

BWFAC Road Running Standards Scheme

BWFAC aims to improve the general standard of road running within the club by offering awards to individuals who achieve certain standards at a set of recognised distances – see <http://www.bwfac.co.uk/standards.html>.

Club members can apply for road running standard awards at any time, providing the appropriate evidence is made available. Standards achieved should be notified to [Karen Dunford](#) (01253 852268). The awards will normally be presented at the annual presentation evening.

Club members will have the opportunity to accumulate a complete set of standards during the time they are within that age group, e.g. five years for Masters. Once a new age group is reached, a runner can aim for a complete set of new Standards. Once a member has achieved the same standard at any 5 out of the 6 distances, a CLUB STANDARDS award will be made.

As an extra incentive for the “elite” runner, should he or she achieve the DIAMOND standard at 5 of the distances whilst in the same age category, a special award will be made.

GUIDELINES

Only times run as a member of BWFAC will count for the scheme.

Only those events measured to Permit Standards will be accepted.

Official results must be available.

Age groups determined by age on the day.

The Committee’s Ruling will be final in case of disputes.

July 2009