

BLACKPOOL WYRE & FYLDE ATHLETIC CLUB

www.bwfac.co.uk

Affiliated to UK Athletics,

CROSS COUNTRY- FELL RUNNING - ROAD RUNNING -TRACK and FIELD

President: Howard Henshaw

Chairman: Alan Smart

Treasurer: Bob Fairclough

Secretary: Nick Hume

SELECTION GUIDELINES

For the Mid Lancs and Young Athletes Leagues

Introduction

There are many open athletics competitions available for Young Athletes to compete against other athletes of a similar age. Open competitions are as the name suggests open to all athletes with many competitions having an entry on the day policy. Details of these events can be found on the club website and from club coaches who will suggest suitable events for individual athletes.

There are also closed competitions where athletes are entered by the club. Our two main summer competitions are the Young Athletes League (YAL) and the Mid-Lancs League.

At these competitions entries are limited both by a maximum number per event and by the number of officials the club is able to provide.

Though both competitions are important, YAL is the premier league for young athletes and the best possible team is selected by the team managers (in liaison with coaches). The Mid-Lancs league provides athletes with an opportunity to show what they can do and on rare occasions these athletes will be given priority over others who have represented the club in the YAL.

YAL Selection Guidance

Selection for the YAL is based on:

Best Available in each event;

This is decided by Team Managers who will liaise with Coaches

Final selection is with Team Managers

Where possible the Team Manager will not be a Coach (to avoid criticism of favouritism)

In selecting athletes up-to-date membership will be taken into account - [Membership](#).

Mid Lancs Selection Guidance

This competition is used to give those below the top tier an opportunity to impress and develop their talent.

This is on the basis that the 'more talented' have wider competition opportunities.

On occasion where a Mid-Lancs event is held at, or close to, Blackpool there may be

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more athletes than there are available places, in which case proof of up-to-date membership will be taken into account - [Membership](#).

In this instance priority must be given athletes who have not represented the club at Young Athletes League meetings.

Where there are several athletes who have represented the club at Young Athletes meetings, the athlete who has most recently represented the club at YAL should give way. If this does not resolve the selection the athlete with the best performance should give way. In this case, where possible, they will be offered an alternative event or a place in a higher age group.

Athletes are encouraged to travel to meetings with the team on the team coach; priority may be given to athletes traveling on the team coach over those who make their own travel arrangements. When transport is supplied a notice will be posted in the clubhouse and on the notice board in the sports centre corridor.

Using this guidance the team will be decided by Team Managers who will liaise with Coaches.

Final selection is with Team Managers.

Where possible the Team Manager will not be a Coach (to avoid criticism of favouritism)

Notes:

YAL Competition rules (Handbook 2007) state that:

Two competitors per club shall be permitted and score in each event.

Officials for Four club and five Club matches:

Promoting club must provide Track Referee, Field Referee, Chief Timekeeper, and Starter, all of who should be qualified. Also Starter's Assistant(s), Announcer and Recorder(s), one track judge, one timekeeper and five field judges (one of whom should be qualified).

Visiting teams should provide the following: Two track judges, two timekeepers, six field judges, (2 of whom should be qualified).

Mid Lancs Rules of Competition (2008) state that:

Only two members per club shall represent their club in any Track & Field event. Six non-counters may run in Track events, one non-counter in High Jump and three in other field events.

Each club must provide officials as follows:

Up to 3 athletes - no officials

4 - 10 athletes - 2 officials

11 - 20 athletes - 3 officials

21 - 30 athletes - 4 officials

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> 30 athletes - 5 officials