

Northern Athletics Senior/U20 Champs 2010

Sport City, Manchester
12/13 June 2010

F01 Senior Men Hammer FINAL

FINAL

1	41	Alex Smith	Sale Harriers Manchester	71.10
2	131	Michael Floyd	Sale Harriers Manchester	70.12
3	188	Matthew Lambley	City of Sheffield AC	68.37
4	89	James Bedford	Birchfield Harriers	66.26
5	93	Michael Bomba	Liverpool Harriers	62.78
6	88	Roger Bate	Trafford AC	54.16
7	147	Richard Gayle	Wakefield District H & AC	42.58
8	3	Owen Thomas	Rotherham Harriers	40.72
9	58	Ian Cooley	Rotherham Harriers	28.78

F02 Under 20 Women Long Jump FINAL

FINAL

1	505	Jessica Houlton	Grimsby Harriers & AC	5.28
2	553	Sian Pledger	Bolton United Harriers	5.22

F02a Senior Women Long Jump FINAL

FINAL

1	265	Louise Bloor	Trafford AC	5.75
2	362	Alex Russell	Wigan Harriers	5.63
3	349	Lydia Chamberlin	Lincoln Wellington	5.57
4	351	Aimee Palmer	Unattached	5.57
5	269	Jennifer Coleman	Trafford AC	5.25
6	226	Katherine James	Barnsley AC	4.76

F03 Under 20 Men Pole Vault FINAL

FINAL

1	405	Andrew Sutcliffe	Sale Harriers Manchester	5.00
2	437	George Sharp	Preston Harriers	4.20
3	491	Greg Appleby	Sale Harriers Manchester	4.10

F04 Senior Women Hammer FINAL

FINAL

1	298	Hannah Evenden	Edinburgh AC	55.76
2	350	Alice Simpson	Leeds City AC	52.68
3	312	Jenna Wheatman	Scarborough AC	50.39
4	316	Katy Wilson	Birtley AC	48.58
5	223	Vicky Johnson	Liverpool Harriers	47.38
6	317	Jenna Winson	Derby AC	46.24
7	279	Sarah Drake	Wakefield District H & AC	44.73
8	311	Leah Weatheritt	Gateshead Harriers & AC	42.11
9	313	Helen White	Rotherham Harriers	41.68
10	272	Jemma Bate	Trafford AC	41.07
11	273	Zoe Ash	Rugby & Northampton	39.19

F05 Under 20 Men Long Jump FINAL

FINAL

1	390	Craig Jones	Liverpool Harriers	6.79
2	403	Jordan Kelly	Southport Waterloo AC	6.51
3	430	Oliver Stringer	Wigan Harriers	6.05

F06 Under 20 Women Discus FINAL

FINAL

1	298	Hannah Evenden	Edinburgh AC	41.60
2	241	Chloe Smyrk	City of York AC	35.38

F07 Senior Men Shot Putt FINAL

FINAL

1	24	Carl Fletcher	Woodford Green	17.80
2	176	Leslie Richards	City of York AC	17.12
3	54	Will Lowndes	Liverpool Harriers	15.58
4	100	Daniel Brunt	City of Sheffield AC	15.41
5	14	Craig Sturrock	Gateshead Harriers & AC	14.90

F08 Senior Women Triple Jump FINAL

FINAL

1	220	Kelly Hilton	Wigan Harriers	12.68	CBP
2	361	Michelle Robbins	Crewe & Nantwich AC	11.82	
3	360	Nia Rutter	Blackpool Wyre & Fylde AC	11.68	
4	262	Nicola Breaks	Hyndburn AC	11.55	

F09 Senior Women High Jump FINAL

FINAL

1	227	Kay Humberstone	Trafford AC	1.80
2	255	Adele Lassu	Sale Harriers Manchester	1.75
3	328	Caroline Park	Leeds City AC	1.60

F09a Under 20 Women High Jump FINAL

FINAL

1	505	Jessica Houlton	Grimsby Harriers & AC	1.60
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F10 Under 20 Women Javelin FINAL

FINAL

1	568	Danielle Bentley	Sale Harriers Manchester	44.35
2	563	Samantha Wilkinson	Warrington AC	34.58
3	558	Lois Earl	Kingston upon Hull AC	33.09
4	241	Chloe Smyrk	City of York AC	31.65
5	505	Jessica Houlton	Grimsby Harriers & AC	30.54

F10a Senior Women Javelin FINAL

FINAL

1	221	Amie Kevan	Liverpool Harriers	31.84
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F11 Senior Men Triple Jump FINAL

FINAL

1	138	Craig Fiddes	Gateshead Harriers & AC	13.97
2	47	Sam Stanislaus	Gateshead Harriers & AC	13.84
3	40	Daniel Blackett	Gateshead Harriers & AC	13.20
4	150	Julien Gittens	Leeds City AC	12.68

F12 Senior Women Shot Putt FINAL

FINAL

1	298	Hannah Evenden	Edinburgh AC	12.99
2	350	Alice Simpson	Leeds City AC	12.86
3	259	Sarah Benson	Bingley Harriers	12.22

F13 Under 20 Men Javelin FINAL

FINAL

1	485	Paul Allsopp	City of York AC	67.11
2	480	Joe Dunderdale	Lincoln Wellington	62.13
3	409	Andrew Mimmack	Kingston upon Hull AC	53.31
4	374	David Zimmer	Vale Royal	45.77

F14 Under 20 Men Hammer FINAL**FINAL**

1	408	Nick Miller	Border Harriers & AC	58.49
2	372	Adam Davies	Sale Harriers Manchester	55.93
3	407	Ryan McDowall	Border Harriers & AC	49.26
4	470	Hadan Brittain	Boston & District AC	46.02
5	454	Daniel Bowkett	Dearneside High AC	42.95
6	445	Michael Ashworth	Oldham & Royton H & AC	40.78

F15 Senior Men Long Jump FINAL**FINAL**

1	102	Jacob Brown	Sale Harriers Manchester	7.41
2	75	Saul Bah	Bury AC	7.09
3	80	Anthony Timms	Leeds City AC	6.86
4	103	Andrew Burgess	Sale Harriers Manchester	6.84
5	21	Paul Allen	Gateshead Harriers & AC	6.79
6	192	Mark Leicester	Liverpool Pembroke & Sefton AC	6.28

F16 Senior Women Pole Vault FINAL**FINAL**

1	346	Michelle Sharrock	Wigan Harriers	3.60
2	231	Patrycja Krawczyk	Dearneside High AC	3.20
3	244	Elena Mingas	Blackpool Wyre & Fylde AC	3.10
4	264	Clare Blunt	Kingston upon Hull AC	2.70
5	327	Lydia Parker	Kingston upon Hull AC	2.60
6	256	Hayley Fox	Lincoln Wellington	2.20

F16a Under 20 Women Pole Vault FINAL**FINAL**

1	266	Holly Bleasdale	Blackburn Harriers	4.27
2	555	Katie Byres	Sale Harriers Manchester	3.90
3	572	Emma Andersson	Sale Harriers Manchester	3.00

F17 Under 20 Women Hammer FINAL**FINAL**

1	564	Abbi Carter	Kingston upon Hull AC	53.78
2	298	Hannah Evenden	Edinburgh AC	53.25
3	570	Katy Barnard	Border Harriers & AC	46.60
4	511	Stephanie Hendy	Peterborough AC	45.36
5	509	Sarah Hill	Border Harriers & AC	36.56

F18 Under 20 Men High Jump FINAL**FINAL**

1	384	Cameron Gore	Wigan Harriers	1.85
1	411	Will Mulroy	Wakefield District H & AC	1.85

F18a Senior Men High Jump FINAL**FINAL**

1	155	Brian Hall	Bolton United Harriers	2.05
2	107	Darren Hammond	Sale Harriers Manchester	2.05
3	25	Mike Ehlen	Liverpool Harriers	2.00

F19 Senior Men Discus FINAL**FINAL**

1	193	Graeme Level	Gateshead Harriers & AC	48.60
2	91	Simon Bissell	City of Sheffield AC	45.77
3	100	Daniel Brunt	City of Sheffield AC	43.65
4	141	Karl Fitzgerald	Cleethorpes AC	41.01
5	151	Marcus Gouldbourne	Sale Harriers Manchester	22.96

F19a Under 20 Men Discus FINAL**FINAL**

1	426	Alan Toward	Gateshead Harriers & AC	42.94
2	408	Nick Miller	Border Harriers & AC	38.96
3	382	Craig Westerman	Wakefield District H & AC	38.36
4	419	Robbie Pickering	Scarborough AC	38.03

F20 Under 20 Men Shot Putt FINAL**FINAL**

1	431	Robert Mohan	Nene Valley	17.04
2	376	Scott Licoln	City of York AC	15.16
3	426	Alan Toward	Gateshead Harriers & AC	14.15
4	419	Robbie Pickering	Scarborough AC	12.76
5	454	Daniel Bowkett	Dearneside High AC	11.85

F21 Senior Men Pole Vault FINAL**FINAL**

1	65	Luke Cutts	Dearneside High AC	5.45
2	12	Andrew Sutcliffe	Sale Harriers Manchester	5.05
3	78	Douglas Curwen-Reed	Shaftesbury Barnet AC	4.45
4	127	Mark Johnson	Enfield & Haringey	4.35
4	62	Matt Cullen	Sale Harriers Manchester	4.35
6	170	Laurie Needham	Blackpool Wyre & Fylde AC	4.25
7	116	Paul Hallworth	Dearneside High AC	4.05
8	130	Liam Holiday	Kingston upon Hull AC	3.85
9	28	Nicholas Robinson	Bingley Harriers	3.75
99	169	Sean Power	Dearneside High AC	NH

CBP

F22 Senior Women Discus FINAL**FINAL**

1	233	Sarah Henton	Blackburn Harriers	45.87
2	298	Hannah Evenden	Edinburgh AC	42.79
3	299	Natalie Walsh	Wigan Harriers	39.94
4	350	Alice Simpson	Leeds City AC	37.07
5	259	Sarah Benson	Bingley Harriers	35.16
6	273	Zoe Ash	Rugby & Northampton	32.54

F23 Under 20 Men Triple Jump FINAL**FINAL**

1	451	Joshua Bones	Scunthorpe & District AC	13.66
2	406	Dean Matthew	Liverpool Pembroke & Sefton AC	13.35
3	422	Kyle Readdin	Crewe & Nantwich AC	13.03
4	396	Ben Lewis	Sale Harriers Manchester	12.37
5	429	Ian Swift	Chesterfield & District AC	11.74

F24 Under 20 Women Shot Putt FINAL**FINAL**

1	298	Hannah Evenden	Edinburgh AC	12.55
2	558	Lois Earl	Kingston upon Hull AC	12.14
3	528	Amber Merrills	Doncaster AC	11.86
4	515	Samantha Fraser	Wigan Harriers	11.07
5	508	Katie Holder	Blackpool Wyre & Fylde AC	8.61

F25 Senior Men Javelin FINAL**FINAL**

1	55	James Campbell	Leeds University	73.55
2	68	Lee Doran	City of Sheffield AC	66.24
3	122	Matthew Hunt	Sale Harriers Manchester	65.04
4	201	David McKay	West Cheshire AC	64.07
5	66	Ian Burns	Gateshead Harriers & AC	63.73
6	139	Ben Fisher	Liverpool Harriers	62.69
7	167	Stephen Porter	Preston Harriers	57.34
8	23	Paul McKown	Liverpool Harriers	55.50
9	81	Sam Allan	Leeds City AC	51.80

T01 Senior Men 400m Heats

Heat 01			W/S:
1	48	Brent Starkie Blackpool Wyre & Fylde AC	49.12 W/S:
2	113	Nathan Hilton Liverpool Pembroke & Sefton AC	49.37 W/S:
3	112	Danny Higham Liverpool Pembroke & Sefton AC	49.62 W/S:
4	76	Carlo Balsamo Bury AC	50.87 W/S:
5	137	Jacob Fehilly Trafford AC	50.97 W/S:
6	180	David Riley Gateshead Harriers & AC	51.34 W/S:
99	136	Michael Fairfield Liverpool Harriers	DNF W/S:

Heat 02			W/S:
1	87	Daniel Barry Trafford AC	49.12 W/S:
2	67	Harry Doran Liverpool Pembroke & Sefton AC	49.20 W/S:
3	15	Daniel Williams Sale Harriers Manchester	49.59 W/S:
4	152	Tom Grantham City of Sheffield AC	49.97 W/S:
5	214	Wayne Ashall Liverpool Pembroke & Sefton AC	50.16 W/S:
6	92	Thomas Riley Manx Harriers	51.80 W/S:

Heat 03			W/S:
1	173	Matthew Quine City of Sheffield AC	48.92 W/S:
2	212	Lawrence Baird Trafford AC	49.06 W/S:
3	16	Simon Woan Preston Harriers	50.08 W/S:
4	203	Steven McNamara Spenborough & District	50.81 W/S:
5	43	Leo Smith Scunthorpe & District AC	50.96 W/S:
6	52	Craig Simpson Wakefield District H & AC	51.25 W/S:
7	207	Marc Mullen-Browne Trafford AC	51.49 W/S:

T02 Senior Women 400m Heats

Heat 01			W/S:
1	324	Harriet Pryke Manx Harriers	57.04 W/S:
2	326	Emma Paton Epsom & Ewell	57.69 W/S:
3	355	Victoria Garrad Trafford AC	57.90 W/S:
4	318	Kate Would Derby AC	59.87 W/S:
5	300	Reagan Wright Wakefield District H & AC	60.47 W/S:

Heat 02			W/S:
1	284	Ni-kysha Ferguson Trafford AC	57.40 W/S:
2	348	Racheal Shaw Barnsley AC	57.70 W/S:
3	292	Nisha Desai Trafford AC	57.75 W/S:
4	280	Amy Freeman Spenborough & District	57.92 W/S:
5	314	Ashleigh Williams Newham & Essex Beagles	61.45 W/S:
6	276	Melanie Turner Oldham & Royton H & AC	64.19 W/S:

T03 Under 20 Men 400m Heats

Heat 01			W/S:
1	375	Daniel Yip Liverpool Harriers	50.15 W/S:
2	404	Marcus Nixey Wakefield District H & AC	51.41 W/S:
3	392	Scott Keeling Jarrow & Hebburn	52.04 W/S:
4	481	Stuart Dolman Liverpool Pembroke & Sefton AC	52.25 W/S:
5	472	Dominic Garrett Blackpool Wyre & Fylde AC	52.31 W/S:
6	492	Joe Vaughan Bury AC	55.48 W/S:

Heat 02			W/S:
1	455	James Bowness Trafford AC	48.96 W/S:
2	457	James Buck City of York AC	49.90 W/S:
3	488	David Dempsey Longwood Harriers AC	50.43 W/S:
4	496	Paolo Danesini Cleethorpes AC	51.06 W/S:
5	430	Oliver Stringer Wigan Harriers	52.11 W/S:

T05 Senior Men 100m Heats

Heat 01			W/S: -0.7m/s
1	30	Andrew Robertson Sale Harriers Manchester	10.89 W/S:
2	133	Luke Evans Blackburn Harriers	10.97 W/S:
3	174	Ricky Reeves City of Sheffield AC	11.13 W/S:
4	97	Dominic Bradley Trafford AC	11.14 W/S:
5	142	Umar Hameed Leeds City AC	11.24 W/S:
6	160	Craig O'Brien Wirral AC	11.42 W/S:
7	145	Harrison Foster Bingley Harriers	11.55 W/S:
8	149	Jamie Gill Derby AC	11.60 W/S:

Heat 02			W/S: -1.0m/s
1	134	Rory Evans Stockport Harriers	11.09 W/S:
2	36	Darren Scott Trafford AC	11.12 W/S:
3	208	George Kenyon Gateshead Harriers & AC	11.17 W/S:
4	82	Thaddeus Anim-Somuah St Helens Sutton AC	11.19 W/S:
5	75	Saul Bah Bury AC	11.26 W/S:
6	95	Andrew Boyd Wirral AC	11.35 W/S:
7	154	William Green Bolton United Harriers	11.43 W/S:
8	143	Ash Fletcher Leeds University	11.97 W/S:

T07 Under 20 Men 100m Heats

Heat 01			W/S: +1.6m/s
1	401	Harry Harris Middlesbrough AC (Mandale)	10.84 W/S:
2	379	James Williams Wirral AC	10.98 W/S:
3	477	Adam Forrest Wigan Harriers	11.26 W/S:
4	458	Jerome McIntosh City of Sheffield AC	11.42 W/S:
5	497	Andre Darien-Campbell City of Sheffield AC	11.56 W/S:
6	498	Ben Daye Sale Harriers Manchester	11.63 W/S:
7	443	Matthew Storey Horwich RMI	11.66 W/S:

Heat 02			W/S: -0.9m/s
1	447	Oliver Back Liverpool Harriers	11.07 W/S:
2	418	Jamie Phillips Wetherby Runners	11.25 W/S:
3	413	Victor Neyu Sale Harriers Manchester	11.34 W/S:
4	489	Nick Costello Blackpool Wyre & Fylde AC	11.34 W/S:
5	381	James Lovatt Jarrow & Hebburn	11.47 W/S:
6	452	Joshua Bonney Wakefield District H & AC	11.63 W/S:
7	465	Jake Collins Wirral AC	11.65 W/S:

Heat 03			W/S: -2.3m/s
1	487	Ransford Anthony Doncaster AC	11.19 W/S:
2	417	Rob Patton Gateshead Harriers & AC	11.21 W/S:
3	441	Liam Clowes Crewe & Nantwich AC	11.21 W/S:
4	438	Louis Schofield Blackpool Wyre & Fylde AC	11.84 W/S:
5	391	Gareth Jones Wirral AC	11.88 W/S:
6	436	Frank Shepherd Lancaster & Morecambe AC	11.99 W/S:
7	428	Stephen Taylor Blaydon Harriers	12.47 W/S:

T10 Senior Women 1500m FINAL

FINAL			W/S:
1	247	Laura Kirk Skyrac AC	4:25.31 W/S:
2	286	Jacqueline Fairchild Trafford AC	4:25.94 W/S:
3	297	Stephanie Roe Preston Harriers	4:30.05 W/S:
4	275	Jo Adams Richmond & Zetland AC	4:32.54 W/S:
5	310	Helen Singleton Wakefield District H & AC	4:34.05 W/S:
6	293	Rachel Deegan Sale Harriers Manchester	4:38.21 W/S:
7	304	Michelle Stone Kingston upon Hull AC	4:48.95 W/S:
8	237	Natalie Grant Rotherham Harriers	4:49.65 W/S:
9	260	Helen Garnham City of York AC	4:52.36 W/S:
10	250	Kirsty Longley Liverpool Pembroke & Sefton AC	4:53.09 W/S:
11	302	Jodie Spencer Kingston upon Hull AC	5:05.87 W/S:
12	282	Sophie Cowper Lincoln Wellington	5:08.55 W/S:
13	236	Lauren Havercroft Kingston upon Hull AC	5:17.64 W/S:

T12 Under 20 Women 1500m FINAL

FINAL			W/S:
1	562	Rebecca Craigie Vale Royal	4:28.48 W/S:
2	541	Lara Thomas Lincoln Wellington	4:34.01 W/S:
3	549	Laura Riches Leigh Harriers AC	4:35.04 W/S:
4	554	Amy Talbot Warrington AC	4:40.81 W/S:
5	512	Rochelle Harrison Lincoln Wellington	4:41.25 W/S:
6	527	Kristie Leybourne Sale Harriers Manchester	4:44.45 W/S:
7	571	Georgia Ball Lincoln Wellington	4:46.46 W/S:
8	529	Nikki Meadows Vale Royal	4:47.01 W/S:
9	536	Kathy Stringer Vale Royal	5:01.58 W/S:

T14 Under 20 Men 110m Hurdles FINAL

FINAL			W/S: -1.3m/s
1	414	James Gladman Warrington AC	14.67 W/S:
2	478	Michael Feeney Amber Valley AC	15.42 W/S:

T15 Senior Women 100m Hurdles FINAL

FINAL		W/S: -3.5m/s	
1	234	Ashley Helsby	Liverpool Harriers 14.02 W/S:
2	251	Rebecca Liddell	Gateshead Harriers & AC 14.52 W/S:
3	352	Danielle Rooney	Sale Harriers Manchester 15.13 W/S:
4	349	Lydia Chamberlin	Lincoln Wellington 15.76 W/S:

T16 Under 20 Women 100m Hurdles FINAL

FINAL		W/S: +1.0m/s	
1	544	Ashleigh Wood	Gateshead Harriers & AC 14.70 W/S:
2	507	Katie Holt	Sale Harriers Manchester 14.89 W/S:
3	531	Rosie Marino	Walton 15.43 W/S:
99	550	Lisa Revitt	Doncaster AC DNF W/S:
99	547	Rayne Allman	Wigan Harriers DNF W/S:

T17 Senior Men 400m FINAL

FINAL		W/S:	
1	173	Matthew Quine	City of Sheffield AC 47.55 W/S:
2	113	Nathan Hilton	Liverpool Pembroke & Sefton AC 48.21 W/S:
3	87	Daniel Barry	Trafford AC 48.46 W/S:
4	48	Brent Starkie	Blackpool Wyre & Fylde AC 48.56 W/S:
5	67	Harry Doran	Liverpool Pembroke & Sefton AC 49.06 W/S:
6	212	Lawrence Baird	Trafford AC 49.08 W/S:
7	15	Daniel Williams	Sale Harriers Manchester 49.30 W/S:
8	112	Danny Higham	Liverpool Pembroke & Sefton AC 50.29 W/S:

T18 Senior Women 400m FINAL

FINAL		W/S:	
1	324	Harriet Pryke	Manx Harriers 56.04 W/S:
2	355	Victoria Garrad	Trafford AC 56.32 W/S:
3	284	Ni-kysha Ferguson	Trafford AC 56.32 W/S:
4	292	Nisha Desai	Trafford AC 56.49 W/S:
5	326	Emma Paton	Epsom & Ewell 56.76 W/S:
6	348	Racheal Shaw	Barnsley AC 57.01 W/S:
7	280	Amy Freeman	Spenborough & District 57.37 W/S:
8	318	Kate Would	Derby AC 58.63 W/S:

T19 Under 20 Men 400m FINAL

FINAL		W/S:	
1	455	James Bowness	Trafford AC 48.19 W/S:
2	404	Marcus Nixey	Wakefield District H & AC 49.52 W/S:
3	457	James Buck	City of York AC 49.69 W/S:
4	375	Daniel Yip	Liverpool Harriers 50.04 W/S:
5	488	David Dempsey	Longwood Harriers AC 50.64 W/S:
6	496	Paolo Danesini	Cleethorpes AC 51.47 W/S:
7	392	Scott Keeling	Jarrow & Hebburn 51.88 W/S:
99	430	Oliver Stringer	Wigan Harriers DNS W/S:

T20 Under 20 Women 400m FINAL

FINAL		W/S:	
1	567	Lauren Brennan	Southport Waterloo AC 57.21 W/S:
2	532	Lucy Mansfield	Blackpool Wyre & Fylde AC 58.95 W/S:
3	535	Tyra Watson	Sale Harriers Manchester 59.20 W/S:
4	546	Zoe Woodward	Liverpool Harriers 59.56 W/S:
5	542	Alexandra Turner	Amber Valley AC 59.74 W/S:
6	518	Faye Mitchell	Wakefield District H & AC 59.76 W/S:
7	551	Emma Rawnsley	Spenborough & District 62.95 W/S:

T21 Senior Men 500m FINAL

FINAL		W/S:	
1	101	Alan Buckley	Leeds City AC 14:38.51 W/S:
2	158	Dave Norman	Altrincham & District 14:40.95 W/S:
3	57	Dan Cliffe	Warrington AC 14:43.42 W/S:
4	42	James Smith	Leeds City AC 14:48.79 W/S:
5	185	Ian Kimpton	Lincoln Wellington 14:56.22 W/S:
6	59	Thomas Cornthwaite	Blackburn Harriers 15:04.17 W/S:
7	84	Adam Elliott	Sale Harriers Manchester 15:07.16 W/S:
8	117	Philip Hoole	Rotherham Harriers 15:12.14 W/S:
9	181	Robert Baker	Hallamshire Harriers 15:14.22 W/S:
10	83	Dave Archer	Hallamshire Harriers 15:15.43 W/S:
11	204	Joe Mercer	Skipton AC 15:32.80 W/S:
12	64	Mike Burrett	Leeds City AC 15:35.88 W/S:
13	209	Gavin Marshall	Scunthorpe & District AC 16:23.45 W/S:
14	17	Howard Wood	City of Sheffield AC 16:34.82 W/S:
15	202	Thomas McKee	Kingston upon Hull AC 16:50.15 W/S:
16	172	Matthew Pye	Kingston upon Hull AC 17:13.86 W/S:
99	27	Alexander Smith	Hallamshire Harriers DNS W/S:

T22 Senior Men 110m Hurdles FINAL

FINAL		W/S: -1.1m/s	
1	121	Matt Hudson	Leeds City AC 14.02 W/S:
2	177	Ben Richardson	Gateshead Harriers & AC 14.44 W/S:
3	159	Suote Nyananyo	Newham & Essex Beagles 14.49 W/S:
4	97	Dominic Bradley	Trafford AC 14.73 W/S:
5	51	Andrew Sturrock	Gateshead Harriers & AC 14.97 W/S:
6	11	Paul Whittle	Blackburn Harriers 15.08 W/S:
7	129	Charlie Kavanagh	City of Sheffield AC 15.63 W/S:

T23 Senior Men 3000m Steeplechase FINAL

FINAL		W/S:	
1	119	Peter Huck	Barrow & Furness Striders 9:35.30 W/S:
2	5	Josh Tighe	Blackburn Harriers 9:42.12 W/S:
3	210	Alasdair Russell	Kendal AC 9:50.91 W/S:
4	45	Chris Smithard	Hallamshire Harriers 10:10.45 W/S:

T24 Under 20 Men 2000m Steeplechase FINAL

FINAL		W/S:	
1	427	Shane Robinson	Lincoln Wellington 6:10.69 W/S:
2	474	Stuart Campbell	Lincoln Wellington 6:14.63 W/S:
3	387	Elliott Jackson	New Marske Harriers 6:22.94 W/S:
4	389	Tom Jervis	Warrington AC 6:27.74 W/S:
5	383	Patrick Vis	Southport Waterloo AC 6:41.02 W/S:

T25 Senior Women 100m FINAL

FINAL		W/S: -0.5m/s	
1	265	Louise Bloor	Trafford AC 11.79 W/S:
2	252	Annabelle Lewis	Kingston upon Hull AC 11.99 W/S:
3	306	Helen Taylor	Sale Harriers Manchester 12.27 W/S:
4	347	Amanda Shaw	Barnsley AC 12.56 W/S:
5	268	Hannah Bird	Barnsley AC 12.64 W/S:
6	261	Kate Brick	Wigan Harriers 13.09 W/S:

T26 Under 20 Men 100m FINAL

FINAL		W/S: -1.1m/s	
1	447	Oliver Back	Liverpool Harriers 10.96 W/S:
2	487	Ransford Anthony	Doncaster AC 10.96 W/S:
3	401	Harry Harris	Middlesbrough AC (Mandale) 11.00 W/S:
4	441	Liam Clowes	Crewe & Nantwich AC 11.01 W/S:
5	379	James Williams	Wirral AC 11.04 W/S:
6	417	Rob Patton	Gateshead Harriers & AC 11.06 W/S:
7	418	Jamie Phillips	Wetherby Runners 11.31 W/S:
8	477	Adam Forrest	Wigan Harriers 11.37 W/S:

T27 Under 20 Women 100m FINAL

FINAL		W/S: -0.6m/s	
1	522	Rebekah Wilson	Sale Harriers Manchester 12.14 W/S:
2	574	Kadeena Cox	Leeds City AC 12.48 W/S:
3	501	Megan Hoult	Kingston upon Hull AC 12.52 W/S:
4	552	Bryony Potter	West Cheshire AC 12.53 W/S:
5	573	Katy Wyper	Blackpool Wyre & Fylde AC 12.59 W/S:
6	553	Sian Pledger	Bolton United Harriers 12.73 W/S:
7	506	Emma Jackson	Kingston upon Hull AC 12.76 W/S:
8	550	Lisa Revitt	Doncaster AC 13.23 W/S:

T28 Senior Men 100m FINAL

FINAL		W/S: -0.3m/s	
1	30	Andrew Robertson	Sale Harriers Manchester 10.75 W/S:
2	133	Luke Evans	Blackburn Harriers 11.01 W/S:
3	208	George Kenyon	Gateshead Harriers & AC 11.13 W/S:
4	36	Darren Scott	Trafford AC 11.16 W/S:
5	134	Rory Evans	Stockport Harriers 11.17 W/S:
6	82	Thaddeus Anim-Somuah	St Helens Sutton AC 11.19 W/S:
7	97	Dominic Bradley	Trafford AC 11.34 W/S:
99	174	Ricky Reeves	City of Sheffield AC DNS W/S:

T29 Senior Men 1500m FINAL

FINAL		W/S:	
1	124	Philip Hurst	Elswick Harriers 3:54.78 W/S:
2	73	Tim Egerton	Trafford AC 3:55.02 W/S:
3	114	Robert Hodges	Kingston upon Hull AC 3:55.84 W/S:
4	178	Nathan Riding	Newham & Essex Beagles 3:59.25 W/S:
5	7	Lawrence Walker	Warrington AC 4:00.31 W/S:
6	35	Ian Salisbury	Trafford AC 4:00.59 W/S:
7	99	Stephen Broadhurst	Warrington AC 4:01.19 W/S:
8	123	Michael Hunt	Trafford AC 4:01.32 W/S:
9	26	Jordan Wildrianne	Derby AC 4:03.55 W/S:
10	157	Christopher Price	Wakefield District H & AC 4:06.26 W/S:
11	109	Tommy Henders	Leigh Harriers AC 4:08.52 W/S:
12	162	James Palmer	City of York AC 4:15.46 W/S:
13	209	Gavin Marshall	Scunthorpe & District AC 4:18.15 W/S:
14	140	Craig Fishwick	Hallamshire Harriers 4:29.70 W/S:
15	186	James Kraft	Scarborough AC 4:31.82 W/S:

T30 Under 20 Men 1500m FINAL

FINAL		W/S:	
1	467	Michael Cooke	Stockport Harriers 4:03.04 W/S:
2	450	Karl Billington	Blackburn Harriers 4:03.64 W/S:
3	493	Matthew Crehan	St Helens Sutton AC 4:04.55 W/S:
4	388	Mathew Jackson	Warrington AC 4:06.66 W/S:
5	495	Tom Crowley	Bingley Harriers 4:07.15 W/S:
6	393	Matthew Grieve	Border Harriers & AC 4:08.07 W/S:
7	479	Harry Earl	Border Harriers & AC 4:12.40 W/S:
8	444	Ryan Buck	City of York AC 4:16.90 W/S:
9	425	Jai Vernon-McGuigan	Liverpool Pembroke & Sefton AC 4:20.41 W/S:
10	434	Patrick Vicary	Kendal AC 4:22.64 W/S:
11	440	Josh Rowe	Kingston upon Hull AC 4:22.64 W/S:
12	490	Kyle Craib	Rotherham Harriers 4:24.18 W/S:
13	397	Howard Thompson	Kingston upon Hull AC 4:26.91 W/S:

T31 Under 20 Women 400m Hurdles FINAL

FINAL		W/S:	
1	559	Sonia Dos Santos	Kingston upon Hull AC 64.47 W/S:
2	565	Sophie Fletcher	Preston Harriers 64.92 W/S:
3	557	Abby-Leigh Edmundson	Blackburn Harriers 69.11 W/S:
4	502	Fiona Jordan	Ilkley Harriers 70.49 W/S:
99	531	Rosie Marino	Walton DNS W/S:

T33 Under 20 Men 400m Hurdles FINAL

FINAL		W/S:	
1	488	David Dempsey	Longwood Harriers AC 56.91 W/S:
2	415	Oliver Palmer	City of York AC 57.52 W/S:
3	453	Tom Booth	West Cheshire AC 58.16 W/S:
4	442	Callum Robson	Gateshead Harriers & AC 60.88 W/S:
5	476	Carl Foulstone	Spenborough & District 61.20 W/S:

T34 Senior Men 400m Hurdles Heats

Heat 01		W/S:	
1	29	Oliver Robinson	Bingley Harriers 54.42 W/S:
2	146	Steven Garrett	City of Sheffield AC 54.63 W/S:
3	19	James Wright	Sale Harriers Manchester 55.50 W/S:
4	161	Tom O'Brien	Sale Harriers Manchester 56.31 W/S:
5	71	Daniel Eckerlsey	Kingston & Poly AC 56.70 W/S:
6	199	Jonathan Mattos	Kingston upon Hull AC 59.16 W/S:

Heat 02		W/S:	
1	215	Rick Yates	Trafford AC 54.31 W/S:
2	31	Adam Rogers	Sale Harriers Manchester 54.36 W/S:
3	70	Mark Draper	Liverpool Harriers 54.41 W/S:
4	152	Tom Grantham	City of Sheffield AC 54.42 W/S:
5	15	Daniel Williams	Sale Harriers Manchester 55.68 W/S:
6	217	Daniel Holiday	Kingston upon Hull AC 56.99 W/S:

T35 Senior Men 200m Heats

Heat 01		W/S: +0.5m/s	
1	142	Umar Hameed	Leeds City AC 21.82 W/S:
2	196	Todd Marshall	City of Sheffield AC 21.84 W/S:
3	216	Rick Beardsall	Trafford AC 21.91 W/S:
4	16	Simon Woan	Preston Harriers 22.25 W/S:
5	13	Andrew Wilkinson	Sale Harriers Manchester 22.52 W/S:
6	154	William Green	Bolton United Harriers 22.90 W/S:
7	160	Craig O'Brien	Wirral AC 22.96 W/S:

Heat 02		W/S: +1.2m/s	
1	61	Chris Craig	Sale Harriers Manchester 21.45 W/S:
2	133	Luke Evans	Blackburn Harriers 21.53 W/S:
3	36	Darren Scott	Trafford AC 21.93 W/S:
4	82	Thaddeus Anim-Somuah	St Helens Sutton AC 22.30 W/S:
5	184	Nathan Roach	Sale Harriers Manchester 22.63 W/S:
6	95	Andrew Boyd	Wirral AC 22.70 W/S:
7	92	Thomas Riley	Manx Harriers 22.81 W/S:

T36 Under 20 Men 200m Heats

Heat 01		W/S: +0.7m/s	
1	441	Liam Clowes	Crewe & Nantwich AC 21.64 W/S:
2	494	Aarron Crowley	Sale Harriers Manchester 22.30 W/S:
3	418	Jamie Phillips	Wetherby Runners 22.35 W/S:
4	463	Christian Carson	Middlesbrough AC (Mandale) 22.54 W/S:
5	458	Jerome McIntosh	City of Sheffield AC 22.78 W/S:
6	433	Roshane Stewart	City of Sheffield AC 24.27 W/S:

Heat 02		W/S: +1.3m/s	
1	424	Ben Stephenson	Middlesbrough AC (Mandale) 21.95 W/S:
2	410	Tom Mosley	Leeds City AC 22.16 W/S:
3	379	James Williams	Wirral AC 22.49 W/S:
4	391	Gareth Jones	Wirral AC 22.60 W/S:
5	475	Ashley Appleyard	Doncaster AC 22.92 W/S:
6	428	Stephen Taylor	Blaydon Harriers 25.93 W/S:

Heat 03		W/S: +2.8m/s	
1	417	Rob Patton	Gateshead Harriers & AC 22.32 W/S:
2	381	James Lovatt	Jarrow & Hebburn 22.50 W/S:
3	438	Louis Schofield	Blackpool Wyre & Fylde AC 23.04 W/S:
99	22	Marcel Stevens	Sale Harriers Manchester DQ W/S:
99	477	Adam Forrest	Wigan Harriers DNS W/S:

T38 Under 20 Women 200m Heats

Heat 01	W/S: +1.0m/s			
1	560	Lauretta Curtis	Chesterfield & District AC	25.07 W/S:
2	574	Kadeena Cox	Leeds City AC	25.22 W/S:
3	561	Sophie Croft	Scunthorpe & District AC	25.75 W/S:
4	553	Sian Pledger	Bolton United Harriers	25.82 W/S:
5	552	Bryony Potter	West Cheshire AC	25.88 W/S:
6	539	Kerrell Walley	Newham & Essex Beagles	26.77 W/S:

Heat 02	W/S: +1.6m/s			
1	525	Mica Nottingham	Liverpool Harriers	24.81 W/S:
2	520	Melissa Forrest	Wigan Harriers	25.50 W/S:
3	530	Kirsten McAslan	East Cheshire Harriers	25.63 W/S:
4	506	Emma Jackson	Kingston upon Hull AC	25.87 W/S:
5	573	Katy Wyper	Blackpool Wyre & Fylde AC	25.98 W/S:
6	518	Faye Mitchell	Wakefield District H & AC	26.75 W/S:

T39 Senior Men 800m Heats

Heat 01	W/S:			
1	74	Sam Ellis	City of Sheffield AC	1:55.66 W/S:
2	108	Rhian Hastey	Barnsley AC	1:56.56 W/S:
3	34	James Russell	Liverpool Harriers	1:56.98 W/S:
4	10	Lee Whiteley	Sale Harriers Manchester	1:57.62 W/S:
5	63	Tom Cunningham	Blackpool Wyre & Fylde AC	1:57.69 W/S:
6	183	Ben Martin	Trafford AC	1:57.93 W/S:
7	50	James Stringer	Vale Royal	1:58.24 W/S:
8	179	David Rigby	Preston Harriers	2:00.15 W/S:
9	105	Nick Howard	Skyrac AC	2:00.81 W/S:
10	182	James Porteous	Gateshead Harriers & AC	2:05.44 W/S:

Heat 02	W/S:			
1	205	Luke Minns	Blackpool Wyre & Fylde AC	1:54.19 W/S:
2	135	Steve Evison	City of Sheffield AC	1:54.87 W/S:

3	114	Robert Hodges	Kingston upon Hull AC	1:54.89 W/S:
4	166	Tom Phillips	Derby AC	1:55.15 W/S:
5	126	Frazer Jardine	Unattached	1:55.91 W/S:
6	123	Michael Hunt	Trafford AC	1:57.59 W/S:
7	144	Danny Kevan	Sale Harriers Manchester	1:58.94 W/S:
8	162	James Palmer	City of York AC	2:00.55 W/S:
9	120	Gareth Hepworth	Wakefield District H & AC	2:07.65 W/S:

T41 Under 20 Men 800m Heats

Heat 01	W/S:			
1	371	Ryan Greaves	Pudsey & Bramley AC	1:55.87 W/S:
2	432	Niall Maguire	Derby AC	1:55.91 W/S:
3	464	Daniel Cheeseman	City of York AC	1:56.43 W/S:
4	483	David Devine	Liverpool Harriers	1:58.22 W/S:
5	421	Marcus Quarmby	Blackpool Wyre & Fylde AC	1:59.33 W/S:
6	397	Howard Thompson	Kingston upon Hull AC	2:09.30 W/S:
7	380	Dyon Whiteley	Wakefield District H & AC	2:13.03 W/S:

Heat 02	W/S:			
1	402	Samuel Hutchinson	Trafford AC	1:57.48 W/S:
2	385	Sam Yates	Newham & Essex Beagles	1:58.26 W/S:
3	377	Dale Worton	Leeds City AC	1:58.34 W/S:
4	469	Joe Gratton	Hallamshire Harriers	1:58.66 W/S:
5	444	Ryan Buck	City of York AC	1:59.86 W/S:
6	440	Josh Rowe	Kingston upon Hull AC	2:01.16 W/S:

T43 Senior Women 5000m FINAL

FINAL	W/S:			
1	356	Emma Raven	Chester-le-Street AC	16:43.4 W/S:
2	248	Joanne Maddick	Kingston upon Hull AC	17:04.0 W/S:
3	254	Tracy Laws	Chester-le-Street AC	17:08.5 W/S:
4	309	Gemma Unsworth	Blackpool Wyre & Fylde AC	17:26.0 W/S:
5	340	Julia Orr	Loughborough Students	17:37.5 W/S:
6	329	Alex Snook	Shildon AC	17:51.0 W/S:
7	305	Candice Taylor	Blackburn Harriers	17:55.8 W/S:
8	325	Lucinda Pitcher	Lincoln Wellington	18:17.6 W/S:
9	282	Sophie Cowper	Lincoln Wellington	18:47.0 W/S:
10	240	Ellie Wilson	Barrow & Furness Striders	19:12.1 W/S:

T44 Senior Men 400m Hurdles FINAL

FINAL	W/S:			
1	215	Rick Yates	Trafford AC	51.29 W/S:
2	146	Steven Garrett	City of Sheffield AC	52.51 W/S:
3	29	Oliver Robinson	Bingley Harriers	53.09 W/S:
4	70	Mark Draper	Liverpool Harriers	53.29 W/S:
5	31	Adam Rogers	Sale Harriers Manchester	53.61 W/S:
6	19	James Wright	Sale Harriers Manchester	54.89 W/S:
7	152	Tom Grantham	City of Sheffield AC	55.15 W/S:
8	15	Daniel Williams	Sale Harriers Manchester	55.23 W/S:

T45 Senior Women 400m Hurdles FINAL

FINAL	W/S:			
1	292	Nisha Desai	Trafford AC	61.04 W/S:
2	243	Emily Moss	Peterborough AC	61.91 W/S:
3	301	Katie Sockett	City of Sheffield AC	63.22 W/S:
4	296	Rachel Culshaw	Wigan Harriers	63.91 W/S:
5	225	Jackie Jess-Watts	Preston Harriers	65.26 W/S:
6	246	Olivia McGreavy	Bolton United Harriers	67.40 W/S:

T46 Under 20 Men 5000m FINAL

FINAL	W/S:			
1	446	Sam Atkin	Lincoln Wellington	14:53.76 W/S:
2	449	Geoff Belcher	Leeds City AC	15:08.88 W/S:
3	369	Michael Grimes	Durham City Harriers	15:16.68 W/S:
4	388	Mathew Jackson	Warrington AC	15:23.43 W/S:
5	412	Iain Lynn	City of York AC	15:41.19 W/S:
6	460	Joshua Bull	Derby AC	15:44.46 W/S:
7	399	Joseph Vis	Southport Waterloo AC	15:50.13 W/S:
8	373	Matthew Hayes	Derby AC	18:46.96 W/S:

T47 Senior Men 800m FINAL

FINAL	W/S:			
1	74	Sam Ellis	City of Sheffield AC	1:50.99 W/S:
2	135	Steve Evison	City of Sheffield AC	1:51.21 W/S:
3	205	Luke Minns	Blackpool Wyre & Fylde AC	1:51.23 W/S:
4	114	Robert Hodges	Kingston upon Hull AC	1:52.56 W/S:
5	126	Frazer Jardine	Unattached	1:55.05 W/S:
6	108	Rhian Hastey	Barnsley AC	1:55.64 W/S:
7	34	James Russell	Liverpool Harriers	1:56.12 W/S:
8	166	Tom Phillips	Derby AC	1:57.14 W/S:

T48 Under 20 Men 800m FINAL

FINAL	W/S:			
1	402	Samuel Hutchinson	Trafford AC	1:53.45 W/S:
2	432	Niall Maguire	Derby AC	1:53.85 W/S:
3	385	Sam Yates	Newham & Essex Beagles	1:53.93 W/S:
4	464	Daniel Cheeseman	City of York AC	1:56.96 W/S:
5	377	Dale Worton	Leeds City AC	1:58.39 W/S:
6	483	David Devine	Liverpool Harriers	1:58.78 W/S:
7	371	Ryan Greaves	Pudsey & Bramley AC	2:02.33 W/S:
8	469	Joe Gratton	Hallamshire Harriers	2:04.79 W/S:

T49 Senior Women 800m FINAL

FINAL	W/S:			
1	247	Laura Kirk	Skyrac AC	2:08.37 W/S:
2	239	Nicola Maddick	Kingston upon Hull AC	2:10.80 W/S:
3	224	Kelly Johnson	Wakefield District H & AC	2:11.94 W/S:
4	343	Seonaid Murray	Liverpool Harriers	2:12.00 W/S:
5	320	Victoria O'Donnell	Trafford AC	2:17.39 W/S:
6	242	Angharad Owen	Loftus & Whitby AC	2:19.18 W/S:

T50 Under 20 Women 800m FINAL

FINAL		W/S:	
1	504 Leigh Lennon	Ribble Valley AC	2:08.34 W/S:
2	569 Alexandra Bell	Pudsey & Bramley AC	2:10.62 W/S:
3	533 Rebecca Linney	Liverpool Harriers	2:15.95 W/S:
4	545 Lucy Sumner	Preston Harriers	2:16.74 W/S:
5	512 Rochelle Harrison	Lincoln Wellington	2:18.72 W/S:
6	516 Rachael Franklin	Manx Harriers	2:21.23 W/S:
7	538 Rebecca Wilkinson	Goole Youth AC	2:23.84 W/S:

T51 Under 20 Women 200m FINAL

FINAL		W/S: -1.9m/s	
1	525 Mica Nottingham	Liverpool Harriers	24.99 W/S:
2	574 Kadeena Cox	Leeds City AC	25.26 W/S:
3	560 Laurreta Curtis	Chesterfield & District AC	25.30 W/S:
4	520 Melissa Forrest	Wigan Harriers	25.75 W/S:
5	561 Sophie Croft	Scunthorpe & District AC	25.90 W/S:
6	553 Sian Pledger	Bolton United Harriers	26.03 W/S:
7	530 Kirsten McAslan	East Cheshire Harriers	26.04 W/S:
8	506 Emma Jackson	Kingston upon Hull AC	26.36 W/S:

T52 Senior Women 200m FINAL

FINAL		W/S: +1.5m/s	
1	265 Louise Bloor	Trafford AC	23.91 W/S:
2	324 Harriet Pryke	Manx Harriers	25.02 W/S:
3	306 Helen Taylor	Sale Harriers Manchester	25.15 W/S:
4	347 Amanda Shaw	Barnsley AC	25.37 W/S:
5	348 Racheal Shaw	Barnsley AC	25.44 W/S:
6	268 Hannah Bird	Barnsley AC	25.50 W/S:
7	300 Reagan Wright	Wakefield District H & AC	26.04 W/S:
8	261 Kate Brick	Wigan Harriers	26.87 W/S:

T53 Under 20 Men 200m FINAL

FINAL		W/S: -0.2m/s	
1	441 Liam Clowes	Crewe & Nantwich AC	21.79 W/S:
2	424 Ben Stephenson	Middlesbrough AC (Mandale)	21.83 W/S:
3	410 Tom Mosley	Leeds City AC	22.08 W/S:
4	417 Rob Patton	Gateshead Harriers & AC	22.14 W/S:
5	494 Aarron Crowley	Sale Harriers Manchester	22.17 W/S:
6	379 James Williams	Wirral AC	22.78 W/S:
7	418 Jamie Phillips	Wetherby Runners	22.89 W/S:

T54 Senior Men 200m FINAL

FINAL		W/S: -0.2m/s	
1	61 Chris Craig	Sale Harriers Manchester	21.67 W/S:
2	133 Luke Evans	Blackburn Harriers	21.80 W/S:
3	196 Todd Marshall	City of Sheffield AC	21.92 W/S:
4	216 Rick Beardsall	Trafford AC	21.99 W/S:
5	142 Umar Hameed	Leeds City AC	22.13 W/S:
6	16 Simon Woan	Preston Harriers	22.64 W/S:
7	82 Thaddeus Anim-Somuah	St Helens Sutton AC	22.72 W/S: