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1st

Blackpool Wyre and Fylde A.C present the Spring 5K Road Race

Under UKA rules – license applied for.

Sunday 14th March 2010 at 11.00 a.m.

Venue: Stanley Park Arena Blackpool FY3 9HQ
Prizes: Minimum total value £260 - 1st 3 men/women. 1st Men's/Women's team (3 to count).
Male masters 1st V40, V45, V50, V55, V60, V65, V70
Female masters 1st V35, V40, V45, V50, V55, V60, V65, V70
Memento to every finisher

Entry Fees: £5.00/£7.00 (unattached) + £1.00 extra for entry on the day
Closing date for postal entries – Monday 8th March 2010

Entries to: Karen Dunford 7 Fieldfare Close Thornton Cleveleys Lancs FY5 2BZ
Tel 01253 852268 email: dunfordj@hotmail.co.uk
Note: Entries must include SAE. Online entry available - ukresults.net.
Entrants must be at least 13 years old on race day.



Entry form for Spring 5k Sunday 14th March 2010

NAME:..... MALE/FEMALE

ADDRESS:.....
.....
.....

DoB:...../...../..... Age:..... Category:.....

Club:..... EA Reg. No. (if known)

I am an amateur as defined by UKA laws. I agree that the organisers will not be liable for any accident, injury, loss or damage to myself or my property arising from my participation in this event.

Signature:..... Date:

I enclose a cheque/PO (Payable to Blackpool Wyre & Fylde AC) for

Don't forget our Winter Warm Up T&F meeting – Same day, same venue!

www.bwfac.co.uk/