

**BLACKPOOL WYRE & FYLDE AC
MERITORIOUS TROPHIES 2009 AWARDS**

No	Trophy	Reason for Award	Winner
1	QUAYLE TROPHY	Most outstanding athlete Male or Female any age	Zoë Dixon MBE
2	LARGE LANGEN HESSON TROPHY	Runner-up to the Quayle Trophy- Male	Carl Myerscough
3	SMALL LANGEN TROPHY	Runner-up to the Quayle Trophy- Female	Lisa Daley
4	CARTMELL DRAGON TROPHY	Most outstanding Veteran Male or Female	Caroline Betmead
5	COCKER TROPHY	Club Spirit and Turning Out Regardless (No Age Barrier)	Katrina Kelly
6	VAUX TANKARD	Most successful Male U/18 (Track or Cross Country)	James Davies
7	LANGEN HESSON PLAQUE	Most improved Female 15-17 Age-group	Loryn McCrudden
8	CHAIRMANS TROPHY	Most improved Male 15-17 Age-group	Jack Scarr
9	SOUTHERN TROPHY	Most improved Female 13-15 Age-group	Kassidy Knight
10	ROWLAND JONES TROPHY	Most improved Male 13-15 Age-group	Alex Nash
11	KENNEL TROPHY	Most improved Female 11-13 Age-group	Tash Gardner
12	RYAN TROPHY	Most improved Male 11-13 Age-group	David Jones
13	BROOKS BARREL	Encouragement Award 10-12 Age-group	Dominic Lavelle/Kelly Smith
14	PENDLETON TROPHY	Best Female Middle Distance (No Age Bar)	Gemma Unsworth
15	B Ae TROPHY	Best Male Middle Distance (No Age Bar)	Luke Minns
16	SANDRA HELME TROPHY	Best Throws Female 13-15 Age Group	Chloe Needham
17	B Ae TROPHY	Encouragement Award Throws Male U/17	Omar Frederick
18	BERNARD BERRY MEMORIAL	Best Female U/17 Track	Lucy Mansfield
19	GERARD WILLIAMS TROPHY	Awarded for Perseverance and Consistency in Sprinting Age Groups U/17 & Senior	Laura Davies
20	BOB HOPE TROPHY	Best Throws Male or Female (No Age Bar)	Carl Myerscough
21	JACK PRITCHARD TROPHY	Best Male U/17 Track	James Davies
22	CLUB ROAD RUNNER TROPHY	Outstanding Road Performance Male or Female (No Age Bar)	Stuart Robinson
23	CENTENARY TROPHY	Best Jumps Award Male or Female (No Age Bar)	James Davies
24	PRESIDENTS TROPHY	Best Multi-Events Performance Male or Female (No Age Bar)	Beth Towers
25	FELL RUNNING TROPHY	Most outstanding Fell Runner Male (No Age Bar) Fell Champion	Stuart Williams
26	FELL RUNNING TROPHY	Most outstanding Fell Runner Female (No Age Bar) Fell Champion	Janet O'Doherty
27	RON HELMN TROPHY	For the best 800m runner aged 14 years (Boy or Girl)	Alex Kiziltas
28	ALF TYSOE TEAM TROPHY	Outstanding Team Performance	YAL Teams
29	PETER SMITH MERITORIOUS AWARD	Outstanding Service to the club – Female	Rita Hope
30	TONY CROFT MERITORIOUS AWARD	Outstanding Service to the club – Male	Charlie Garrett
31	ROAD CHAMPIONSHIP SALVER MEN	Road Champion	Bev Wright
32	ROAD CHAMPIONSHIP SALVER WOMEN	Road Champion	John Wright
33	TRAIL RUNNING TROPHY	Most outstanding Trail Runner Male (No Age Bar) Trail Champion	Dave Robson
34	TRAIL RUNNING TROPHY	Most outstanding Trail Runner Female (No Age Bar) Trail Champion	Tanya Ashworth