieve a qualifying standard.

North of England champs for athletes selected by their coach capable of competing at this standard. U15 and U17 only. Entry form required by set date.

English Schools Championships for athletes having achieved selection primarily at the Lancs Schools Champs, but consideration may be taken into account from other major championships. You will represent your county and spend the weekend away with the team in selected accommodation under a team management.

England Open Champs for athletes U15 and U17 having achieved a high performance entry level similar to the English Schools standard.

Our Medal meetings in September are designed to be end of season fun meetings to help raise funds for the club. There will be other Club medal meetings throughout the year. Keep checking our website for details.

For any entry forms, links and results of the above please refer to our website and look under fixture /track & field - [Fixtures](#)