

## TRAVELLING DIRECTIONS – SHEEPMOUNT STADIUM CARLISLE

### Exit M6 at Junction 43

At roundabout take the **first** exit

Onto **Warwick Road** towards Carlisle City Centre

Continuing along **Warwick Road** for about two miles until it becomes a one way road and to traffic lights at a T junction. Turn right into **Lowther Street**

Once in **Lowther Street** there are three lanes, the nearside lane being a bus lane. Take the middle lane. Continue along this road. After the first set of traffic lights and as soon as you are permitted take the left hand nearside lane.

Within a short distance you will go through a set of traffic lights

There are then two lanes. The nearside lane is for the indoor car park so take the offside lane.

Follow this road around Debenhams Store and it becomes **Tower Street**

You will go through two sets of traffic lights and then **under a road bridge**.

Almost immediately then turn left onto **Dacre Road** which takes you behind Carlisle Castle **alongside parkland to your offside?** This is a narrow road and there are one or two 'dips' in the surface.

After about half a mile **turn right** onto a minor right (as the road bends to your left) which leads you along the edge of parkland again to your offside with a main railway line a few yards to your nearside and on to a roundabout. Car drivers should take the first exit and over the bridge and you will be directed to the parking areas and the Sheepmount Stadium.

For those with GPS navigation the post code is **CA3 8XL**

### Time to go home

Back through the park and turn left onto **Dacre Road**. Continue for about half a mile until you come to a T junction. Turn left and onto **Castle Way** and into the offside lane.

After a short distance arrive at a large roundabout and take the fourth exit onto **Georgian Way**

Into the nearside lane, up the hill to set of lights at top. Turn left into **Victoria Place**. Continue along this road for about a mile until arrival ay traffic light at X roads. Turn left into **Warwick Road** and continue along way you came in and back junction 43 of M6.

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