

U15G		75mH		
1	Olivia	Montez Brown	West Cheshire	11.7
2	Rhian	Williams	Deeside	12.2
3	Rosie	Unwin	Maldwyn	12.9

U13G		70mH		
1	Amy	Williams	West Cheshire	11.2
2	Charlotte	Williamson	West Cheshire	13.0
3	Molly	Thomson	Wirral	13.3
4	Chloe	Davies	Wrexham	13.5
5	Rachel	Swash	Deeside	13.9
6	Josie	Pugh	Maldwyn	14.0
7	Emily	Ross	Halton & Frodsham	14.7

U13B		75mH		
1	Lewis	Roberts	Deeside	17.1
2	Lewis	Taylor	Preston H	17.6
3	James	Edmondson	Preston H	17.6

U20M		110mH		
1	David	Hooson	Wrexham	17.5

U17M		100mH		
1	Gareth	Thomas	Deeside	15.3
2	William	Poole	Wrexham	17.7

U15B		80mH		
1	Colbey	Cooper	Deeside	14.3
2	Scott	Campbell	Deeside	14.8
3	Joseph	Southall	Menai	16.1
4	Calum	Wall	West Cheshire	16.4

U20W		Discus		
1	Jenna	Sherrat	Deeside	29.34

U17W		Discus		
1	Hayley	Nuttall	Deeside	23.94
2	Amy	Crocombe	Deeside	17.02

U15G		Discus		
1	Adele	Nichol	Oswestry	32.23
2	Sabrina	Fortune	Deeside	28.85
3	Bethany	Taylor	Preston H	17.22

VM		Discus		
1	Paul	Brooks	Wrexham	25.97

SM		Discus		
1	Dave	Stokes	Deeside	30.91

U15B		100m		Final
1	Josh	Platt	Crewe & Nantwich	11.5
2	Lloyd	Robbins	Deeside	11.9
3	Luke	Ward	Deeside	11.9
4	Max	Hurnbury	West Cheshire	12.6
5	Brad	Thomas	Deeside	12.6

6	Reece	Jackson	Deeside	12.7
7	Alex	Peters	Deeside	13.7
8	Joseph	Southall	Menai	13.8

U15G 100m Final

1	Laura	Turley	Deeside	13.1
2	Bethan	Baxter	St Helens	13.4
3	Shelby	Jack	St Helens	14.0
4	Jasmine	Thomas	ADC	14.4

U17W 100m

1	Aimee	Addis	Crewe & Nantwich	13.0
2	Sophie	Lewis	Menai	13.1
3	Chloe	Jones	Sale	13.1
4	Nia	Roberts	Colwyn Bay	13.4
5	Helen	Blower	Wrexham	13.9
6	Emma	Johnson	West Cheshire	14.2
7	Kate	Nash	Colwyn Bay	14.3

U13G 100m Heat 1

1	Chloe	Hughes	Deeside	14.1
2	Jordan	Dixon	Blackpool Wyre & Fylde	14.5
3	Charlotte	Williamson	West Cheshire	14.7
4	Holly	Gregson	Deeside	15.3
5	Josie	Pugh	Maldwyn	15.5

U13G 100m Heat 2

1	Georgia	Barlow	West Cheshire	14.2
2	Neve	Evans	Wrexham	14.3
3	Annabelle	Kitchen	Halton & Frodsham	14.4
4	Beth	Jones	Deeside	15.0
5	Emily	Ball	West Cheshire	15.0
6	Nia	Jones	Deeside	15.2
7	Millie	Williamson	Deeside	15.9
8	Chloe	Evans	Maldwyn	16.3

U13G 100m Heat 3

1	Amy	Williams	West Cheshire	13.2
2	Bethany	Lewis	West Cheshire	15.1
3	Chloe	Davies	Wrexham	15.5
4	Sophie	Baker	West Cheshire	16.4

U13G 100m Final

1	Amy	Williams	West Cheshire	13.4
2	Chloe	Hughes	Deeside	14.1
3	Georgia	Barlow	West Cheshire	14.3
4	Jordan	Dixon	Blackpool Wyre & Fylde	14.4
5	Neve	Evans	Wrexham	14.7
6	Annabelle	Kitchen	West Cheshire	14.8
7	Charlotte	Williamson	West Cheshire	15.0
8	Bethany	Lewis	West Cheshire	15.5

U11B 75m

1	Josh	Ablett	Colwyn Bay	11.6
2	Taylor	Kearns	West Cheshire	11.6
3	Thomas	Evans	Wrexham	11.7

4	Will	Evens	Maldwyn	11.9
5	Matthew	Vaughn	Colwyn Bay	12.7
6	Robbie	Turley	Deeside	13.0
7	Max	Gregorious	Deeside	13.9

U11G 75m Final

1	Kelly	Chadwick	Warrington	10.8
2	Megan	Davies	Maldwyn	11.1
3	Megan	Roberts	Colwyn Bay	11.6
4	Abbi	Prosser	Deeside	12.2
5	Megan	Jolley	Wepre/primary	13.2
6	Ceri	Vaughan	Colwyn Bay	14.0

U13B 100m Final

1	Sion	Roberts	Wrexham	12.5
2	Shane	Hughes	Wrexham	13.4
3	Matthew	Pagan	West Cheshire	13.5
4	James	McMahon	West Cheshire	14.3
5	James	Edmondson	Preston H	15.6
6	Lewis	Taylor	Preston H	15.9
7	Robert	Sharp	Deeside	15.9

U13B 100m Heat 1

1	Shane	Hughes	Wrexham	13.3
2	James	McMahon	West Cheshire	14.1
3	James	Edmondson	Preston H	15.4
4	Robert	Sharp	Deeside	15.7
5	Matthew	Snake	Wirral	16.1

U13B 100m Heat 2

1	Sion	Roberts	Wrexham	12.6
2	Matthew	Pagan	West Cheshire	13.7
3	Lewis	Taylor	Preston H	16.0
4	Scot	Morgan	Deeside	17.6

U17M 100m Final

1	Owen	Smith	Deeside	11.6
2	Luke	Jones	Wrexham	11.8
3	Connor	Leckenby	Deeside	12.0
4	Gareth	Thomas	Deeside	12.1
5	Jack	McDonald	Sale	12.2
6	Michael	Bland	Menai	12.7

U20M 100m

1	Gareth	Jones	Wirral	11.6
2	Callum	McCabe	Sale	11.8
3	Ian	Roberts	Menai	12.0
4	David	Hoosen	Wrexham	12.2
5	Daniel	Burton	Deeside	12.6
6	David	Tomalin	Halton & Frodsham	12.6

SM 100m Final

1	Gwain	Rogers	Wrexham	12.2
2	Tom	Snowdon	Deeside	12.5

U20W 100m Final

1	Hannah	Pendlebury	Deeside	12.4
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SW 100m

1	Emma	Garstang	Deeside	14.0
2	Jessica	Peterson	Deeside	14.5

U11G 600m

1	Bethan	Roberts	Colwyn Bay	2.06.0
2	Martha	Owen	Deeside	2.08.7
3	Abbi	Prosser	Deeside	2.10.5
4	Megan	Jolley	Wepre pc	2.13.9
5	Ceri	Vaughan	Colwyn Bay	2.16.2
6	Ffion	Roberts	Wrexham	2.19.9

U11B 600m

1	Will	Evans	Maldwyn	1.53.3
2	Josh	Ablett	Colwyn Bay	1.54.3
3	leau	Kearney	Wirral	1.54.3
4	Christopher	Kirran	Halton & Frodsham	2.01.1
5	Thomas	Evans	Wrexham	2.04.5
6	Matthew	Vaughan	Colwyn Bay	2.11.3
7	Taylor	Kearns	West Cheshire	2.14.2
8	Matthew	Jones	West Cheshire	2.18.3
9	Max	Gregorius	Deeside	2.34.1

U15B 200m Heat 1

1	Josh	Platt	Crewe & Nantwich	23.8
2	Lloyd	Robbins	Deeside	24.2
3	Luke	Ward	Deeside	24.2
4	Max	Humbury	West Cheshire	26.7
5	Jacob	Griffiths	Colwyn Bay	29.3

U15B 200m Heat 2

1	Brad	Thomas	Deeside	25.9
2	Alex	Peters	Deeside	26.6
3	Rhys	Jackson	Deeside	26.6
4	Scott	Campbell	Deeside	27.3
5	Cobey	Cooper	Deeside	28.8

U15B 200m Final

1	Josh	Platt	Crewe & Nantwich	23.7
2	Lloyd	Robbins	Deeside	24.4
3	Luke	Ward	Deeside	25.3
4	Brad	Thomas	Deeside	26.3
5	Max	Humbury	West Cheshire	26.8
6	Alex	Peters	Deeside	27.1
7	Rhys	Jackson	Deeside	27.8
8	Scott	Campbell	Deeside	29.3

200m U15G Final

1	Laura	Turley	Deeside	27.2
2	Rhian	Williams	Deeside	27.8
3	Abi	Backshall	Colwyn Bay	28.1
4	Shelby	Jack	Sutton St Helens	29.7
5	Jasmin	Thomas	Adc	30.7

	U17B	200m	Final	
1	Owen Smith	Deeside	24.0	
2	Connor Leckenby	Deeside	24.7	
3	Jack McDonald	Sale	25.0	
4	Chris McNaught	Menai	25.4	
5	David Blower	Wrexham	26.5	
6	George Backshall	Colwyn Bay	27.1	
	U17W	200m	Final	
1	Chloe Jones	Sale	27.7	
2	Nia Roberts	Colwyn Bay	27.9	
3	Eleanor Badhams	Deeside	28.1	
4	Emma Johnson	West Cheshire	29.4	
5	Helen Blower	Wrexham	29.4	
	U20W	200m	Final	
1	Hannah Pendlebury	Deeside	25.6	
2	Alice Fraser	Deeside	27.2	
	SW	200m	Final	
1	Katie Parry	Leeds Carnegie	29.5	
	U20M	200m	Final	
1	Gareth Jones	Wirral	23.2	
2	Callum McCabe	Sale	23.7	
3	Ian Roberts	Menai	24.0	
4	Callum Bennett	Deeside	24.3	
5	Daniel Burton	Deeside	26.6	
6	Padraig Goggin	Deeside	27.0	
	U13G	200m	Final	
1	Georgia Barlow	West Cheshire	29.5	
2	Chloe Hughes	Deeside	29.5	
3	Jordan Dixon	Blackpool Wyre & Fylde	29.8	
4	Aileen Kearney	Wirral	29.9	
5	Annabel Kitchen	Halton & Frodsham	30.1	
6	Beth Jones	Deeside	31.4	
7	Neve Evans	Wrexham	31.8	
8	Charlotte Walters	Deeside	32.5	
	U13G	200m	Heat 1	
1	Chloe Hughes	Deeside	30.1	
2	Georgia Barlow	West Cheshire	30.1	
3	Jordan Dixon	Blackpool Wyre & Fylde	30.2	
4	Aileen Kearney	Wirral	30.3	
5	Neve Evans	Wrexham	31.3	
6	Millie Williams	Deeside	33.5	
	U13G	200m	Heat 2	
1	Annabel Kitchen	Halton & Frodsham	30.3	
2	Beth Jones	Deeside	31.6	
3	Charlotte Walters	Deeside	32.2	
4	Bethany Lewis	West Cheshire	32.4	
5	Erin Parry	Deeside	32.7	
	U13B	200m	Final	

1	Sion	Roberts	Wrexham	25.7
2	Matthew	Pagan	West Cheshire	29.0
3	Robert	Sharp	Deeside	33.5
4	Lewis	Taylor	Preston H	34.4

SM 3000m

1	Ricky	Challinor	Deeside	8.45.6
2	Lee	Jones	Deeside	9.11.7
3	Josh	Dixon	Abergele	9.13.5
4	Phil	Edge	Deeside	10.06.0

U20M 3000m

1	David	Mountford	Deeside	8.50.7
2	Padraig	Goggin	Deeside	10.16.6

U17M 3000m

1	William	Sheridan	Deeside	9.38.6
2	Gary	Snape	Wirral	10.25.4
3	Michael	Bland	Menai	12.44.9

U13B 800m

1	Mike	Roberts	Colwyn Bay	2.34.5
2	Michael	Mcnee	Deeside	2.38.1
3	Chris	Jones	Wrexham	2.45.7
4	Oliver	Thomas	Deeside	2.45.9
5	Matthew	Snape	Wirral	2.50.8

U13G 800m

1	Jess	Wright	Halton & Frodsham	2.24.3
2	Zoe	Tynan	LpoolHarriers	2.29.5
3	Lily	Davies	Deeside	2.40.7
4	Bethany	Foster	Wirral	2.42.0
5	Nia	Jones	Deeside	2.42.4
6	Megan	McEverly	West Cheshire	2.44.3
7	Aileen	Kearney	Wirral	2.44.7
8	Emily	Ball	West Cheshire	2.47.2
9	Fern	Davies	Colwyn Bay	2.48.4
10	Chloe	Evans	Maldwyn	2.52.8
11	Josie	Pugh	Maldwyn	2.54.1
12	Emily	Ross	Halton & Frodsham	2.58.6
13	Megan	Davies	Maldwyn	3.02.0
14	Bethany	Platt		3.05.6

U15G 800m

1	Abl	Backshall	Colwyn Bay	2.28.1
2	Lauren	Brett	Wirral	2.30.6
3	Emily	Kearney	Wirral	2.31.2
4	Rosie	Unwin	Maldwyn	2.36.8
5	Emily	Rowlands	Wrexham	2.37.3
6	Fiona	Nuttall	Wirral	2.38.6
7	Leona	Stuart	Wirral	2.39.5
8	Emma	Scott	Halton & Frodsham	2.45.4
9	Heather	Nuttall	Wirral	2.50.9

U15B 800m

1	Ryan	Foulkes	Wrexham	2.12.5
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2	Andrew	Williams	Deeside	2.17.8
3	Calum	Wall	West Cheshire	2.20.3
4	Richard	Evans	Deeside	2.22.0
5	Matthew	Blackwell	Deeside	2.25.3
6	Jacob	Griffiths	Colwyn Bay	2.27.8
7	Jake	Lonsdale	Blackpool Wyre & Fylde	2.28.2
8	Grant	Leach	Deeside	2.29.0
9	Chris	White		2.29.8
10	Sean	Boswell	Wirral	2.45.8
U17W 800m				
1	Sian	Messum	Deeside	2.32.1
2	Laura	Blackwell	Deeside	2.43.1
3	Amanda	Mountford	Deeside	2.52.4
4	Kate	Nash	Colwyn Bay	2.58.5
U20W 800m				
1	Abbie	Oliver	Deeside	2.22.0
SW 800m				
1	Katie	Parry	Leeds Carnegie	2.26.9
SM 800m				
1	Phil	Edge	Deeside	2.05.6
2	Tom	Snowdon	Deeside	2.10.6
U20M 800m				
1	David	Tomalin	Halton & Frodsham	2.17.4
U17M 800m				
1	James	Roberts	Wrexham	2.07.2
2	David	Blower	Wrexham	2.09.6
3	George	Backshall	Colwyn Bay	2.12.0
4	George	Oliver	Deeside	2.13.3
5	Gary	Snape	Wirral	2.15.8
SW Long Jump				
1	Emma	Garstang	Deeside	4.72
2	Jessica	Peterson	Deeside	3.77
SM Long Jump				
1	Steve	Hughes		4.59
U20M Long Jump				
1	David	Tomalin	Halton & Frodsham	4.19
U13B Long Jump				
1	Shane	Hughes	Wrexham	4.38
2	Tom	Walley	Wrexham	4.00
3	Matthew	Pagan	West Cheshire	3.70
4	Elijah	Montez Brown	Wrexham	3.62
5	Robert	Sharp	BrynCoch	2.70
6	Scott	Morgan	Deeside	2.32
SW High Jump				
1	Emma	Garstang	Deeside	1.50

U17W		High Jump	
1	Eleanor	Badhams	Deeside 1.55
2	Amy	Crocombe	Deeside 1.40
SW		Javelin	
1	Lisa	Mapp	Wrexham 26.16
U17W		Javelin	
1	Jenny	Coppell	Wrexham 26.20
2	Hayley	Nuttall	Deeside 25.29
3	Emma	Johnson	West Cheshire 18.72
U17W		Long Jump	
1	Lisa	James	Crewe & Nantwich 4.71
2	Eleanor	Badhams	Deeside 4.58
3	Danielle	Erskine	West Cheshire 4.47
4	Chloe	Jones	Sale 4.45
5	Sophie	Lewis	Menai 3.81
U17M		Long Jump	
1	Owen	Smith	Deeside 5.63
2	Jack	McDonald	Sale 5.47
3	Connor	Leckenby	Deeside 5.39
4	Chris	McNaught	Menai 5.07
5	Michael	Bland	Menai 4.35
6	Gary	Snape	Wirral 4.31
VM		Shot	
1	Paul	Brooks	Wrexham 7.92
SM		Shot	
1	Phil	Davies	Deeside 11.45
U13G		Shot	
1	Amy	Williams	West Cheshire 8.15
2	Molly	Thomson	Wirral 5.49
3	Molly	Gregorious	Deeside 5.09
4	Erin	Parry	Deeside 4.98
U13B		Shot	
1	Nathan	Thomason	Colwyn Bay 9.97
2	Shane	Hughes	Wrexham 7.72
3	Tom	Walley	Wrexham 5.15
4	Elijaj	Montez Brown	West Cheshire 4.38
U17M		Javelin	
1	William	Poole	Wrexham 30.25
2	George	Oliver	Deeside 28.32
3	David	Blower	Wrexham 21.07
U20M		Javelin	
1	Elliot	Power	Deeside 35.03
2	Padraig	Goggin	Deeside 25.02
SM		Javelin	

1	Jason	Wright		38.83
2	Ash	Lewis		33.15
3	Bob	Carey		30.06
4	Steve	Hughes		22.91

U17W Shot

1	Hayley	Nuttall	Deeside	8.12
2	Jenny	Coppell	Wrexham	8.02
3	Amy	Crocombe	Deeside	8.00

U20W Shot

1	Jenna	Sherratt	Deeside	9.70
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SW Shot

1	Jessica	Peterson	Deeside	7.44
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U13B Javelin

1	Oliver	Nuttall	Wirral	26.63
2	James	McMahon	West Cheshire	26.62
3	James	Edmondson	Preston H	17.36

U15B Javelin

1	Iwan	Parry	Menai	16.56
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U15G Javelin

1	Adele	Nichol	Oswestry	25.16
2	Fiona	Nuttall	Wirral	22.16
3	Manon	Edwards	Wrexham	21.24
4	Bryony	Burton	Deeside	10.33

U13G Javelin

1	Emily	Ross	Halton & Frodsham	21.18
2	Sophie	Baker	West Cheshire	15.47
3	Tia	Williams	Deeside	14.51
4	Charlotte	Walters	Deeside	10.93
5	Erin	Parry	Deeside	7.97

U11G Long Jump

1	Kelly	Chadwick	Warrington	3.86
2	Megan	Davis	Maldwyn	3.59
3	Abbi	Prosser	Deeside	2.62
4	Ceri	Vaughan	Colwyn Bay	2.38

U11B Long Jump

1	Chris	Larkin	Halton & Frodsham	3.79
2	Josh	Ablett	Colwyn Bay	3.60
3	Thomas	Evans	Wrexham	3.39
4	Ieuan	Kearney	Wirral	3.22
5	Taylor	Kearns	West Cheshire	3.09
6	Matthew	Vaughan	Colwyn Bay	2.73
7	Max	Gregorious	Deeside	2.37

U15G High Jump

1	Georgia	Bates	Deeside	1.50
2	Rosie	Unwin	Maldwyn	1.45
3	Emma	Scott	Halton&Frod	1.30

4	Jasmine	Thomas	ADC	1.20
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U15B High Jump

1	Luke	Ward	Deeside	1.65
2	Will	Simmons	Crewe & Nantwich	1.65
3	Iwan	Parry	Menai	1.50
4	Taylor	CatonHand	SuttonStH	1.45

U17M High Jump

1	Michael	Bailiff	West Cheshire	1.75
2	William	Poole	Wrexham	1.65
3	Chris	McNaught	Menai	1.55

SM High Jump

1	Gawain	Rogers	Wrexham	1.75
2	Alan	Littler	West Cheshire	1.65

U13G High Jump

1	Jess	Wright	Halton & Frodsham	1.40
2	Sophie	Baker	West Cheshire	1.15
3	Annabel	Kitchen	Halton & Frodsham	1.10
4	Rachel	Swash	Deeside	1.10

U13B High Jump

1	James	McMahon	West Cheshire	1.40
2	Tom	Walley	Wrexham	1.30
3	Nathan	Thomason	Colwyn Bay	1.25
4	Elijah	Montez Brown	West Cheshire	1.15

U15B Long Jump

1	Lloyd	Robbins	Deeside	5.65
2	Taylor	CatonHand	StHelens	4.85
3	Connor	Laverty	Menai	4.71
4	Ryan	Roberts	Wrexham	4.61
5	Scott	Cambell	Deeside	4.56
6	Calum	Wall	West Cheshire	4.46
7	Joe	Southall	Menai	4.27
8	Rhys	Jackson	Deeside	4.12

U15G Long Jump

1	Olivia	Montez Brown	West Cheshire	4.95
2	Georgia	Bates	Deeside	4.27
3	Bethany	Baxter	SuttonStH	4.26
4	Amber	Schofield	Crewe & Nantwich	4.11

U13G Long Jump

1	Chloe	Hughes	Deeside	4.13
2	Jordan	Dixon	Blackpool Wyre & Fylde	4.07
3	Charlotte	Williamson	West Cheshire	3.96
4	Emily	Ball	West Cheshire	3.72
5	Georgia	Barlow	West Cheshire	3.72
6	Megan	McEveley	West Cheshire	3.71
7	Molly	Thomson	Wirral	3.66
8	Aileen	Kearney	Wirral	3.53
9	Millie	Williamson	Deeside	3.42
10	Neve	Evans	Wrexham	3.39

11	Bethany	Platt		3.36
12	Rachel	Swash	Deeside	3.36
13	Beth	Foster	Wirral	3.31
14	Chloe	Davies	Wrexham	3.20

U15B Shot

1	Connor	Lavery	Menai	10.49
2	Matthew	Williams	Wrexham	10.12
3	Taylor	CatonHand	StHelens	8.30
4	Alex	Peters	Deeside	8.12

U15G Shot

1	Adel	Nicholl	Oswestry	11.90
2	Manon	Edwards	Wrexham	9.91
3	Sabrina	Fortune	Deeside	8.72
4	Olivia	Montez Brown	West Cheshire	8.12
5	Bethany	Baxter	St Helens	7.31
6	Bethany	Taylor	Preston H	6.42
7	Bryony	Burton	Deeside	5.68

U13G Pole Vault

1	Charlotte	Walters	Deeside	1.80
2	Carys	Jones	Carmarthen	1.70
3	Molly	Gregorious	Deeside	1.60

U13B Pole Vault

1	Lewis	Roberts	Deeside	1.70
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U15G Pole Vault

1	Laura	Williams	Deeside	2.30
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U17W Pole Vault

1	Enfys	Jones	Carmarthen	2.40
2	Rachel	Williams	Deeside	2.20

U17M Pole Vault

1	Evan	Cook	Deeside	2.60
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U20W Pole Vault

1	Rebecca	Davies	Deeside	3.40
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U20M Pole Vault

1	Emyr	Jones	Carmarthen	3.50
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