

LANCASHIRE ATHLETIC ASSOCIATION

ATHLETICS IN AND AROUND LANCASHIRE

AFFILIATED TO THE NORTH OF ENGLAND ATHLETIC ASSOCIATION



Chairman: Tony Wood

Secretary: Nick Hume

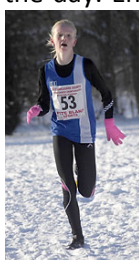
Treasurer: Roy Peters

To All Lancashire Athletic Clubs and their Athletes

The Lancashire AA Committee wish all of you a Happy Christmas and a peaceful New Year

Cross Country Championships 2011

The Annual Cross Country Championships will be held at Witton Park on Saturday 8th January 2011, with a full programme of races throughout the day. Enter before 18th December for a reduced rate but entries will be accepted on the day. Entry forms can be found on the Lancs AA website at <http://www.lancsaa.co.uk>



These Championships are open to everyone with a Lancashire qualification

athletes of all abilities so please encourage to support these races.

Selection for the Lancashire Team in the discretionary places and 1st 6 in the Junior

Inter Counties will be 1st 6 Seniors with 3 Races plus 2 discretionary places.

Lancashire Team Manager: Cross Country & Fell

The new Cross Country Team Manager is Richard Taylor and we wish him every success. Richard has also agreed to be the Fell Team Manager as well.



Fell Championship 2011

The Lancashire Fell Championship will be held Pendle Fell race on 2nd April 2011 and will Championship. Teams for the Inter Counties race.

in conjunction with the include a Senior will be selected after this

10 Mile Road Championship

The Lancashire 10m Championships will be held in conjunction with the Ultrafit St Annes 10 organised by Dave Waywell on Sunday 20th March. There is no additional entry fee for the Lancashire event so please tick the appropriate box on the entry form which can be found at <http://www.ukresults.net/2011cal.html#mar>

Track & Field Championships 2011

The 2011 Track & Field Championships will be held on the weekend of 14th & 15th May at Stanley Park Blackpool.

There is a vacancy for the Lancashire Track & Field Team Manager(s) so if anyone is interested in this role please contact either Tony Wood (Chairman) or Nick Hume (Secretary).

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Congratulations

At the England Athletics North West Presentation Lancashire and BWF AC stalwart, Margaret honoured for Services to Officiating. Margaret is Lancashire Track and Field Championships and has Committee for many years.



night in October, Crompton, was also the organiser of the served on the

Commonwealth Games Delhi 2010

Congratulations to Max Eaves who won a Bronze Medal in the Pole Vault in his first major Championships and to Carl Myerscough upon winning a bronze Medal in the Discus and finishing 4th in the Shot Put. Finally Helen Clitheroe was 8th in the 1500m and 4th in the Steeplechase. Over the years Helen has represented England and Great Britain in many major Championships and only the other week was selected to represent GB in the European Cross Country Championships.



Helen

Carl

Max (on right)

Lancashire Athletic Coaching Days

The Winter Programme is now under way and details of all the sessions can be found on the Lancashire AA website or via Bob Welfare (Preston Harriers) for T&F or Stan Taylor (Blackpool, Wyre & Fylde AC) for Endurance. Anyone over the age of 11 is welcome to attend for a minimal fee.

If you have any questions regarding Lancashire AA and its role within the County please contact Nick Hume

Regards

Nick Hume
LAA Secretary
Tel 01253 868656

E-mail: Nick.hume@tiscali.co.uk